

Menu Calendar Nutrient Analysis Report - November, 2023

Site: ALL
Date: 11/01/2023 - 11/30/2023

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
Teriyaki Glazed Chicken Burger with Pineapple and Sweet Potato Fries - ServingDate: 11/01/2023								
*Cheeseburger - LR1226 (1 ea.)	1	360.00	18.50	8.00	0.50	790.00	28.00	22.00
*Mini Corn Dogs - LR1157 (6 ea.)	1	270.00	12.00	3.50	0.00	410.00	30.00	10.00
*Popcorn Chicken - LR1179 (12 piece)	1	250.00	14.00	2.50	0.00	380.00	15.00	15.00
AHS PBJ Sandwich - LR1436 (1 sandwich)	1	563.17	32.71	6.09	0.00	524.64	52.05	20.04
BBQ Pizza with Big Daddy's Primo Four Cheese Pizza - LR1441 (1 slice)	10	412.63 (M)	18.80 (M)	9.27(M)	0.00(M)	672.14 (M)	42.92 (M)	20.68 (M)
Cheesy Stuffed Breadsticks - LR1143 (2 Sticks)	1	290.00	11.00	6.00	0.00	500.00	28.00	19.00
Chef with Ranch Entree Salad - LR1462 (1 salad)	0	902.94	60.49	15.31	0.00(M)	1761.85	54.97	39.60
Chicken Asian Sesame Entree Salad - LR1465 (1 salad)	0	616.05 (M)	27.61 (M)	8.60(M)	0.00(M)	1577.66 (M)	77.76 (M)	17.49 (M)
Chicken Burger - LR1079 (1 ea.)	1	340.00	10.50	1.50	0.00	490.00	36.00	25.00
Chicken Caesar Salad - LR1471 (1 salad)	0	562.19 (M)	39.20 (M)	10.77 (M)	0.00(M)	1593.01 (M)	40.29 (M)	13.45 (M)
Chicken Caesar Wrap - LR1450 (1 ea.)	1	460.89 (M)	17.85 (M)	6.13(M)	0.00(M)	1123.18 (M)	39.55 (M)	32.52 (M)
Chicken Pesto Wrap - LR1449 (1 ea.)	1	617.64 (M)	39.07 (M)	9.62(M)	0.02(M)	663.36 (M)	35.17 (M)	28.48 (M)
Combination and Cheese Sub Sandwich - LR1469 (1 sandwich)	0	547.75	30.53	12.25	0.31	1875.45	33.24	35.04
Eagle Supreme Pizza - LR1442 (1 slice)	10	414.01	20.59	9.75	0.00(M)	775.02	35.88	25.46
Empanada, Enchilada, Chicken 48/5oz, 2wg/2m Albie's - LR1438 (1 ea.)	1	300.00	11.00	5.00	0.00	650.00	32.00	19.00
Ham with Ranch Entree Salad - LR1460 (1 salad)	0	816.53	55.77	14.48	0.00(M)	1658.43	54.19	29.77

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Teriyaki Glazed Chicken Burger with Pineapple and Sweet Potato Fries - ServingDate: 11/01/2023								
Ham, and Cheese Sub Sandwich - LR1446 (1 sandwich)	1	421.67	21.77	9.38	0.00	1339.64	33.05	24.49
Hawaiian Pizza with Big Daddy's Pizza - LR1443 (1 slice)	10	456.44	20.45	9.84	0.00	996.49	38.30	33.73
Italian Salad - LR1480 (1 salad)	0	785.43	47.60	14.69	0.43(M)	1768.56	63.08	31.74
Pepperoni/Canadian Bacon and Cheese Sub Sandwich - LR1447 (1 sandwich)	1	611.29	38.52	15.35	0.61	1989.80	32.66	32.41
Pizza, Four Cheese Big Daddy's Primo, Schwans 68591 - LR1440 (1 slice)	10	350.00	17.00	8.00	0.00	470.00	34.00	19.00
Pizza, Garlic Cheese, 6" French Bread, Tony's, Schwans - LR1417 (1 pizza)	1	320.00	15.00	6.00	0.00	530.00	29.00	18.00
Pizza, Pepperoni, 6" French Bread, WG, Tony's - LR1439 (1 pizza)	1	360.00	16.00	7.00	0.00	660.00	35.00	19.00
Pizza-Big Daddy's Pepperoni - LR1089 (1 slice)	10	328.18	14.37	5.60	0.00	464.28	34.34	16.03
Southwest Chicken Salad - LR1477 (1 salad)	0	774.54 (M)	52.44 (M)	12.71 (M)	0.00(M)	1234.68 (M)	60.39 (M)	19.25 (M)
Sweet and Spicy Chicken Entree Salad - LR1464 (1 salad)	0	548.08 (M)	26.31 (M)	8.81(M)	0.00(M)	1507.03 (M)	65.30 (M)	17.02 (M)
Teriyaki Glazed Chicken Burger - LR1387 (1 burger)	35	363.52 (M)	4.97(M)	0.49(M)	0.00(M)	836.05 (M)	50.99 (M)	30.73 (M)
Turkey and Cheese Sub Sandwich - LR1444 (1 sandwich)	1	422.00	20.19	7.75	0.00	1328.92	33.09	28.13
Turkey with Ranch Entree Salad - LR1461 (1 salad)	0	817.92	54.06	12.69	0.00(M)	1652.15	54.26	33.98

