

Menu Calendar Nutrient Analysis Report - January, 2024

Site: ALL
Date: 01/01/2024 - 01/31/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
Chicken Nuggets with a WW Roll and veggie - ServingDate: 01/08/2024								
* Chicken Nuggets, Tyson - LR1169 (5 ea.)	98	203.60	8.91	1.91	0.00	343.58	12.72	17.82
OR Cheese Sandwich - LR1005 (1 ea.)	2	440.00	25.00	14.00	0.00	1580.00	34.00	18.00
Whole Wheat Rolls - LR1305 (1 roll.)	100	90.00	2.00	0.00	(M)	65.00	16.00	3.00
Crinkle Cut Fries - LR1098 (3/4 c.)	100	150.00	6.00	0.75	0.00	270.00	21.00	2.70
* Juice, Orange, Cartons 100277 - LR1126 (1 Carton)	0	60.00	0.00	0.00	0.00	0.00	15.00	1.00
* Mixed Fruit Cup, W870 - LR1146 (1/2 c.)	10	80.00	0.00	0.00	0.00	15.00	19.00	0.00
Apple - LR1072 (1 ea.)	25	95.00	0.31	0.06	0.00	2.00	25.13	0.47
Applesauce - LR1075 (1/2 c.)	25	53.33	0.00	0.00	0.00	2.08	14.63	0.00
Banana - LR1074 (1 ea.)	0	105.02	0.39	0.13	0.00	1.18	26.95	1.29
Cherries, red, tart, osmotically dried, pitted, sweetened (may have sugar or other sweeteners added) [100299] - LR1426 (1/4 c.)	5	114.00	0.06	0.00	0.00	4.10	27.10	1.00
Juice, Apple, 100%, 96/4oz, Thirster, 354977 - LR1437 (1 Carton)	0	60.00	0.00	0.00	0.00	0.00	15.00	0.00
Juice, Grape, Thirster - LR1451 (1 container)	0	60.00	0.00	0.00	0.00	0.00	15.00	0.00
Orange - LR1073 (1 ea.)	25	61.57	0.16	0.02	0.00	0.00	15.39	1.23
Peaches, Diced, Cups, Frozen - LR1185 (1 ea.)	0	80.00	0.00	0.00	0.00	0.00	19.00	1.00
Pears, Diced, Fruit Bowl, 100% Juice, 4oz Dole - LR1372 (1 container)	0	70.00	0.00	0.00	0.00	0.00	18.00	1.00
Raisins, Unsweetened, Individual Package - LR1118 (1 ea.)	10	112.12	0.00	0.00	0.00	3.97	29.77	0.99

Menu Calendar Nutrient Analysis Report - January, 2024

Site: ALL
 Date: 01/01/2024 - 01/31/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
Chicken Nuggets with a WW Roll and veggie - ServingDate: 01/08/2024								
Tropical Fruit, in 100% Juice, Fruit Bowl, Dole - LR1454 (1 container)	0	60.00	0.00	0.00	0.00	5.00	15.00	1.00
Milk - Chocolate Non Fat - LR1007 (1 ea.)	80	130.00	1.00	1.00	0.00	210.00	24.00	8.00
Milk - Lactose Free - LR1008 (1 ea.)	1	110.00	2.50	1.50	0.00	130.00	13.00	9.00
Milk - White 1% - LR1006 (1 ea.)	19	108.86	2.65	1.65	(M)	131.54	12.52	8.91
Chicken Strips, Waffles and Sweet Corn - ServingDate: 01/09/2024								
* Chicken Tenders - LR1153 (2 ea.)	98	220.00	12.00	2.00	0.00	400.00	12.00	20.00
OR Cheese Sandwich - LR1005 (1 ea.)	2	440.00	25.00	14.00	0.00	1580.00	34.00	18.00
*Waffles - LR1232 (1 pcs.)	98	89.65	2.99	0.00	0.00	134.47	13.95	1.99
Baby Carrots - LR1145 (4 oz.)	0	39.62	0.15	0.03	0.00(M)	88.30	9.33	0.73
Baked Beans - LR1264 (3/4 cup, drain)	100	330.00	1.50	0.00	0.00	765.00	64.50	16.50
Apple - LR1072 (1 ea.)	25	95.00	0.31	0.06	0.00	2.00	25.13	0.47
Applesauce - LR1075 (1/2 c.)	25	53.33	0.00	0.00	0.00	2.08	14.63	0.00
Banana - LR1074 (1 ea.)	25	105.02	0.39	0.13	0.00	1.18	26.95	1.29
Orange - LR1073 (1 ea.)	25	61.57	0.16	0.02	0.00	0.00	15.39	1.23
Milk - Chocolate Non Fat - LR1007 (1 ea.)	80	130.00	1.00	1.00	0.00	210.00	24.00	8.00
Milk - Lactose Free - LR1008 (1 ea.)	1	110.00	2.50	1.50	0.00	130.00	13.00	9.00
Milk - White 1% - LR1006 (1 ea.)	19	108.86	2.65	1.65	(M)	131.54	12.52	8.91
Maple Syrup - LR1338 (1 pkg.)	25	120.00	0.00	0.00	0.00	40.00	31.00	0.00

