

Menu Calendar Nutrient Analysis Report - March, 2024

Site: ALL
Date: 03/01/2024 - 03/31/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
Chicken Pizza Quesadilla and salad - Serving Date: 03/01/2024								
OR Cheese Sandwich - LR1005 (1 ea.)	2	440.00	25.00	14.00	0.00	1580.00	34.00	18.00
Pizza Quesadilla - LR1361 (1 slice)	98	370.00	16.00	4.00	0.00	750.00	40.00	15.00
Marinara Sauce Dipping Cups - LR1144 (1 ea.)	50	25.00	0.00	0.00	0.00	195.00	5.00	1.00
Iceberg Salad - LR1292 (1 c.)	100	10.00	0.00	0.00	0.00	10.00	2.00	1.00
* Juice, Orange, Cartons 100277 - LR1126 (1 Carton)	0	60.00	0.00	0.00	0.00	0.00	15.00	1.00
* Mixed Fruit Cup, W870 - LR1146 (1/2 c.)	10	80.00	0.00	0.00	0.00	15.00	19.00	0.00
Apple - LR1072 (1 ea.)	25	95.00	0.31	0.06	0.00	2.00	25.13	0.47
Applesauce - LR1075 (1/2 c.)	20	53.33	0.00	0.00	0.00	2.08	14.63	0.00
Banana - LR1074 (1 ea.)	0	105.02	0.39	0.13	0.00	1.18	26.95	1.29
Cherries, red, tart, osmotically dried, pitted, sweetened (may have sugar or other sweeteners added) [100299] - LR1426 (1/4 c.)	5	114.00	0.06	0.00	0.00	4.10	27.10	1.00
Juice, Apple, 100%, 96/4oz, Thirster, 354977 - LR1437 (1 Carton)	0	60.00	0.00	0.00	0.00	0.00	15.00	0.00
Juice, Grape, Thirster - LR1451 (1 container)	0	60.00	0.00	0.00	0.00	0.00	15.00	0.00
Orange - LR1073 (1 ea.)	25	61.57	0.16	0.02	0.00	0.00	15.39	1.23
Peaches, Diced, Cups, Frozen - LR1185 (1 ea.)	0	80.00	0.00	0.00	0.00	0.00	19.00	1.00
Pears, Diced, Fruit Bowl, 100% Juice, 4oz Dole - LR1372 (1 container)	0	70.00	0.00	0.00	0.00	0.00	18.00	1.00
Raisins, Unsweetened, Individual Package - LR1118 (1 ea.)	15	112.12	0.00	0.00	0.00	3.97	29.77	0.99

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Chicken Pizza Quesadilla and salad - ServingDate: 03/01/2024								
Tropical Fruit, in 100% Juice, Fruit Bowl, Dole - LR1454 (1 container)	0	60.00	0.00	0.00	0.00	5.00	15.00	1.00
Milk - Chocolate Non Fat - LR1007 (1 ea.)	80	130.00	1.00	1.00	0.00	210.00	24.00	8.00
Milk - Lactose Free - LR1008 (1 ea.)	1	110.00	2.50	1.50	0.00	130.00	13.00	9.00
Milk - White 1% - LR1006 (1 ea.)	19	108.86	2.65	1.65	(M)	131.54	12.52	8.91
AHS Ranch Dressing - LR1433 (2 oz.)	15	299.82	32.72	4.91	0.00(M)	249.85	0.99	0.32
Hot Dog on a Bun with crinkle cut fries - ServingDate: 03/04/2024								
Hot Dog - LR1330 (1 ea.)	98	320.00	17.50	6.00	0.00	730.00	30.00	12.00
OR Cheese Sandwich - LR1005 (1 ea.)	2	440.00	25.00	14.00	0.00	1580.00	34.00	18.00
Crinkle Cut Fries - LR1098 (1/2 c.)	100	100.00	4.00	0.50	0.00	180.00	14.00	1.80
Apple - LR1072 (1 ea.)	20	95.00	0.31	0.06	0.00	2.00	25.13	0.47
Applesauce - LR1075 (1/2 c.)	20	53.33	0.00	0.00	0.00	2.08	14.63	0.00
Banana - LR1074 (1 ea.)	20	105.02	0.39	0.13	0.00	1.18	26.95	1.29
Fruit, Canned - LR1076 (1/2 c.)	20	59.99	0.00	0.00	0.00	4.99	14.99	0.00
Orange - LR1073 (1 ea.)	20	61.57	0.16	0.02	0.00	0.00	15.39	1.23
Dark Green, Broccoli - LR1059 (1/8 c.)	10	3.87	0.04	0.01	0.00	3.75	0.76	0.32
Dark Green/Other, Romaine/Iceberg Mix - LR1069 (1/2 c.)	10	4.52	0.06	0.01	0.00	2.74	0.92	0.31
Legumes, Black Beans - LR1068 (1/8 c.)	4	27.25	0.00	0.00	0.00	35.00	5.00	1.75
Legumes, Garbanzo Beans - LR1067 (1/8 c.)	4	26.25	0.50	0.00	0.00	35.00	4.25	1.25
Other, Cauliflower - LR1060 (1/8 c.)	10	3.34	0.04	0.02	0.00	4.01	0.67	0.26