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Teriyaki Glazed Chicken Burger with Pineapple and Sweet Potato Fries - ServingDate: 11/01/2023								
Turkey, Ham, and Cheese Sub Sandwich - LR1445 (1 sandwich)	1	436.80	21.47	8.73	0.00	1415.35	33.40	28.95
Garlic Toast - LR1111 (1 ea.)	1	70.00	2.50	0.50	0.00	95.00	11.00	2.00
Beets, pickled, canned, solids and liquids - LR1453 (1/2 cup slices)	0	73.78	0.09	0.01	0.00	169.12	18.48	0.91
Celery - LR1163 (1/2 cup choppe)	0	7.07	0.09	0.02	0.00	40.40	1.50	0.35
Onions, yellow, 3/8" diced, 4/5#, US Foods, 44998 - LR1435 (72 g.)	0	28.80	0.00	0.00	0.00	0.00	7.20	0.72
Simplot Sweets Sweet Potato Fries Crinkle Cut - LR1399 (1/2 c.)	100	130.00	4.50	0.50	0.00	170.00	21.00	1.00
* Juice, Orange, Cartons 100277 - LR1126 (1 Carton)	0	60.00	0.00	0.00	0.00	0.00	15.00	1.00
* Mixed Fruit Cup, W870 - LR1146 (1/2 c.)	0	80.00	0.00	0.00	0.00	15.00	19.00	0.00
Apple - LR1072 (1 ea.)	20	95.00	0.31	0.06	0.00	2.00	25.13	0.47
Applesauce - LR1075 (1/2 c.)	20	53.33	0.00	0.00	0.00	2.08	14.63	0.00
Banana - LR1074 (1 ea.)	20	105.02	0.39	0.13	0.00	1.18	26.95	1.29
Cherries, red, tart, osmotically dried, pitted, sweetened (may have sugar or other sweeteners added) [100299] - LR1426 (1/4 c.)	0	114.00	0.06	0.00	0.00	4.10	27.10	1.00
Fruit, Canned - LR1076 (1/2 c.)	20	59.99	0.00	0.00	0.00	4.99	14.99	0.00
Juice, Apple, 100%, 96/4oz, Thirster, 354977 - LR1437 (1 Carton)	0	60.00	0.00	0.00	0.00	0.00	15.00	0.00
Juice, Grape, Thirster - LR1451 (1 container)	0	60.00	0.00	0.00	0.00	0.00	15.00	0.00

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Teriyaki Glazed Chicken Burger with Pineapple and Sweet Potato Fries - ServingDate: 11/01/2023								
Orange - LR1073 (1 ea.)	20	61.57	0.16	0.02	0.00	0.00	15.39	1.23
Peaches, Diced, Cups, Frozen - LR1185 (1 ea.)	0	80.00	0.00	0.00	0.00	0.00	19.00	1.00
Pears, Diced, Fruit Bowl, 100% Juice, 4oz Dole - LR1372 (1 container)	0	70.00	0.00	0.00	0.00	0.00	18.00	1.00
Raisins, Unsweetened, Individual Package - LR1118 (1 ea.)	0	112.12	0.00	0.00	0.00	3.97	29.77	0.99
Tropical Fruit, in 100% Juice, Fruit Bowl, Dole - LR1454 (1 container)	0	60.00	0.00	0.00	0.00	5.00	15.00	1.00
Dark Green, Broccoli - LR1059 (1/8 c.)	10	3.87	0.04	0.01	0.00	3.75	0.76	0.32
Dark Green/Other, Romaine/Iceberg Mix - LR1069 (1/2 c.)	10	4.52	0.06	0.01	0.00	2.74	0.92	0.31
Legumes, Black Beans - LR1068 (1/8 c.)	4	27.25	0.00	0.00	0.00	35.00	5.00	1.75
Legumes, Garbanzo Beans - LR1067 (1/8 c.)	4	26.25	0.50	0.00	0.00	35.00	4.25	1.25
Other, Cauliflower - LR1060 (1/8 c.)	10	3.34	0.04	0.02	0.00	4.01	0.67	0.26
Other, Cucumbers - LR1061 (1/8 c.)	10	1.49	0.02	0.01	0.00	0.30	0.32	0.09
Other, Olives - LR1071 (1/8 c.)	1	19.49	1.83	0.38	0.00	123.48	1.01	0.14
Other, Pepperoncini - LR1070 (1/8 c.)	1	2.50	0.00	0.00	0.00	340.00	1.00	0.00
Other, Peppers, Green/Yellow - LR1063 (1/8 c.)	5	2.48	0.02	0.01	0.00	0.36	0.57	0.10
Red/Orange, Carrots - LR1065 (1/8 c.)	15	5.25	0.02	0.00	0.00	11.70	1.24	0.10
Red/Orange, Cherry Tomatoes - LR1077 (1/8 c.)	15	4.59	0.05	0.01	0.00	1.27	0.99	0.22
Red/Orange, Peppers, Red - LR1062 (1/8 c.)	5	2.99	0.04	0.01	0.00	0.46	0.69	0.11