Menu Calendar Nutrient Analysis Report - January, 2024

Site: ALL
 Date: 01/01/2024 - 01/31/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
Mac and Cheese and Mini Corn Dogs - ServingDate: 01/10/2024								
*Mini Corn Dogs - LR1157 (3 ea.)	50	135.00	6.00	1.75	0.00	205.00	15.00	5.00
Macaroni and Cheese, Land O Lakes, 43284 80sv - LR1378 (1 serving)	50	290.00	11.00	6.00	0.00	980.00	32.00	17.00
OR Cheese Sandwich - LR1005 (1 ea.)	2	440.00	25.00	14.00	0.00	1580.00	34.00	18.00
Baby Carrots - LR1145 (4 oz.)	100	39.62	0.15	0.03	0.00(M)	88.30	9.33	0.73
Baked Beans - LR1264 (3/4 cup, drain)	0	330.00	1.50	0.00	0.00	765.00	64.50	16.50
* Juice, Orange, Cartons 100277 - LR1126 (1 Carton)	0	60.00	0.00	0.00	0.00	0.00	15.00	1.00
* Mixed Fruit Cup, W870 - LR1146 (1/2 c.)	10	80.00	0.00	0.00	0.00	15.00	19.00	0.00
Apple - LR1072 (1 ea.)	25	95.00	0.31	0.06	0.00	2.00	25.13	0.47
Applesauce - LR1075 (1/2 c.)	25	53.33	0.00	0.00	0.00	2.08	14.63	0.00
Banana - LR1074 (1 ea.)	0	105.02	0.39	0.13	0.00	1.18	26.95	1.29
Cherries, red, tart, osmotically dried, pitted, sweetened (may have sugar or other sweeteners added) [100299] - LR1426 (1/4 c.)	5	114.00	0.06	0.00	0.00	4.10	27.10	1.00
Juice, Apple, 100%, 96/4oz, Thirster, 354977 - LR1437 (1 Carton)	0	60.00	0.00	0.00	0.00	0.00	15.00	0.00
Juice, Grape, Thirster - LR1451 (1 container)	0	60.00	0.00	0.00	0.00	0.00	15.00	0.00
Orange - LR1073 (1 ea.)	25	61.57	0.16	0.02	0.00	0.00	15.39	1.23
Peaches, Diced, Cups, Frozen - LR1185 (1 ea.)	0	80.00	0.00	0.00	0.00	0.00	19.00	1.00
Pears, Diced, Fruit Bowl, 100% Juice, 4oz Dole - LR1372 (1 container)	0	70.00	0.00	0.00	0.00	0.00	18.00	1.00