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
Hot Dog on a Bun with crinkle cut fries - ServingDate: 03/04/2024								
Other, Cucumbers - LR1061 (1/8 c.)	10	1.49	0.02	0.01	0.00	0.30	0.32	0.09
Other, Olives - LR1071 (1/8 c.)	1	19.49	1.83	0.38	0.00	123.48	1.01	0.14
Other, Pepperoncini - LR1070 (1/8 c.)	1	2.50	0.00	0.00	0.00	340.00	1.00	0.00
Other, Peppers, Green/Yellow - LR1063 (1/8 c.)	5	2.48	0.02	0.01	0.00	0.36	0.57	0.10
Red/Orange, Carrots - LR1065 (1/8 c.)	15	5.25	0.02	0.00	0.00	11.70	1.24	0.10
Red/Orange, Cherry Tomatoes - LR1077 (1/8 c.)	15	4.59	0.05	0.01	0.00	1.27	0.99	0.22
Red/Orange, Peppers, Red - LR1062 (1/8 c.)	5	2.99	0.04	0.01	0.00	0.46	0.69	0.11
Starchy, Corn - LR1004 (1/8 c.)	5	5.61	0.05	0.01	0.00	0.19	1.32	0.19
Starchy, Peas - LR1066 (1/8 c.)	5	12.90	0.07	0.01	0.00	18.09	2.28	0.87
Milk - Chocolate Non Fat - LR1007 (1 ea.)	85	130.00	1.00	1.00	0.00	210.00	24.00	8.00
Milk - Lactose Free - LR1008 (1 ea.)	2	110.00	2.50	1.50	0.00	130.00	13.00	9.00
Milk - White 1% - LR1006 (1 ea.)	13	108.86	2.65	1.65	(M)	131.54	12.52	8.91
Tasty Chicken Burger - ServingDate: 03/05/2024								
Chicken Burger - LR1079 (1 ea.)	98	340.00	10.50	1.50	0.00	490.00	36.00	25.00
OR Cheese Sandwich - LR1005 (1 ea.)	2	440.00	25.00	14.00	0.00	1580.00	34.00	18.00
Broccoli - LR1136 (1/2 cup choppe)	100	15.47	0.17	0.05	0.00	15.02	3.02	1.28
Apple - LR1072 (1 ea.)	25	95.00	0.31	0.06	0.00	2.00	25.13	0.47
Applesauce - LR1075 (1/2 c.)	25	53.33	0.00	0.00	0.00	2.08	14.63	0.00
Banana - LR1074 (1 ea.)	25	105.02	0.39	0.13	0.00	1.18	26.95	1.29
Orange - LR1073 (1 ea.)	25	61.57	0.16	0.02	0.00	0.00	15.39	1.23

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
Tasty Chicken Burger - ServingDate: 03/05/2024								
Milk - Chocolate Non Fat - LR1007 (1 ea.)	80	130.00	1.00	1.00	0.00	210.00	24.00	8.00
Milk - Lactose Free - LR1008 (1 ea.)	1	110.00	2.50	1.50	0.00	130.00	13.00	9.00
Milk - White 1% - LR1006 (1 ea.)	19	108.86	2.65	1.65	(M)	131.54	12.52	8.91
Tony's Garlic Cheese Pizza and Marinara Sauce with a side salad - ServingDate: 03/06/2024								
OR Cheese Sandwich - LR1005 (1 ea.)	2	440.00	25.00	14.00	0.00	1580.00	34.00	18.00
Pizza, Garlic Cheese, 6" French Bread, Tony's, Schwans - LR1417 (1 pizza)	98	320.00	15.00	6.00	0.00	530.00	29.00	18.00
Baby Carrots - LR1145 (4 oz.)	0	39.62	0.15	0.03	0.00(M)	88.30	9.33	0.73
Apple - LR1072 (1 ea.)	25	95.00	0.31	0.06	0.00	2.00	25.13	0.47
Applesauce - LR1075 (1/2 c.)	25	53.33	0.00	0.00	0.00	2.08	14.63	0.00
Banana - LR1074 (1 ea.)	25	105.02	0.39	0.13	0.00	1.18	26.95	1.29
Orange - LR1073 (1 ea.)	25	61.57	0.16	0.02	0.00	0.00	15.39	1.23
Milk - Chocolate Non Fat - LR1007 (1 ea.)	80	130.00	1.00	1.00	0.00	210.00	24.00	8.00
Milk - Lactose Free - LR1008 (1 ea.)	1	110.00	2.50	1.50	0.00	130.00	13.00	9.00
Milk - White 1% - LR1006 (1 ea.)	19	108.86	2.65	1.65	(M)	131.54	12.52	8.91
AHS Ranch Dressing - LR1433 (2 oz.)	15	299.82	32.72	4.91	0.00(M)	249.85	0.99	0.32
Chicken Nachos and Black Beans - ServingDate: 03/07/2024								
K-8 Chicken Nachos - LR1496 (1 serving)	98	472.13	26.36	8.68	0.00	978.15	37.18	20.64
OR Cheese Sandwich - LR1005 (1 ea.)	1	440.00	25.00	14.00	0.00	1580.00	34.00	18.00