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Teriyaki Glazed Chicken Burger with Pineapple and Sweet Potato Fries - ServingDate: 11/01/2023								
Starchy, Corn - LR1004 (1/8 c.)	5	5.61	0.05	0.01	0.00	0.19	1.32	0.19
Starchy, Peas - LR1066 (1/8 c.)	5	12.90	0.07	0.01	0.00	18.09	2.28	0.87
Milk - Chocolate Non Fat - LR1007 (1 ea.)	85	130.00	1.00	1.00	0.00	210.00	24.00	8.00
Milk - Lactose Free - LR1008 (1 ea.)	2	110.00	2.50	1.50	0.00	130.00	13.00	9.00
Milk - White 1% - LR1006 (1 ea.)	13	108.86	2.65	1.65	(M)	131.54	12.52	8.91
AHS Ranch Dressing - LR1433 (2 oz.)	0	299.82	32.72	4.91	0.00(M)	249.85	0.99	0.32
Caesar Dressing, Pouch, Ken's, 1.5oz - LR1452 (1 pkg.)	0	210.00	23.00	4.00	0.00	400.00	1.00	1.00
Nachos and Salad Bar - ServingDate: 11/02/2023								
*Cheeseburger - LR1226 (1 ea.)	1	360.00	18.50	8.00	0.50	790.00	28.00	22.00
*Mini Corn Dogs - LR1157 (6 ea.)	1	270.00	12.00	3.50	0.00	410.00	30.00	10.00
*Popcorn Chicken - LR1179 (12 piece)	1	250.00	14.00	2.50	0.00	380.00	15.00	15.00
Beef Nachos - LR1258 (1 serving)	35	548.73 (M)	29.29 (M)	11.42 (M)	0.00(M)	1160.14 (M)	35.68 (M)	35.22 (M)
AHS PBJ Sandwich - LR1436 (1 sandwich)	1	563.17	32.71	6.09	0.00	524.64	52.05	20.04
BBQ Pizza with Big Daddy's Primo Four Cheese Pizza - LR1441 (1 slice)	1	412.63 (M)	18.80 (M)	9.27(M)	0.00(M)	672.14 (M)	42.92 (M)	20.68 (M)
Cheesy Stuffed Breadsticks - LR1143 (2 Sticks)	1	290.00	11.00	6.00	0.00	500.00	28.00	19.00
Chef with Ranch Entree Salad - LR1462 (1 salad)	2	902.94	60.49	15.31	0.00(M)	1761.85	54.97	39.60
Chicken Asian Sesame Entree Salad - LR1465 (1 salad)	2	616.05 (M)	27.61 (M)	8.60(M)	0.00(M)	1577.66 (M)	77.76 (M)	17.49 (M)

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Nachos and Salad Bar - ServingDate: 11/02/2023								
Chicken Burger - LR1079 (1 ea.)	1	340.00	10.50	1.50	0.00	490.00	36.00	25.00
Chicken Caesar Salad - LR1471 (1 salad)	3	562.19 (M)	39.20 (M)	10.77 (M)	0.00(M)	1593.01 (M)	40.29 (M)	13.45 (M)
Chicken Caesar Wrap - LR1450 (1 ea.)	2	460.89 (M)	17.85 (M)	6.13(M)	0.00(M)	1123.18 (M)	39.55 (M)	32.52 (M)
Chicken Pesto Wrap - LR1449 (1 ea.)	1	617.64 (M)	39.07 (M)	9.62(M)	0.02(M)	663.36 (M)	35.17 (M)	28.48 (M)
Combination and Cheese Sub Sandwich - LR1469 (1 sandwich)	1	547.75	30.53	12.25	0.31	1875.45	33.24	35.04
Eagle Supreme Pizza - LR1442 (1 slice)	5	414.01	20.59	9.75	0.00(M)	775.02	35.88	25.46
Empanada, Enchilada, Chicken 48/5oz, 2wg/2m Albie's - LR1438 (1 ea.)	1	300.00	11.00	5.00	0.00	650.00	32.00	19.00
Ham with Ranch Entree Salad - LR1460 (1 salad)	2	816.53	55.77	14.48	0.00(M)	1658.43	54.19	29.77
Ham, and Cheese Sub Sandwich - LR1446 (1 sandwich)	1	421.67	21.77	9.38	0.00	1339.64	33.05	24.49
Hawaiian Pizza with Big Daddy's Pizza - LR1443 (1 slice)	10	456.44	20.45	9.84	0.00	996.49	38.30	33.73
Italian Salad - LR1480 (1 salad)	0	785.43	47.60	14.69	0.43(M)	1768.56	63.08	31.74
Pepperoni/Canadian Bacon and Cheese Sub Sandwich - LR1447 (1 sandwich)	1	611.29	38.52	15.35	0.61	1989.80	32.66	32.41
Pizza, Four Cheese Big Daddy's Primo, Schwans 68591 - LR1440 (1 slice)	10	350.00	17.00	8.00	0.00	470.00	34.00	19.00
Pizza, Garlic Cheese, 6" French Bread, Tony's, Schwans - LR1417 (1 pizza)	1	320.00	15.00	6.00	0.00	530.00	29.00	18.00
Pizza, Pepperoni, 6" French Bread, WG, Tony's - LR1439 (1 pizza)	1	360.00	16.00	7.00	0.00	660.00	35.00	19.00