Menu Calendar Nutrient Analysis Report - January, 2024

Site: ALL
 Date: 01/01/2024 - 01/31/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
Mac and Cheese and Mini Corn Dogs - ServingDate: 01/10/2024								
Raisins, Unsweetened, Individual Package - LR1118 (1 ea.)	10	112.12	0.00	0.00	0.00	3.97	29.77	0.99
Tropical Fruit, in 100% Juice, Fruit Bowl, Dole - LR1454 (1 container)	0	60.00	0.00	0.00	0.00	5.00	15.00	1.00
Milk - Chocolate Non Fat - LR1007 (1 ea.)	80	130.00	1.00	1.00	0.00	210.00	24.00	8.00
Milk - Lactose Free - LR1008 (1 ea.)	1	110.00	2.50	1.50	0.00	130.00	13.00	9.00
Milk - White 1% - LR1006 (1 ea.)	19	108.86	2.65	1.65	(M)	131.54	12.52	8.91
Sweet and Sour Chicken and Broccoli - ServingDate: 01/11/2024								
OR Cheese Sandwich - LR1005 (1 ea.)	2	440.00	25.00	14.00	0.00	1580.00	34.00	18.00
Sweet And Sour Chicken And Rice - LR1251 (1 serving)	98	254.15	4.02	0.56	0.00(M)	226.99	40.87	14.31
Broccoli - LR1136 (3/4 cup choppe)	100	23.21	0.25	0.08	0.00	22.52	4.53	1.92
Apple - LR1072 (1 ea.)	25	95.00	0.31	0.06	0.00	2.00	25.13	0.47
Applesauce - LR1075 (1/2 c.)	25	53.33	0.00	0.00	0.00	2.08	14.63	0.00
Banana - LR1074 (1 ea.)	25	105.02	0.39	0.13	0.00	1.18	26.95	1.29
Orange - LR1073 (1 ea.)	25	61.57	0.16	0.02	0.00	0.00	15.39	1.23
Milk - Chocolate Non Fat - LR1007 (1 ea.)	80	130.00	1.00	1.00	0.00	210.00	24.00	8.00
Milk - Lactose Free - LR1008 (1 ea.)	1	110.00	2.50	1.50	0.00	130.00	13.00	9.00
Milk - White 1% - LR1006 (1 ea.)	19	108.86	2.65	1.65	(M)	131.54	12.52	8.91
AHS Ranch Dressing - LR1433 (2 oz.)	10	299.82	32.72	4.91	0.00(M)	249.85	0.99	0.32

Menu Calendar Nutrient Analysis Report - January, 2024

Site: ALL
Date: 01/01/2024 - 01/31/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
Cheese Calzones and Broccoli - ServingDate: 01/12/2024								
cheese calzone - LR1270 (3 ea.)	98	320.00	11.00	5.00	(M)	470.00	40.00	17.00
OR Cheese Sandwich - LR1005 (1 ea.)	2	440.00	25.00	14.00	0.00	1580.00	34.00	18.00
Broccoli - LR1136 (3/4 cup choppe)	0	23.21	0.25	0.08	0.00	22.52	4.53	1.92
Iceberg Salad - LR1292 (1 c.)	100	10.00	0.00	0.00	0.00	10.00	2.00	1.00
Apple - LR1072 (1 ea.)	25	95.00	0.31	0.06	0.00	2.00	25.13	0.47
Applesauce - LR1075 (1/2 c.)	25	53.33	0.00	0.00	0.00	2.08	14.63	0.00
Banana - LR1074 (1 ea.)	25	105.02	0.39	0.13	0.00	1.18	26.95	1.29
Orange - LR1073 (1 ea.)	25	61.57	0.16	0.02	0.00	0.00	15.39	1.23
Milk - Chocolate Non Fat - LR1007 (1 ea.)	80	130.00	1.00	1.00	0.00	210.00	24.00	8.00
Milk - Lactose Free - LR1008 (1 ea.)	1	110.00	2.50	1.50	0.00	130.00	13.00	9.00
Milk - White 1% - LR1006 (1 ea.)	19	108.86	2.65	1.65	(M)	131.54	12.52	8.91
AHS Ranch Dressing - LR1433 (2 oz.)	20	299.82	32.72	4.91	0.00(M)	249.85	0.99	0.32
K-5 Chicken Teriyaki with Rice and Broccoli - ServingDate: 01/16/2024								
*Chicken Teriyaki and Rice - LR1228 (1 serving)	98	285.00	5.00	1.00	0.00	330.00	42.00	19.00
OR Cheese Sandwich - LR1005 (1 ea.)	2	440.00	25.00	14.00	0.00	1580.00	34.00	18.00
Broccoli - LR1136 (3/4 cup choppe)	100	23.21	0.25	0.08	0.00	22.52	4.53	1.92
Apple - LR1072 (1 ea.)	25	95.00	0.31	0.06	0.00	2.00	25.13	0.47
Applesauce - LR1075 (1/2 c.)	25	53.33	0.00	0.00	0.00	2.08	14.63	0.00
Banana - LR1074 (1 ea.)	25	105.02	0.39	0.13	0.00	1.18	26.95	1.29
Orange - LR1073 (1 ea.)	25	61.57	0.16	0.02	0.00	0.00	15.39	1.23