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Chicken Nachos and Black Beans - ServingDate: 03/07/2024								
Sunbutter and Jelly Sandwich - LR1331 (1 sandwich)	1	310.00	15.00	2.00	(M)	300.00	33.00	9.00
Black Beans - LR1222 (195 g.)	100	165.00	0.00	0.00	0.00	195.00	30.00	10.50
Apple - LR1072 (1 ea.)	25	95.00	0.31	0.06	0.00	2.00	25.13	0.47
Applesauce, Unsweetened, Cups, Shelf-Stable, USDA 110361 - LR1425 (1/2 c.)	25	51.00	0.00	0.00	0.00	1.99	13.99	0.00
Banana - LR1074 (1 ea.)	0	105.02	0.39	0.13	0.00	1.18	26.95	1.29
Cherries, red, tart, osmotically dried, pitted, sweetened (may have sugar or other sweeteners added) [100299] - LR1426 (1/4 c.)	0	114.00	0.06	0.00	0.00	4.10	27.10	1.00
Orange - LR1073 (1 ea.)	25	61.57	0.16	0.02	0.00	0.00	15.39	1.23
Raisins, Unsweetened, Individual Package - LR1118 (1 ea.)	25	112.12	0.00	0.00	0.00	3.97	29.77	0.99
Milk - Chocolate Non Fat - LR1007 (1 ea.)	80	130.00	1.00	1.00	0.00	210.00	24.00	8.00
Milk - Lactose Free - LR1008 (1 ea.)	1	110.00	2.50	1.50	0.00	130.00	13.00	9.00
Milk - White 1% - LR1006 (1 ea.)	19	108.86	2.65	1.65	(M)	131.54	12.52	8.91
Cheese Pizza with Iceberg Salad - ServingDate: 03/08/2024								
* Pizza, Cheese, Wild Mike's - LR1172 (1 slice 1/10)	98	390.00	15.00	7.00	0.00	520.00	37.00	19.00
OR Cheese Sandwich - LR1005 (1 ea.)	2	440.00	25.00	14.00	0.00	1580.00	34.00	18.00
Iceberg Salad - LR1292 (1 c.)	100	10.00	0.00	0.00	0.00	10.00	2.00	1.00
Apple - LR1072 (1 ea.)	33	95.00	0.31	0.06	0.00	2.00	25.13	0.47

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Cheese Pizza with Iceberg Salad - ServingDate: 03/08/2024								
Applesauce - LR1075 (1/2 c.)	33	53.33	0.00	0.00	0.00	2.08	14.63	0.00
Orange - LR1073 (1 ea.)	34	61.57	0.16	0.02	0.00	0.00	15.39	1.23
Milk - Chocolate Non Fat - LR1007 (1 ea.)	80	130.00	1.00	1.00	0.00	210.00	24.00	8.00
Milk - Lactose Free - LR1008 (1 ea.)	1	110.00	2.50	1.50	0.00	130.00	13.00	9.00
Milk - White 1% - LR1006 (1 ea.)	19	108.86	2.65	1.65	(M)	131.54	12.52	8.91
Ranch Dressing - LR1097 (1 tbsp.)	15	28.07	2.45	0.53	0.00(M)	51.13	0.61	0.33
Breakfast Burrito and Tater Tots - ServingDate: 03/11/2024								
* Breakfast Burrito - LR1180 (1 ea.)	98	155.99	6.94	2.63	0.00	249.82	16.97	7.54
OR Cheese Sandwich - LR1005 (1 ea.)	2	440.00	25.00	14.00	0.00	1580.00	34.00	18.00
Tater Tots - LR1016 (3/4 c.)	100	195.00	9.00	1.50	0.00	465.00	24.00	3.00
Apple - LR1072 (1 ea.)	25	95.00	0.31	0.06	0.00	2.00	25.13	0.47
Applesauce - LR1075 (1/2 c.)	25	53.33	0.00	0.00	0.00	2.08	14.63	0.00
Banana - LR1074 (1 ea.)	25	105.02	0.39	0.13	0.00	1.18	26.95	1.29
Orange - LR1073 (1 ea.)	25	61.57	0.16	0.02	0.00	0.00	15.39	1.23
Milk - Chocolate Non Fat - LR1007 (1 ea.)	80	130.00	1.00	1.00	0.00	210.00	24.00	8.00
Milk - Lactose Free - LR1008 (1 ea.)	1	110.00	2.50	1.50	0.00	130.00	13.00	9.00
Milk - White 1% - LR1006 (1 ea.)	19	108.86	2.65	1.65	(M)	131.54	12.52	8.91
Chicken Strips, Waffles and Baby Carrots - ServingDate: 03/12/2024								
* Chicken Tenders - LR1153 (2 ea.)	98	220.00	12.00	2.00	0.00	400.00	12.00	20.00