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Nachos and Salad Bar - ServingDate: 11/02/2023								
Pizza-Big Daddy's Pepperoni - LR1089 (1 slice)	10	328.18	14.37	5.60	0.00	464.28	34.34	16.03
Southwest Chicken Salad - LR1477 (1 salad)	0	774.54 (M)	52.44 (M)	12.71 (M)	0.00(M)	1234.68 (M)	60.39 (M)	19.25 (M)
Sweet and Spicy Chicken Entree Salad - LR1464 (1 salad)	1	548.08 (M)	26.31 (M)	8.81(M)	0.00(M)	1507.03 (M)	65.30 (M)	17.02 (M)
Turkey and Cheese Sub Sandwich - LR1444 (1 sandwich)	1	422.00	20.19	7.75	0.00	1328.92	33.09	28.13
Turkey with Ranch Entree Salad - LR1461 (1 salad)	2	817.92	54.06	12.69	0.00(M)	1652.15	54.26	33.98
Turkey, Ham, and Cheese Sub Sandwich - LR1445 (1 sandwich)	1	436.80	21.47	8.73	0.00	1415.35	33.40	28.95
Garlic Toast - LR1111 (1 ea.)	1	70.00	2.50	0.50	0.00	95.00	11.00	2.00
Beets, pickled, canned, solids and liquids - LR1453 (1/2 cup slices)	0	73.78	0.09	0.01	0.00	169.12	18.48	0.91
Celery - LR1163 (1/2 cup choppe)	0	7.07	0.09	0.02	0.00	40.40	1.50	0.35
Onions, yellow, 3/8" diced, 4/5#, US Foods, 44998 - LR1435 (72 g.)	0	28.80	0.00	0.00	0.00	0.00	7.20	0.72
* Juice, Orange, Cartons 100277 - LR1126 (1 Carton)	0	60.00	0.00	0.00	0.00	0.00	15.00	1.00
* Mixed Fruit Cup, W870 - LR1146 (1/2 c.)	0	80.00	0.00	0.00	0.00	15.00	19.00	0.00
Apple - LR1072 (1 ea.)	20	95.00	0.31	0.06	0.00	2.00	25.13	0.47
Applesauce - LR1075 (1/2 c.)	20	53.33	0.00	0.00	0.00	2.08	14.63	0.00
Banana - LR1074 (1 ea.)	20	105.02	0.39	0.13	0.00	1.18	26.95	1.29
Blueberries with Whipped Topping - LR1470 (1 serving)	0	78.92	1.32	1.18	0.00(M)	3.40(M)	16.85	0.00

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Nachos and Salad Bar - ServingDate: 11/02/2023								
Cherries, red, tart, osmotically dried, pitted, sweetened (may have sugar or other sweeteners added) [100299] - LR1426 (1/4 c.)	0	114.00	0.06	0.00	0.00	4.10	27.10	1.00
Fruit, Canned - LR1076 (1/2 c.)	20	59.99	0.00	0.00	0.00	4.99	14.99	0.00
Juice, Apple, 100%, 96/4oz, Thirster, 354977 - LR1437 (1 Carton)	0	60.00	0.00	0.00	0.00	0.00	15.00	0.00
Juice, Grape, Thirster - LR1451 (1 container)	0	60.00	0.00	0.00	0.00	0.00	15.00	0.00
Orange - LR1073 (1 ea.)	20	61.57	0.16	0.02	0.00	0.00	15.39	1.23
Peach Cup with Whipped Topping - LR1467 (1 serving)	0	94.29	1.14	1.14	0.00(M)	0.00(M)	20.14	1.00
Peaches, Diced, Cups, Frozen - LR1185 (1 ea.)	0	80.00	0.00	0.00	0.00	0.00	19.00	1.00
Pears, Diced, Fruit Bowl, 100% Juice, 4oz Dole - LR1372 (1 container)	0	70.00	0.00	0.00	0.00	0.00	18.00	1.00
Raisins, Unsweetened, Individual Package - LR1118 (1 ea.)	0	112.12	0.00	0.00	0.00	3.97	29.77	0.99
Strawberry Cup with Whipped Topping - LR1346 (1 serving)	0	104.60	1.14	1.14	0.00(M)	0.00(M)	21.21	0.00
Tropical Fruit, in 100% Juice, Fruit Bowl, Dole - LR1454 (1 container)	0	60.00	0.00	0.00	0.00	5.00	15.00	1.00
Dark Green, Broccoli - LR1059 (1/8 c.)	10	3.87	0.04	0.01	0.00	3.75	0.76	0.32
Dark Green/Other, Romaine/Iceberg Mix - LR1069 (1/2 c.)	10	4.52	0.06	0.01	0.00	2.74	0.92	0.31
Legumes, Black Beans - LR1068 (1/8 c.)	4	27.25	0.00	0.00	0.00	35.00	5.00	1.75
Legumes, Garbanzo Beans - LR1067 (1/8 c.)	4	26.25	0.50	0.00	0.00	35.00	4.25	1.25