Menu Calendar Nutrient Analysis Report - January, 2024

Site: ALL
 Date: 01/01/2024 - 01/31/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
K-5 Chicken Teriyaki with Rice and Broccoli - ServingDate: 01/16/2024								
Milk - Chocolate Non Fat - LR1007 (1 ea.)	80	130.00	1.00	1.00	0.00	210.00	24.00	8.00
Milk - Lactose Free - LR1008 (1 ea.)	1	110.00	2.50	1.50	0.00	130.00	13.00	9.00
Milk - White 1% - LR1006 (1 ea.)	19	108.86	2.65	1.65	(M)	131.54	12.52	8.91
Bean and Cheese Burrito - ServingDate: 01/17/2024								
Bean and Cheese Burrito - LR1262 (1 burrito)	98	303.10	6.14	2.19	(M)	332.10	45.41	17.01
OR Cheese Sandwich - LR1005 (1 ea.)	2	440.00	25.00	14.00	0.00	1580.00	34.00	18.00
Tater Tots - LR1016 (3/4 c.)	100	195.00	9.00	1.50	0.00	465.00	24.00	3.00
Apple - LR1072 (1 ea.)	25	95.00	0.31	0.06	0.00	2.00	25.13	0.47
Applesauce - LR1075 (1/2 c.)	25	53.33	0.00	0.00	0.00	2.08	14.63	0.00
Orange - LR1073 (1 ea.)	25	61.57	0.16	0.02	0.00	0.00	15.39	1.23
Raisins, Unsweetened, Individual Package - LR1118 (1 ea.)	25	112.12	0.00	0.00	0.00	3.97	29.77	0.99
Milk - Chocolate Non Fat - LR1007 (1 ea.)	80	130.00	1.00	1.00	0.00	210.00	24.00	8.00
Milk - Lactose Free - LR1008 (1 ea.)	1	110.00	2.50	1.50	0.00	130.00	13.00	9.00
Milk - White 1% - LR1006 (1 ea.)	19	108.86	2.65	1.65	(M)	131.54	12.52	8.91
AHS Pico de Gallo - LR1434 (2 Ounce serv)	7	13.47	0.12	0.01	0.00	13.06	3.02	0.56
Sour Cream - LR1035 (1/4 c.)	7	56.70	5.67	3.31	0.00	14.18	1.89	0.94
USDA Salsa, Low-sodium, Canned - LR1428 (2 tbsp.)	7	10.00	0.00	0.00	0.00	35.00	2.00	0.00