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Chicken Strips, Waffles and Baby Carrots - ServingDate: 03/12/2024								
OR Cheese Sandwich - LR1005 (1 ea.)	2	440.00	25.00	14.00	0.00	1580.00	34.00	18.00
*Waffles - LR1232 (1 pcs.)	98	89.65	2.99	0.00	0.00	134.47	13.95	1.99
Baby Carrots - LR1145 (4 oz.)	100	39.62	0.15	0.03	0.00(M)	88.30	9.33	0.73
Baked Beans - LR1264 (3/4 cup, drain)	0	330.00	1.50	0.00	0.00	765.00	64.50	16.50
Apple - LR1072 (1 ea.)	25	95.00	0.31	0.06	0.00	2.00	25.13	0.47
Applesauce - LR1075 (1/2 c.)	25	53.33	0.00	0.00	0.00	2.08	14.63	0.00
Banana - LR1074 (1 ea.)	25	105.02	0.39	0.13	0.00	1.18	26.95	1.29
Orange - LR1073 (1 ea.)	25	61.57	0.16	0.02	0.00	0.00	15.39	1.23
Milk - Chocolate Non Fat - LR1007 (1 ea.)	80	130.00	1.00	1.00	0.00	210.00	24.00	8.00
Milk - Lactose Free - LR1008 (1 ea.)	1	110.00	2.50	1.50	0.00	130.00	13.00	9.00
Milk - White 1% - LR1006 (1 ea.)	19	108.86	2.65	1.65	(M)	131.54	12.52	8.91
Maple Syrup - LR1338 (1 pkg.)	25	120.00	0.00	0.00	0.00	40.00	31.00	0.00
Chicken Nuggets, WW Roll and Wedge Cut Potatoes - ServingDate: 03/13/2024								
Chicken Nugget .64oz Breaded Breast Meat CN 10058100928 - LR1421 (5 nuggets)	98	260.00	14.00	2.50	0.00	540.00	15.00	17.00
OR Cheese Sandwich - LR1005 (1 ea.)	2	440.00	25.00	14.00	0.00	1580.00	34.00	18.00
Whole Wheat Rolls - LR1305 (1 roll.)	100	90.00	2.00	0.00	(M)	65.00	16.00	3.00
Baked Beans - LR1264 (3/4 cup, drain)	100	330.00	1.50	0.00	0.00	765.00	64.50	16.50
Potatoes, Wedges, Fat Free, Low-sodium, Frozen (IQF) - LR1322 (3/4 c.)	0	126.00	0.00	0.00	0.00	34.49	28.49	3.00

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Chicken Nuggets, WW Roll and Wedge Cut Potatoes - ServingDate: 03/13/2024								
Apple - LR1072 (1 ea.)	25	95.00	0.31	0.06	0.00	2.00	25.13	0.47
Applesauce - LR1075 (1/2 c.)	25	53.33	0.00	0.00	0.00	2.08	14.63	0.00
Banana - LR1074 (1 ea.)	0	105.02	0.39	0.13	0.00	1.18	26.95	1.29
Orange - LR1073 (1 ea.)	25	61.57	0.16	0.02	0.00	0.00	15.39	1.23
Raisins, Unsweetened, Individual Package - LR1118 (1 ea.)	25	112.12	0.00	0.00	0.00	3.97	29.77	0.99
Milk - Chocolate Non Fat - LR1007 (1 ea.)	80	130.00	1.00	1.00	0.00	210.00	24.00	8.00
Milk - Lactose Free - LR1008 (1 ea.)	1	110.00	2.50	1.50	0.00	130.00	13.00	9.00
Milk - White 1% - LR1006 (1 ea.)	19	108.86	2.65	1.65	(M)	131.54	12.52	8.91
K-5 Meatball Sub and Broccoli - ServingDate: 03/14/2024								
Meatball sub on hotdog bun - LR1318 (1 ea.)	98	210.00 (M)	1.50(M)	0.00(M)	0.00(M)	730.00 (M)	40.00 (M)	8.00(M)
OR Cheese Sandwich - LR1005 (1 ea.)	2	440.00	25.00	14.00	0.00	1580.00	34.00	18.00
Broccoli - LR1136 (3/4 cup choppe)	100	23.21	0.25	0.08	0.00	22.52	4.53	1.92
Baby Carrots - LR1145 (4 oz.)	0	39.62	0.15	0.03	0.00(M)	88.30	9.33	0.73
Apple - LR1072 (1 ea.)	25	95.00	0.31	0.06	0.00	2.00	25.13	0.47
Applesauce - LR1075 (1/2 c.)	25	53.33	0.00	0.00	0.00	2.08	14.63	0.00
Banana - LR1074 (1 ea.)	25	105.02	0.39	0.13	0.00	1.18	26.95	1.29
Orange - LR1073 (1 ea.)	25	61.57	0.16	0.02	0.00	0.00	15.39	1.23
Milk - Chocolate Non Fat - LR1007 (1 ea.)	80	130.00	1.00	1.00	0.00	210.00	24.00	8.00
Milk - Lactose Free - LR1008 (1 ea.)	1	110.00	2.50	1.50	0.00	130.00	13.00	9.00
Milk - White 1% - LR1006 (1 ea.)	19	108.86	2.65	1.65	(M)	131.54	12.52	8.91