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Nachos and Salad Bar - ServingDate: 11/02/2023								
Other, Cauliflower - LR1060 (1/8 c.)	10	3.34	0.04	0.02	0.00	4.01	0.67	0.26
Other, Cucumbers - LR1061 (1/8 c.)	10	1.49	0.02	0.01	0.00	0.30	0.32	0.09
Other, Olives - LR1071 (1/8 c.)	1	19.49	1.83	0.38	0.00	123.48	1.01	0.14
Other, Pepperoncini - LR1070 (1/8 c.)	1	2.50	0.00	0.00	0.00	340.00	1.00	0.00
Other, Peppers, Green/Yellow - LR1063 (1/8 c.)	5	2.48	0.02	0.01	0.00	0.36	0.57	0.10
Red/Orange, Carrots - LR1065 (1/8 c.)	15	5.25	0.02	0.00	0.00	11.70	1.24	0.10
Red/Orange, Cherry Tomatoes - LR1077 (1/8 c.)	15	4.59	0.05	0.01	0.00	1.27	0.99	0.22
Red/Orange, Peppers, Red - LR1062 (1/8 c.)	5	2.99	0.04	0.01	0.00	0.46	0.69	0.11
Starchy, Corn - LR1004 (1/8 c.)	5	5.61	0.05	0.01	0.00	0.19	1.32	0.19
Starchy, Peas - LR1066 (1/8 c.)	5	12.90	0.07	0.01	0.00	18.09	2.28	0.87
Milk - Chocolate Non Fat - LR1007 (1 ea.)	85	130.00	1.00	1.00	0.00	210.00	24.00	8.00
Milk - Lactose Free - LR1008 (1 ea.)	2	110.00	2.50	1.50	0.00	130.00	13.00	9.00
Milk - White 1% - LR1006 (1 ea.)	13	108.86	2.65	1.65	(M)	131.54	12.52	8.91
AHS Pico de Gallo - LR1434 (2 Ounce serv)	25	13.47	0.12	0.01	0.00	13.06	3.02	0.56
AHS Ranch Dressing - LR1433 (2 oz.)	10	299.82	32.72	4.91	0.00(M)	249.85	0.99	0.32
Caesar Dressing, Pouch, Ken's, 1.5oz - LR1452 (1 pkg.)	2	210.00	23.00	4.00	0.00	400.00	1.00	1.00
Peppers, jalapeno, canned, solids and liquids - LR1455 (1/4 cup, chopp)	10	9.18	0.32	0.03	0.00	568.14	1.61	0.31
Sour Cream - LR1035 (1/4 c.)	5	(M)	(M)	(M)	(M)	(M)	(M)	(M)
USDA Salsa, Low-sodium, Canned - LR1428 (1/2 c.)	10	40.00	0.00	0.00	0.00	139.99	8.00	0.00