Menu Calendar Nutrient Analysis Report - January, 2024

Site: ALL
Date: 01/01/2024 - 01/31/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
Breakfast Sandwich with Carrots - ServingDate: 01/18/2024								
*Breakfast Sandwich With Sausage and Cheese - LR1229 (1 sandwich)	98	259.37	10.99	4.50	0.00	768.58	22.89	16.97
OR Cheese Sandwich - LR1005 (1 ea.)	2	440.00	25.00	14.00	0.00	1580.00	34.00	18.00
Baby Carrots - LR1145 (4 oz.)	100	39.62	0.15	0.03	0.00(M)	88.30	9.33	0.73
Apple - LR1072 (1 ea.)	33	95.00	0.31	0.06	0.00	2.00	25.13	0.47
Applesauce - LR1075 (1/2 c.)	34	53.33	0.00	0.00	0.00	2.08	14.63	0.00
Orange - LR1073 (1 ea.)	33	61.57	0.16	0.02	0.00	0.00	15.39	1.23
Milk - Chocolate Non Fat - LR1007 (1 ea.)	80	130.00	1.00	1.00	0.00	210.00	24.00	8.00
Milk - Lactose Free - LR1008 (1 ea.)	1	110.00	2.50	1.50	0.00	130.00	13.00	9.00
Milk - White 1% - LR1006 (1 ea.)	19	108.86	2.65	1.65	(M)	131.54	12.52	8.91
Wild Mike's Pepperoni Pizza and salad - ServingDate: 01/19/2024								
*Wild Mike's Pepperoni Pizza - LR1117 (1 slice 1/10)	98	400.00	16.00	7.00	0.00	600.00	37.00	19.00
OR Cheese Sandwich - LR1005 (1 ea.)	2	440.00	25.00	14.00	0.00	1580.00	34.00	18.00
Black Beans - LR1222 (195 g.)	20	165.00	0.00	0.00	0.00	195.00	30.00	10.50
Iceberg Salad - LR1292 (1 c.)	80	10.00	0.00	0.00	0.00	10.00	2.00	1.00
Apple - LR1072 (1 ea.)	25	95.00	0.31	0.06	0.00	2.00	25.13	0.47
Applesauce - LR1075 (1/2 c.)	25	53.33	0.00	0.00	0.00	2.08	14.63	0.00
Banana - LR1074 (1 ea.)	25	105.02	0.39	0.13	0.00	1.18	26.95	1.29
Orange - LR1073 (1 ea.)	25	61.57	0.16	0.02	0.00	0.00	15.39	1.23
Milk - Chocolate Non Fat - LR1007 (1 ea.)	80	130.00	1.00	1.00	0.00	210.00	24.00	8.00

Menu Calendar Nutrient Analysis Report - January, 2024

Site: ALL
Date: 01/01/2024 - 01/31/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
Wild Mike's Pepperoni Pizza and salad - ServingDate: 01/19/2024								
Milk - Lactose Free - LR1008 (1 ea.)	1	110.00	2.50	1.50	0.00	130.00	13.00	9.00
Milk - White 1% - LR1006 (1 ea.)	19	108.86	2.65	1.65	(M)	131.54	12.52	8.91
AHS Ranch Dressing - LR1433 (2 oz.)	20	299.82	32.72	4.91	0.00(M)	249.85	0.99	0.32
Orange Chicken with Rice, Veggie - ServingDate: 01/22/2024								
*Orange Chicken with Rice - LR1231 (1 serving)	98	229.98	3.31	0.44	0.00	250.88	37.51	11.71
OR Cheese Sandwich - LR1005 (1 ea.)	2	440.00	25.00	14.00	0.00	1580.00	34.00	18.00
Broccoli - LR1136 (3/4 cup choppe)	0	23.21	0.25	0.08	0.00	22.52	4.53	1.92
Copy of Edamame, frozen, prepared - LR1420 (3/4 c.)	100	140.66	6.04	0.72	0.01	6.98	10.36	13.85
Apple - LR1072 (1 ea.)	25	95.00	0.31	0.06	0.00	2.00	25.13	0.47
Applesauce - LR1075 (1/2 c.)	25	53.33	0.00	0.00	0.00	2.08	14.63	0.00
Banana - LR1074 (1 ea.)	25	105.02	0.39	0.13	0.00	1.18	26.95	1.29
Orange - LR1073 (1 ea.)	25	61.57	0.16	0.02	0.00	0.00	15.39	1.23
Milk - Chocolate Non Fat - LR1007 (1 ea.)	80	130.00	1.00	1.00	0.00	210.00	24.00	8.00
Milk - Lactose Free - LR1008 (1 ea.)	1	110.00	2.50	1.50	0.00	130.00	13.00	9.00
Milk - White 1% - LR1006 (1 ea.)	19	108.86	2.65	1.65	(M)	131.54	12.52	8.91
AHS Ranch Dressing - LR1433 (2 oz.)	7	299.82	32.72	4.91	0.00(M)	249.85	0.99	0.32
Corn Dogs and Veggies - ServingDate: 01/23/2024								
*Corn Dog - LR1155 (1 corn dog)	98	240.00	9.00	2.50	0.00	470.00	30.00	9.00
OR Cheese Sandwich - LR1005 (1 ea.)	2	440.00	25.00	14.00	0.00	1580.00	34.00	18.00