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K-5 Meatball Sub and Broccoli - ServingDate: 03/14/2024								
AHS Ranch Dressing - LR1433 (2 oz.)	25	299.82	32.72	4.91	0.00(M)	249.85	0.99	0.32
Wild Mike's Pepperoni Pizza and salad - ServingDate: 03/15/2024								
*Wild Mike's Pepperoni Pizza - LR1117 (1 slice 1/10)	98	400.00	16.00	7.00	0.00	600.00	37.00	19.00
OR Cheese Sandwich - LR1005 (1 ea.)	2	440.00	25.00	14.00	0.00	1580.00	34.00	18.00
Black Beans - LR1222 (195 g.)	0	165.00	0.00	0.00	0.00	195.00	30.00	10.50
Iceberg Salad - LR1292 (1 c.)	100	10.00	0.00	0.00	0.00	10.00	2.00	1.00
Apple - LR1072 (1 ea.)	25	95.00	0.31	0.06	0.00	2.00	25.13	0.47
Applesauce - LR1075 (1/2 c.)	25	53.33	0.00	0.00	0.00	2.08	14.63	0.00
Banana - LR1074 (1 ea.)	25	105.02	0.39	0.13	0.00	1.18	26.95	1.29
Orange - LR1073 (1 ea.)	25	61.57	0.16	0.02	0.00	0.00	15.39	1.23
Milk - Chocolate Non Fat - LR1007 (1 ea.)	80	130.00	1.00	1.00	0.00	210.00	24.00	8.00
Milk - Lactose Free - LR1008 (1 ea.)	1	110.00	2.50	1.50	0.00	130.00	13.00	9.00
Milk - White 1% - LR1006 (1 ea.)	19	108.86	2.65	1.65	(M)	131.54	12.52	8.91
AHS Ranch Dressing - LR1433 (2 oz.)	20	299.82	32.72	4.91	0.00(M)	249.85	0.99	0.32
Drumstick, Potato Wedges and Cornbread - ServingDate: 03/18/2024								
Breaded Chicken Drumstick - Tyson - LR1412 (1 drumstick)	98	220.00	13.00	3.00	0.00	530.00	6.00	19.00
OR Cheese Sandwich - LR1005 (1 ea.)	2	440.00	25.00	14.00	0.00	1580.00	34.00	18.00
Whole Wheat Rolls - LR1305 (1 roll.)	100	90.00	2.00	0.00	(M)	65.00	16.00	3.00

Menu Calendar Nutrient Analysis Report - March, 2024

Site: ALL
Date: 03/01/2024 - 03/31/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
Drumstick, Potato Wedges and Cornbread - ServingDate: 03/18/2024								
* Potatoes, baked, flesh and skin, without salt - LR1133 (1 NLEA servi)	100	137.64	0.19	0.05	0.00	14.80	31.30	3.70
Apple - LR1072 (1 ea.)	25	95.00	0.31	0.06	0.00	2.00	25.13	0.47
Applesauce - LR1075 (1/2 c.)	25	53.33	0.00	0.00	0.00	2.08	14.63	0.00
Banana - LR1074 (1 ea.)	25	105.02	0.39	0.13	0.00	1.18	26.95	1.29
Orange - LR1073 (1 ea.)	25	61.57	0.16	0.02	0.00	0.00	15.39	1.23
Milk - Chocolate Non Fat - LR1007 (1 ea.)	80	130.00	1.00	1.00	0.00	210.00	24.00	8.00
Milk - Lactose Free - LR1008 (1 ea.)	1	110.00	2.50	1.50	0.00	130.00	13.00	9.00
Milk - White 1% - LR1006 (1 ea.)	19	108.86	2.65	1.65	(M)	131.54	12.52	8.91
Coyote Grill Cheese Quesadilla and Black Beans - ServingDate: 03/19/2024								
Cheese Quesadilla, Schwans Coyote Grill 78372 - LR1497 (1 piece)	98	154.68	5.99	2.99	0.00	279.42	15.97	9.48
OR Cheese Sandwich - LR1005 (1 ea.)	1	440.00	25.00	14.00	0.00	1580.00	34.00	18.00
Sunbutter and Jelly Sandwich - LR1331 (1 sandwich)	1	310.00	15.00	2.00	(M)	300.00	33.00	9.00
Black Beans - LR1222 (195 g.)	100	165.00	0.00	0.00	0.00	195.00	30.00	10.50
Apple - LR1072 (1 ea.)	25	95.00	0.31	0.06	0.00	2.00	25.13	0.47
Applesauce, Unsweetened, Cups, Shelf-Stable, USDA 110361 - LR1425 (1/2 c.)	25	51.00	0.00	0.00	0.00	1.99	13.99	0.00
Banana - LR1074 (1 ea.)	0	105.02	0.39	0.13	0.00	1.18	26.95	1.29