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
Tony's Garlic Cheese Toast with Marinara - ServingDate: 11/03/2023								
*Cheeseburger - LR1226 (1 ea.)	1	360.00	18.50	8.00	0.50	790.00	28.00	22.00
*Mini Corn Dogs - LR1157 (6 ea.)	0	270.00	12.00	3.50	0.00	410.00	30.00	10.00
*Popcorn Chicken - LR1179 (12 piece)	0	250.00	14.00	2.50	0.00	380.00	15.00	15.00
AHS PBJ Sandwich - LR1436 (1 sandwich)	1	563.17	32.71	6.09	0.00	524.64	52.05	20.04
BBQ Pizza with Big Daddy's Primo Four Cheese Pizza - LR1441 (1 slice)	5	412.63 (M)	18.80 (M)	9.27(M)	0.00(M)	672.14 (M)	42.92 (M)	20.68 (M)
Cheesy Stuffed Breadsticks - LR1143 (2 Sticks)	0	290.00	11.00	6.00	0.00	500.00	28.00	19.00
Chef with Ranch Entree Salad - LR1462 (1 salad)	5	902.94	60.49	15.31	0.00(M)	1761.85	54.97	39.60
Chicken Asian Sesame Entree Salad - LR1465 (1 salad)	5	616.05 (M)	27.61 (M)	8.60(M)	0.00(M)	1577.66 (M)	77.76 (M)	17.49 (M)
Chicken Burger - LR1079 (1 ea.)	1	340.00	10.50	1.50	0.00	490.00	36.00	25.00
Chicken Caesar Salad - LR1471 (1 salad)	5	562.19 (M)	39.20 (M)	10.77 (M)	0.00(M)	1593.01 (M)	40.29 (M)	13.45 (M)
Chicken Caesar Wrap - LR1450 (1 ea.)	1	460.89 (M)	17.85 (M)	6.13(M)	0.00(M)	1123.18 (M)	39.55 (M)	32.52 (M)
Chicken Pesto Wrap - LR1449 (1 ea.)	1	617.64 (M)	39.07 (M)	9.62(M)	0.02(M)	663.36 (M)	35.17 (M)	28.48 (M)
Combination and Cheese Sub Sandwich - LR1469 (1 sandwich)	0	547.75	30.53	12.25	0.31	1875.45	33.24	35.04
Eagle Supreme Pizza - LR1442 (1 slice)	5	414.01	20.59	9.75	0.00(M)	775.02	35.88	25.46
Empanada, Enchilada, Chicken 48/5oz, 2wg/2m Albie's - LR1438 (1 ea.)	0	300.00	11.00	5.00	0.00	650.00	32.00	19.00
Ham with Ranch Entree Salad - LR1460 (1 salad)	5	816.53	55.77	14.48	0.00(M)	1658.43	54.19	29.77
Ham, and Cheese Sub Sandwich - LR1446 (1 sandwich)	1	421.67	21.77	9.38	0.00	1339.64	33.05	24.49

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
Tony's Garlic Cheese Toast with Marinara - Serving Date: 11/03/2023								
Hawaiian Pizza with Big Daddy's Pizza - LR1443 (1 slice)	5	456.44	20.45	9.84	0.00	996.49	38.30	33.73
Italian Salad - LR1480 (1 salad)	0	785.43	47.60	14.69	0.43(M)	1768.56	63.08	31.74
Pepperoni/Canadian Bacon and Cheese Sub Sandwich - LR1447 (1 sandwich)	1	611.29	38.52	15.35	0.61	1989.80	32.66	32.41
Pizza, Four Cheese Big Daddy's Primo, Schwans 68591 - LR1440 (1 slice)	10	350.00	17.00	8.00	0.00	470.00	34.00	19.00
Pizza, Garlic Cheese, 6" French Bread, Tony's, Schwans - LR1417 (1 pizza)	35	320.00	15.00	6.00	0.00	530.00	29.00	18.00
Pizza, Pepperoni, 6" French Bread, WG, Tony's - LR1439 (1 pizza)	0	360.00	16.00	7.00	0.00	660.00	35.00	19.00
Pizza-Big Daddy's Pepperoni - LR1089 (1 slice)	5	328.18	14.37	5.60	0.00	464.28	34.34	16.03
Southwest Chicken Salad - LR1477 (1 salad)	0	774.54 (M)	52.44 (M)	12.71 (M)	0.00(M)	1234.68 (M)	60.39 (M)	19.25 (M)
Sweet and Spicy Chicken Entree Salad - LR1464 (1 salad)	1	548.08 (M)	26.31 (M)	8.81(M)	0.00(M)	1507.03 (M)	65.30 (M)	17.02 (M)
Turkey and Cheese Sub Sandwich - LR1444 (1 sandwich)	1	422.00	20.19	7.75	0.00	1328.92	33.09	28.13
Turkey with Ranch Entree Salad - LR1461 (1 salad)	5	817.92	54.06	12.69	0.00(M)	1652.15	54.26	33.98
Turkey, Ham, and Cheese Sub Sandwich - LR1445 (1 sandwich)	1	436.80	21.47	8.73	0.00	1415.35	33.40	28.95
Marinara Sauce Dipping Cups - LR1144 (1 ea.)	35	25.00	0.00	0.00	0.00	195.00	5.00	1.00
Garlic Toast - LR1111 (1 ea.)	0	70.00	2.50	0.50	0.00	95.00	11.00	2.00