Menu Calendar Nutrient Analysis Report - January, 2024

Site: ALL
Date: 01/01/2024 - 01/31/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
Corn Dogs and Veggies - ServingDate: 01/23/2024								
Broccoli - LR1136 (3/4 cup choppe)	0	23.21	0.25	0.08	0.00	22.52	4.53	1.92
Baby Carrots - LR1145 (4 oz.)	0	39.62	0.15	0.03	0.00(M)	88.30	9.33	0.73
Crinkle Cut Fries - LR1098 (3/4 c.)	100	150.00	6.00	0.75	0.00	270.00	21.00	2.70
Apple - LR1072 (1 ea.)	25	95.00	0.31	0.06	0.00	2.00	25.13	0.47
Applesauce, Unsweetened, Cups, Shelf-Stable, USDA 110361 - LR1425 (1/2 c.)	25	51.00	0.00	0.00	0.00	1.99	13.99	0.00
Banana - LR1074 (1 ea.)	0	105.02	0.39	0.13	0.00	1.18	26.95	1.29
Orange - LR1073 (1 ea.)	25	61.57	0.16	0.02	0.00	0.00	15.39	1.23
Raisins, Unsweetened, Individual Package - LR1118 (1 ea.)	25	112.12	0.00	0.00	0.00	3.97	29.77	0.99
Milk - Chocolate Non Fat - LR1007 (1 ea.)	80	130.00	1.00	1.00	0.00	210.00	24.00	8.00
Milk - Lactose Free - LR1008 (1 ea.)	1	110.00	2.50	1.50	0.00	130.00	13.00	9.00
Milk - White 1% - LR1006 (1 ea.)	19	108.86	2.65	1.65	(M)	131.54	12.52	8.91
K-5 Cheesy Breadsticks, Marinara, veggie and Ranch - ServingDate: 01/24/2024								
*Cheesy Breadsticks - LR1021 (2 ea.)	98	300.00	11.00	6.00	0.00	490.00	30.00	19.00
OR Cheese Sandwich - LR1005 (1 ea.)	2	440.00	25.00	14.00	0.00	1580.00	34.00	18.00
Broccoli - LR1136 (1/2 cup choppe)	0	15.47	0.17	0.05	0.00	15.02	3.02	1.28
Baby Carrots - LR1145 (4 oz.)	100	39.62	0.15	0.03	0.00(M)	88.30	9.33	0.73
Marinara Sauce Dipping Cups - LR1144 (1 ea.)	100	25.00	0.00	0.00	0.00	195.00	5.00	1.00
Apple - LR1072 (1 ea.)	25	95.00	0.31	0.06	0.00	2.00	25.13	0.47