Menu Calendar Nutrient Analysis Report - March, 2024

Site: ALL
Date: 03/01/2024 - 03/31/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
Coyote Grill Cheese Quesadilla and Black Beans - ServingDate: 03/19/2024								
Cherries, red, tart, osmotically dried, pitted, sweetened (may have sugar or other sweeteners added) [100299] - LR1426 (1/4 c.)	0	114.00	0.06	0.00	0.00	4.10	27.10	1.00
Orange - LR1073 (1 ea.)	25	61.57	0.16	0.02	0.00	0.00	15.39	1.23
Raisins, Unsweetened, Individual Package - LR1118 (1 ea.)	25	112.12	0.00	0.00	0.00	3.97	29.77	0.99
Milk - Chocolate Non Fat - LR1007 (1 ea.)	80	130.00	1.00	1.00	0.00	210.00	24.00	8.00
Milk - Lactose Free - LR1008 (1 ea.)	1	110.00	2.50	1.50	0.00	130.00	13.00	9.00
Milk - White 1% - LR1006 (1 ea.)	19	108.86	2.65	1.65	(M)	131.54	12.52	8.91
French Toast Sticks with Sausage Patty - ServingDate: 03/20/2024								
*French Toast Sticks and Sausage Patty - LR1230 (1 serving)	98	410.00	13.00	3.00	0.00	880.00	49.00	24.00
OR Cheese Sandwich - LR1005 (1 ea.)	2	440.00	25.00	14.00	0.00	1580.00	34.00	18.00
Baby Carrots - LR1145 (4 oz.)	100	39.62	0.15	0.03	0.00(M)	88.30	9.33	0.73
Apple - LR1072 (1 ea.)	33	95.00	0.31	0.06	0.00	2.00	25.13	0.47
Applesauce - LR1075 (1/2 c.)	33	53.33	0.00	0.00	0.00	2.08	14.63	0.00
Orange - LR1073 (1 ea.)	34	61.57	0.16	0.02	0.00	0.00	15.39	1.23
Milk - Chocolate Non Fat - LR1007 (1 ea.)	80	130.00	1.00	1.00	0.00	210.00	24.00	8.00
Milk - Lactose Free - LR1008 (1 ea.)	1	110.00	2.50	1.50	0.00	130.00	13.00	9.00
Milk - White 1% - LR1006 (1 ea.)	19	108.86	2.65	1.65	(M)	131.54	12.52	8.91
Maple Syrup - LR1338 (1 pkg.)	20	120.00	0.00	0.00	0.00	40.00	31.00	0.00

Menu Calendar Nutrient Analysis Report - March, 2024

Site: ALL
Date: 03/01/2024 - 03/31/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
K-8 Alfredo with Angela Mia Sauce - ServingDate: 03/21/2024								
K-8 Alfredo with Angela Mia - LR1488 (1 serving)	98	454.19	19.48	9.47	0.00	1077.40	48.37	25.47
OR Cheese Sandwich - LR1005 (1 ea.)	2	440.00	25.00	14.00	0.00	1580.00	34.00	18.00
Sunbutter and Jelly Sandwich - LR1331 (1 sandwich)	0	310.00	15.00	2.00	(M)	300.00	33.00	9.00
Broccoli - LR1136 (3/4 cup choppe)	100	23.21	0.25	0.08	0.00	22.52	4.53	1.92
Apple - LR1072 (1 ea.)	25	95.00	0.31	0.06	0.00	2.00	25.13	0.47
Applesauce, Unsweetened, Cups, Shelf-Stable, USDA 110361 - LR1425 (1/2 c.)	25	51.00	0.00	0.00	0.00	1.99	13.99	0.00
Banana - LR1074 (1 ea.)	0	105.02	0.39	0.13	0.00	1.18	26.95	1.29
Cherries, red, tart, osmotically dried, pitted, sweetened (may have sugar or other sweeteners added) [100299] - LR1426 (1/4 c.)	0	114.00	0.06	0.00	0.00	4.10	27.10	1.00
Orange - LR1073 (1 ea.)	25	61.57	0.16	0.02	0.00	0.00	15.39	1.23
Raisins, Unsweetened, Individual Package - LR1118 (1 ea.)	25	112.12	0.00	0.00	0.00	3.97	29.77	0.99
Milk - Chocolate Non Fat - LR1007 (1 ea.)	80	130.00	1.00	1.00	0.00	210.00	24.00	8.00
Milk - Lactose Free - LR1008 (1 ea.)	1	110.00	2.50	1.50	0.00	130.00	13.00	9.00
Milk - White 1% - LR1006 (1 ea.)	19	108.86	2.65	1.65	(M)	131.54	12.52	8.91
cheese calzone and iceberg salad - ServingDate: 03/22/2024								
cheese calzone - LR1270 (3 ea.)	98	320.00	11.00	5.00	(M)	470.00	40.00	17.00
OR Cheese Sandwich - LR1005 (1 ea.)	2	440.00	25.00	14.00	0.00	1580.00	34.00	18.00