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
Tony's Garlic Cheese Toast with Marinara - ServingDate: 11/03/2023								
Beets, pickled, canned, solids and liquids - LR1453 (1/2 cup slices)	0	73.78	0.09	0.01	0.00	169.12	18.48	0.91
Celery - LR1163 (1/2 cup choppe)	0	7.07	0.09	0.02	0.00	40.40	1.50	0.35
Onions, yellow, 3/8" diced, 4/5#, US Foods, 44998 - LR1435 (72 g.)	0	28.80	0.00	0.00	0.00	0.00	7.20	0.72
* Juice, Orange, Cartons 100277 - LR1126 (1 Carton)	0	60.00	0.00	0.00	0.00	0.00	15.00	1.00
* Mixed Fruit Cup, W870 - LR1146 (1/2 c.)	0	80.00	0.00	0.00	0.00	15.00	19.00	0.00
Apple - LR1072 (1 ea.)	20	95.00	0.31	0.06	0.00	2.00	25.13	0.47
Applesauce - LR1075 (1/2 c.)	20	53.33	0.00	0.00	0.00	2.08	14.63	0.00
Banana - LR1074 (1 ea.)	20	105.02	0.39	0.13	0.00	1.18	26.95	1.29
Blueberries with Whipped Topping - LR1470 (1 serving)	0	78.92	1.32	1.18	0.00(M)	3.40(M)	16.85	0.00
Cherries, red, tart, osmotically dried, pitted, sweetened (may have sugar or other sweeteners added) [100299] - LR1426 (1/4 c.)	0	114.00	0.06	0.00	0.00	4.10	27.10	1.00
Fruit, Canned - LR1076 (1/2 c.)	20	59.99	0.00	0.00	0.00	4.99	14.99	0.00
Juice, Apple, 100%, 96/4oz, Thirster, 354977 - LR1437 (1 Carton)	0	60.00	0.00	0.00	0.00	0.00	15.00	0.00
Juice, Grape, Thirster - LR1451 (1 container)	0	60.00	0.00	0.00	0.00	0.00	15.00	0.00
Orange - LR1073 (1 ea.)	20	61.57	0.16	0.02	0.00	0.00	15.39	1.23
Peach Cup with Whipped Topping - LR1467 (1 serving)	0	94.29	1.14	1.14	0.00(M)	0.00(M)	20.14	1.00

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
Tony's Garlic Cheese Toast with Marinara - ServingDate: 11/03/2023								
Peaches, Diced, Cups, Frozen - LR1185 (1 ea.)	0	80.00	0.00	0.00	0.00	0.00	19.00	1.00
Pears, Diced, Fruit Bowl, 100% Juice, 4oz Dole - LR1372 (1 container)	0	70.00	0.00	0.00	0.00	0.00	18.00	1.00
Raisins, Unsweetened, Individual Package - LR1118 (1 ea.)	0	112.12	0.00	0.00	0.00	3.97	29.77	0.99
Strawberry Cup with Whipped Topping - LR1346 (1 serving)	0	104.60	1.14	1.14	0.00(M)	0.00(M)	21.21	0.00
Tropical Fruit, in 100% Juice, Fruit Bowl, Dole - LR1454 (1 container)	0	60.00	0.00	0.00	0.00	5.00	15.00	1.00
Dark Green, Broccoli - LR1059 (1/8 c.)	10	3.87	0.04	0.01	0.00	3.75	0.76	0.32
Dark Green/Other, Romaine/Iceberg Mix - LR1069 (1/2 c.)	10	4.52	0.06	0.01	0.00	2.74	0.92	0.31
Legumes, Black Beans - LR1068 (1/8 c.)	4	27.25	0.00	0.00	0.00	35.00	5.00	1.75
Legumes, Garbanzo Beans - LR1067 (1/8 c.)	4	26.25	0.50	0.00	0.00	35.00	4.25	1.25
Other, Cauliflower - LR1060 (1/8 c.)	10	3.34	0.04	0.02	0.00	4.01	0.67	0.26
Other, Cucumbers - LR1061 (1/8 c.)	10	1.49	0.02	0.01	0.00	0.30	0.32	0.09
Other, Olives - LR1071 (1/8 c.)	1	19.49	1.83	0.38	0.00	123.48	1.01	0.14
Other, Pepperoncini - LR1070 (1/8 c.)	1	2.50	0.00	0.00	0.00	340.00	1.00	0.00
Other, Peppers, Green/Yellow - LR1063 (1/8 c.)	5	2.48	0.02	0.01	0.00	0.36	0.57	0.10
Red/Orange, Carrots - LR1065 (1/8 c.)	15	5.25	0.02	0.00	0.00	11.70	1.24	0.10
Red/Orange, Cherry Tomatoes - LR1077 (1/8 c.)	15	4.59	0.05	0.01	0.00	1.27	0.99	0.22
Red/Orange, Peppers, Red - LR1062 (1/8 c.)	5	2.99	0.04	0.01	0.00	0.46	0.69	0.11