Menu Calendar Nutrient Analysis Report - January, 2024

Site: ALL
Date: 01/01/2024 - 01/31/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
K-5 Cheesy Breadsticks, Marinara, veggie and Ranch - ServingDate: 01/24/2024								
Applesauce - LR1075 (1/2 c.)	25	53.33	0.00	0.00	0.00	2.08	14.63	0.00
Banana - LR1074 (1 ea.)	25	105.02	0.39	0.13	0.00	1.18	26.95	1.29
Orange - LR1073 (1 ea.)	25	61.57	0.16	0.02	0.00	0.00	15.39	1.23
Milk - Chocolate Non Fat - LR1007 (1 ea.)	80	130.00	1.00	1.00	0.00	210.00	24.00	8.00
Milk - Lactose Free - LR1008 (1 ea.)	1	110.00	2.50	1.50	0.00	130.00	13.00	9.00
Milk - White 1% - LR1006 (1 ea.)	19	108.86	2.65	1.65	(M)	131.54	12.52	8.91
AHS Ranch Dressing - LR1433 (2 oz.)	25	299.82	32.72	4.91	0.00(M)	249.85	0.99	0.32
K-8 Alfredo with Angela Mia Sauce - ServingDate: 01/25/2024								
K-8 Alfredo with Angela Mia - LR1488 (1 serving)	98	454.19	19.48	9.47	0.00	1077.40	48.37	25.47
OR Cheese Sandwich - LR1005 (1 ea.)	2	440.00	25.00	14.00	0.00	1580.00	34.00	18.00
Sunbutter and Jelly Sandwich - LR1331 (1 sandwich)	0	310.00	15.00	2.00	(M)	300.00	33.00	9.00
* Broccoli - LR1119 (3/4 c.)	100	25.00	0.00	0.00	0.00	20.00	5.00	1.00
Apple - LR1072 (1 ea.)	25	95.00	0.31	0.06	0.00	2.00	25.13	0.47
Applesauce, Unsweetened, Cups, Shelf-Stable, USDA 110361 - LR1425 (1/2 c.)	25	51.00	0.00	0.00	0.00	1.99	13.99	0.00
Banana - LR1074 (1 ea.)	0	105.02	0.39	0.13	0.00	1.18	26.95	1.29
Cherries, red, tart, osmotically dried, pitted, sweetened (may have sugar or other sweeteners added) [100299] - LR1426 (1/4 c.)	0	114.00	0.06	0.00	0.00	4.10	27.10	1.00

Menu Calendar Nutrient Analysis Report - January, 2024

Site: ALL
Date: 01/01/2024 - 01/31/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
K-8 Alfredo with Angela Mia Sauce - ServingDate: 01/25/2024								
Orange - LR1073 (1 ea.)	25	61.57	0.16	0.02	0.00	0.00	15.39	1.23
Raisins, Unsweetened, Individual Package - LR1118 (1 ea.)	25	112.12	0.00	0.00	0.00	3.97	29.77	0.99
Milk - Chocolate Non Fat - LR1007 (1 ea.)	80	130.00	1.00	1.00	0.00	210.00	24.00	8.00
Milk - Lactose Free - LR1008 (1 ea.)	1	110.00	2.50	1.50	0.00	130.00	13.00	9.00
Milk - White 1% - LR1006 (1 ea.)	19	108.86	2.65	1.65	(M)	131.54	12.52	8.91
Cheese Pizza with Iceberg Salad - ServingDate: 01/26/2024								
* Pizza, Cheese, Wild Mike's - LR1172 (1 slice 1/10)	98	390.00	15.00	7.00	0.00	520.00	37.00	19.00
OR Cheese Sandwich - LR1005 (1 ea.)	2	440.00	25.00	14.00	0.00	1580.00	34.00	18.00
Iceberg Salad - LR1292 (1 c.)	100	10.00	0.00	0.00	0.00	10.00	2.00	1.00
Apple - LR1072 (1 ea.)	33	95.00	0.31	0.06	0.00	2.00	25.13	0.47
Applesauce - LR1075 (1/2 c.)	33	53.33	0.00	0.00	0.00	2.08	14.63	0.00
Orange - LR1073 (1 ea.)	34	61.57	0.16	0.02	0.00	0.00	15.39	1.23
Milk - Chocolate Non Fat - LR1007 (1 ea.)	80	130.00	1.00	1.00	0.00	210.00	24.00	8.00
Milk - Lactose Free - LR1008 (1 ea.)	1	110.00	2.50	1.50	0.00	130.00	13.00	9.00
Milk - White 1% - LR1006 (1 ea.)	19	108.86	2.65	1.65	(M)	131.54	12.52	8.91
Ranch Dressing - LR1097 (1 tbsp.)	75	28.07	2.45	0.53	0.00(M)	51.13	0.61	0.33
Beef Dippers, Rice and Edamame - ServingDate: 01/30/2024								
OR Cheese Sandwich - LR1005 (1 ea.)	2	440.00	25.00	14.00	0.00	1580.00	34.00	18.00
Brown Rice - LR1423 (1/2 c.)	98	96.65	0.64	0.00	0.00	1.99	20.62	1.93