Menu Calendar Nutrient Analysis Report - March, 2024

Site: ALL
Date: 03/01/2024 - 03/31/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
cheese calzone and iceberg salad - ServingDate: 03/22/2024								
Iceberg Salad - LR1292 (1 c.)	100	10.00	0.00	0.00	0.00	10.00	2.00	1.00
* Mixed Fruit Cup, W870 - LR1146 (1/2 c.)	25	80.00	0.00	0.00	0.00	15.00	19.00	0.00
Apple - LR1072 (1 ea.)	25	95.00	0.31	0.06	0.00	2.00	25.13	0.47
Applesauce - LR1075 (1/2 c.)	25	53.33	0.00	0.00	0.00	2.08	14.63	0.00
Orange - LR1073 (1 ea.)	25	61.57	0.16	0.02	0.00	0.00	15.39	1.23
Milk - Chocolate Non Fat - LR1007 (1 ea.)	80	130.00	1.00	1.00	0.00	210.00	24.00	8.00
Milk - Lactose Free - LR1008 (1 ea.)	1	110.00	2.50	1.50	0.00	130.00	13.00	9.00
Milk - White 1% - LR1006 (1 ea.)	19	108.86	2.65	1.65	(M)	131.54	12.52	8.91
AHS Ranch Dressing - LR1433 (2 oz.)	15	299.82	32.72	4.91	0.00(M)	249.85	0.99	0.32
Corn Dogs and Veggies - ServingDate: 03/25/2024								
*Corn Dog - LR1155 (1 corn dog)	98	240.00	9.00	2.50	0.00	470.00	30.00	9.00
OR Cheese Sandwich - LR1005 (1 ea.)	2	440.00	25.00	14.00	0.00	1580.00	34.00	18.00
Baked Beans - LR1264 (1/2 cup, drain)	20	220.00	1.00	0.00	0.00	510.00	43.00	11.00
Crinkle Cut Fries - LR1098 (3/4 c.)	80	150.00	6.00	0.75	0.00	270.00	21.00	2.70
Apple - LR1072 (1 ea.)	25	95.00	0.31	0.06	0.00	2.00	25.13	0.47
Applesauce, Unsweetened, Cups, Shelf-Stable, USDA 110361 - LR1425 (1/2 c.)	25	51.00	0.00	0.00	0.00	1.99	13.99	0.00
Banana - LR1074 (1 ea.)	0	105.02	0.39	0.13	0.00	1.18	26.95	1.29
Orange - LR1073 (1 ea.)	25	61.57	0.16	0.02	0.00	0.00	15.39	1.23
Raisins, Unsweetened, Individual Package - LR1118 (1 ea.)	25	112.12	0.00	0.00	0.00	3.97	29.77	0.99

Menu Calendar Nutrient Analysis Report - March, 2024

Site: ALL
Date: 03/01/2024 - 03/31/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
Corn Dogs and Veggies - ServingDate: 03/25/2024								
Milk - Chocolate Non Fat - LR1007 (1 ea.)	80	130.00	1.00	1.00	0.00	210.00	24.00	8.00
Milk - Lactose Free - LR1008 (1 ea.)	1	110.00	2.50	1.50	0.00	130.00	13.00	9.00
Milk - White 1% - LR1006 (1 ea.)	19	108.86	2.65	1.65	(M)	131.54	12.52	8.91
K-5 grilled cheese sandwich with marinara - ServingDate: 03/26/2024								
Grilled Cheese Sandwich - LR1289 (1 sandwich)	98	310.00	15.00	8.00	(M)	670.00	29.00	16.00
OR Cheese Sandwich - LR1005 (1 ea.)	2	440.00	25.00	14.00	0.00	1580.00	34.00	18.00
Baby Carrots - LR1145 (3/4 c.)	100	37.21	0.14	0.03	0.00(M)	82.92	8.76	0.68
Marinara Sauce Dipping Cups - LR1144 (1 ea.)	100	25.00	0.00	0.00	0.00	195.00	5.00	1.00
Apple - LR1072 (1 ea.)	25	95.00	0.31	0.06	0.00	2.00	25.13	0.47
Applesauce - LR1075 (1/2 c.)	25	53.33	0.00	0.00	0.00	2.08	14.63	0.00
Banana - LR1074 (1 ea.)	25	105.02	0.39	0.13	0.00	1.18	26.95	1.29
Orange - LR1073 (1 ea.)	25	61.57	0.16	0.02	0.00	0.00	15.39	1.23
Milk - Chocolate Non Fat - LR1007 (1 ea.)	80	130.00	1.00	1.00	0.00	210.00	24.00	8.00
Milk - Lactose Free - LR1008 (1 ea.)	1	110.00	2.50	1.50	0.00	130.00	13.00	9.00
Milk - White 1% - LR1006 (1 ea.)	19	108.86	2.65	1.65	(M)	131.54	12.52	8.91
Cheeseburger with celery - ServingDate: 03/27/2024								
*Cheeseburger - LR1226 (1 ea.)	98	360.00	18.50	8.00	0.50	790.00	28.00	22.00
OR Cheese Sandwich - LR1005 (1 ea.)	2	440.00	25.00	14.00	0.00	1580.00	34.00	18.00
Celery - LR1163 (3/4 cup choppe)	100	10.61	0.13	0.03	0.00	60.60	2.25	0.52

