

News Release

FOR IMMEDIATE RELEASE

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Drug-awareness campaign prompts Post Middle School students to learn more about first aid

ARLINGTON- A drug-awareness campaign in the fall hosted by the Arlington Drug Awareness Coalition (ADAC) prompted Post Middle School students in the advanced computer and yearbook classes to learn more about first aid. Their advisor, Robin Foster, reached out to the Arlington Fire Department to see if they could provide first aid training for a group of eighth-grade students. Chris Dickison and Brian Price from Arlington Fire visited the school on Feb. 1 to provide basic CPR and first aid training for the students.

"With students learning basic first aid and CPR skills, it provides us with extra time to arrive on site," said Price. "If they can slow the bleeding or start chest compressions, it makes a huge difference for the patient."

Price showed a group of students how to perform chest compressions on two CPR manikins. Dickison showed a separate group of students how to control bleeding and splint a broken arm.

"I think this training is really helpful if I ever run into an emergency situation," said eighth-grader Madison Wallace. "Life is unpredictable and I want to be prepared."

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Post Middle School eighth-graders learn how to splint a broken arm during first aid training provide by the Arlington Fire Department on Feb. 1.