Menu Calendar Nutrient Analysis Report - January, 2024

Site: ALL
 Date: 01/01/2024 - 01/31/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
Beef Dippers, Rice and Edamame - ServingDate: 01/30/2024								
Beef Steak Strips (Beef Dippers) - LR1102 (4 ea.)	98	160.00	8.00	3.50	0.50	440.00	6.00	14.00
Broccoli - LR1136 (3/4 cup choppe)	50	23.21	0.25	0.08	0.00	22.52	4.53	1.92
Baby Carrots - LR1145 (4 oz.)	50	39.62	0.15	0.03	0.00(M)	88.30	9.33	0.73
Apple - LR1072 (1 ea.)	33	95.00	0.31	0.06	0.00	2.00	25.13	0.47
Applesauce - LR1075 (1/2 c.)	34	53.33	0.00	0.00	0.00	2.08	14.63	0.00
Orange - LR1073 (1 ea.)	33	61.57	0.16	0.02	0.00	0.00	15.39	1.23
Milk - Chocolate Non Fat - LR1007 (1 ea.)	80	130.00	1.00	1.00	0.00	210.00	24.00	8.00
Milk - Lactose Free - LR1008 (1 ea.)	1	110.00	2.50	1.50	0.00	130.00	13.00	9.00
Milk - White 1% - LR1006 (1 ea.)	19	108.86	2.65	1.65	(M)	131.54	12.52	8.91
Beef and Cheese Nachos and Black Beans - ServingDate: 01/31/2024								
K-8 Nachos - LR1389 (1 serving)	98	491.37	29.05	9.53	0.00(M)	832.32	37.45	20.09
OR Cheese Sandwich - LR1005 (1 ea.)	2	440.00	25.00	14.00	0.00	1580.00	34.00	18.00
Black Beans - LR1222 (195 g.)	100	165.00	0.00	0.00	0.00	195.00	30.00	10.50
Apple - LR1072 (1 ea.)	33	95.00	0.31	0.06	0.00	2.00	25.13	0.47
Applesauce - LR1075 (1/2 c.)	33	53.33	0.00	0.00	0.00	2.08	14.63	0.00
Orange - LR1073 (1 ea.)	34	61.57	0.16	0.02	0.00	0.00	15.39	1.23
Milk - Chocolate Non Fat - LR1007 (1 ea.)	80	130.00	1.00	1.00	0.00	210.00	24.00	8.00
Milk - Lactose Free - LR1008 (1 ea.)	1	110.00	2.50	1.50	0.00	130.00	13.00	9.00
Milk - White 1% - LR1006 (1 ea.)	19	108.86	2.65	1.65	(M)	131.54	12.52	8.91
Sour Cream - LR1035 (1/4 c.)	7	56.70	5.67	3.31	0.00	14.18	1.89	0.94

Menu Calendar Nutrient Analysis Report - January, 2024

Site: ALL
 Date: 01/01/2024 - 01/31/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
Beef and Cheese Nachos and Black Beans - ServingDate: 01/31/2024								
USDA Salsa, Low-sodium, Canned - LR1428 (2 tbsp.)	7	10.00	0.00	0.00	0.00	35.00	2.00	0.00

Legend
 (M) - Missing Nutrient Values

Report Selections
 Meal Type: Lunch
 Site Group: Elementary School
 Menu Line: Main
 Serving Group: K-5
 Nutrients Option: Expanded