Menu Calendar Nutrient Analysis Report - March, 2024

Site: ALL
Date: 03/01/2024 - 03/31/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
Cheeseburger with celery - ServingDate: 03/27/2024								
Apple - LR1072 (1 ea.)	25	95.00	0.31	0.06	0.00	2.00	25.13	0.47
Applesauce - LR1075 (1/2 c.)	25	53.33	0.00	0.00	0.00	2.08	14.63	0.00
Banana - LR1074 (1 ea.)	25	105.02	0.39	0.13	0.00	1.18	26.95	1.29
Orange - LR1073 (1 ea.)	25	61.57	0.16	0.02	0.00	0.00	15.39	1.23
Milk - Chocolate Non Fat - LR1007 (1 ea.)	80	130.00	1.00	1.00	0.00	210.00	24.00	8.00
Milk - Lactose Free - LR1008 (1 ea.)	1	110.00	2.50	1.50	0.00	130.00	13.00	9.00
Milk - White 1% - LR1006 (1 ea.)	19	108.86	2.65	1.65	(M)	131.54	12.52	8.91
K-5 Cheesy Breadsticks, Marinara, veggie and Ranch - ServingDate: 03/28/2024								
*Cheesy Breadsticks - LR1021 (2 ea.)	98	300.00	11.00	6.00	0.00	490.00	30.00	19.00
OR Cheese Sandwich - LR1005 (1 ea.)	2	440.00	25.00	14.00	0.00	1580.00	34.00	18.00
Broccoli - LR1136 (1/2 cup choppe)	100	15.47	0.17	0.05	0.00	15.02	3.02	1.28
Marinara Sauce Dipping Cups - LR1144 (1 ea.)	50	25.00	0.00	0.00	0.00	195.00	5.00	1.00
Apple - LR1072 (1 ea.)	25	95.00	0.31	0.06	0.00	2.00	25.13	0.47
Applesauce - LR1075 (1/2 c.)	25	53.33	0.00	0.00	0.00	2.08	14.63	0.00
Banana - LR1074 (1 ea.)	25	105.02	0.39	0.13	0.00	1.18	26.95	1.29
Orange - LR1073 (1 ea.)	25	61.57	0.16	0.02	0.00	0.00	15.39	1.23
Milk - Chocolate Non Fat - LR1007 (1 ea.)	80	130.00	1.00	1.00	0.00	210.00	24.00	8.00
Milk - Lactose Free - LR1008 (1 ea.)	1	110.00	2.50	1.50	0.00	130.00	13.00	9.00
Milk - White 1% - LR1006 (1 ea.)	19	108.86	2.65	1.65	(M)	131.54	12.52	8.91
AHS Ranch Dressing - LR1433 (2 oz.)	25	299.82	32.72	4.91	0.00(M)	249.85	0.99	0.32

Menu Calendar Nutrient Analysis Report - March, 2024

Site: ALL
Date: 03/01/2024 - 03/31/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
Super Pretzel and Cheese Cup - Serving Date: 03/29/2024								
OR Cheese Sandwich - LR1005 (1 ea.)	2	440.00	25.00	14.00	0.00	1580.00	34.00	18.00
* Pretzel, Soft WG, J & J - LR1134 (1 ea.)	98	140.00	0.50	0.00	0.00	150.00	30.00	5.00
* Cheddar Cheese Dip Cup, Land O Lakes - LR1135 (1 Container)	98	188.75	10.30	6.40	0.00	566.35	14.50	9.71
Baby Carrots - LR1145 (4 oz.)	100	39.62	0.15	0.03	0.00(M)	88.30	9.33	0.73
Apple - LR1072 (1 ea.)	25	95.00	0.31	0.06	0.00	2.00	25.13	0.47
Applesauce, Unsweetened, Cups, Shelf-Stable, USDA 110361 - LR1425 (1/2 c.)	25	51.00	0.00	0.00	0.00	1.99	13.99	0.00
Banana - LR1074 (1 ea.)	0	105.02	0.39	0.13	0.00	1.18	26.95	1.29
Cherries, red, tart, osmotically dried, pitted, sweetened (may have sugar or other sweeteners added) [100299] - LR1426 (1/4 c.)	0	114.00	0.06	0.00	0.00	4.10	27.10	1.00
Orange - LR1073 (1 ea.)	25	61.57	0.16	0.02	0.00	0.00	15.39	1.23
Raisins, Unsweetened, Individual Package - LR1118 (1 ea.)	25	112.12	0.00	0.00	0.00	3.97	29.77	0.99
Milk - Chocolate Non Fat - LR1007 (1 ea.)	80	130.00	1.00	1.00	0.00	210.00	24.00	8.00
Milk - Lactose Free - LR1008 (1 ea.)	1	110.00	2.50	1.50	0.00	130.00	13.00	9.00
Milk - White 1% - LR1006 (1 ea.)	19	108.86	2.65	1.65	(M)	131.54	12.52	8.91

Legend
(M) - Missing Nutrient Values

Menu Calendar Nutrient Analysis Report - March, 2024

Site: ALL
Date: 03/01/2024 - 03/31/2024

Report Selections

Meal Type: Lunch
Site Group: Elementary School
Menu Line: Main
Serving Group: K-5
Nutrients Option: Expanded