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
Tony's Garlic Cheese Toast with Marinara - ServingDate: 11/03/2023								
Starchy, Corn - LR1004 (1/8 c.)	5	5.61	0.05	0.01	0.00	0.19	1.32	0.19
Starchy, Peas - LR1066 (1/8 c.)	5	12.90	0.07	0.01	0.00	18.09	2.28	0.87
Milk - Chocolate Non Fat - LR1007 (1 ea.)	85	130.00	1.00	1.00	0.00	210.00	24.00	8.00
Milk - Lactose Free - LR1008 (1 ea.)	2	110.00	2.50	1.50	0.00	130.00	13.00	9.00
Milk - White 1% - LR1006 (1 ea.)	13	108.86	2.65	1.65	(M)	131.54	12.52	8.91
AHS Ranch Dressing - LR1433 (2 oz.)	15	299.82	32.72	4.91	0.00(M)	249.85	0.99	0.32
Caesar Dressing, Pouch, Ken's, 1.5oz - LR1452 (1 pkg.)	15	210.00	23.00	4.00	0.00	400.00	1.00	1.00
Chicken Alfredo, Garlic Toast and Salad Bar - ServingDate: 11/06/2023								
*Cheeseburger - LR1226 (1 ea.)	2	360.00	18.50	8.00	0.50	790.00	28.00	22.00
*Mini Corn Dogs - LR1157 (6 ea.)	4	270.00	12.00	3.50	0.00	410.00	30.00	10.00
*Popcorn Chicken - LR1179 (12 piece)	4	250.00	14.00	2.50	0.00	380.00	15.00	15.00
Chicken Alfredo - LR1254 (1 serving)	30	331.71 (M)	13.60 (M)	6.42(M)	0.00(M)	505.78 (M)	46.18 (M)	11.53 (M)
AHS PBJ Sandwich - LR1436 (1 sandwich)	2	563.17	32.71	6.09	0.00	524.64	52.05	20.04
BBQ Pizza with Big Daddy's Primo Four Cheese Pizza - LR1441 (1 slice)	4	412.63 (M)	18.80 (M)	9.27(M)	0.00(M)	672.14 (M)	42.92 (M)	20.68 (M)
Cheesy Stuffed Breadsticks - LR1143 (2 Sticks)	2	290.00	11.00	6.00	0.00	500.00	28.00	19.00
Chef with Ranch Entree Salad - LR1462 (1 salad)	2	902.94	60.49	15.31	0.00(M)	1761.85	54.97	39.60
Chicken Asian Sesame Entree Salad - LR1465 (1 salad)	1	616.05 (M)	27.61 (M)	8.60(M)	0.00(M)	1577.66 (M)	77.76 (M)	17.49 (M)

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
Chicken Alfredo, Garlic Toast and Salad Bar - Serving Date: 11/06/2023								
Chicken Burger - LR1079 (1 ea.)	2	340.00	10.50	1.50	0.00	490.00	36.00	25.00
Chicken Caesar Wrap - LR1450 (1 ea.)	4	460.89 (M)	17.85 (M)	6.13(M)	0.00(M)	1123.18 (M)	39.55 (M)	32.52 (M)
Chicken Pesto Wrap - LR1449 (1 ea.)	2	617.64 (M)	39.07 (M)	9.62(M)	0.02(M)	663.36 (M)	35.17 (M)	28.48 (M)
Eagle Supreme Pizza - LR1442 (1 slice)	5	414.01	20.59	9.75	0.00(M)	775.02	35.88	25.46
Empanada, Enchilada, Chicken 48/5oz, 2wg/2m Albie's - LR1438 (1 ea.)	2	300.00	11.00	5.00	0.00	650.00	32.00	19.00
Ham with Ranch Entree Salad - LR1460 (1 salad)	3	816.53	55.77	14.48	0.00(M)	1658.43	54.19	29.77
Ham, and Cheese Sub Sandwich - LR1446 (1 sandwich)	2	421.67	21.77	9.38	0.00	1339.64	33.05	24.49
Hawaiian Pizza with Big Daddy's Pizza - LR1443 (1 slice)	5	456.44	20.45	9.84	0.00	996.49	38.30	33.73
Pepperoni/Canadian Bacon and Cheese Sub Sandwich - LR1447 (1 sandwich)	2	611.29	38.52	15.35	0.61	1989.80	32.66	32.41
Pizza, Four Cheese Big Daddy's Primo, Schwans 68591 - LR1440 (1 slice)	5	350.00	17.00	8.00	0.00	470.00	34.00	19.00
Pizza, Garlic Cheese, 6" French Bread, Tony's, Schwans - LR1417 (1 pizza)	2	320.00	15.00	6.00	0.00	530.00	29.00	18.00
Pizza, Pepperoni, 6" French Bread, WG, Tony's - LR1439 (1 pizza)	2	360.00	16.00	7.00	0.00	660.00	35.00	19.00
Pizza-Big Daddy's Pepperoni - LR1089 (1 slice)	5	328.18	14.37	5.60	0.00	464.28	34.34	16.03
Sweet and Spicy Chicken Entree Salad - LR1464 (1 salad)	1	548.08 (M)	26.31 (M)	8.81(M)	0.00(M)	1507.03 (M)	65.30 (M)	17.02 (M)

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
Chicken Alfredo, Garlic Toast and Salad Bar - Serving Date: 11/06/2023								
Turkey and Cheese Sub Sandwich - LR1444 (1 sandwich)	2	422.00	20.19	7.75	0.00	1328.92	33.09	28.13
Turkey with Ranch Entree Salad - LR1461 (1 salad)	3	817.92	54.06	12.69	0.00(M)	1652.15	54.26	33.98
Turkey, Ham, and Cheese Sub Sandwich - LR1445 (1 sandwich)	2	436.80	21.47	8.73	0.00	1415.35	33.40	28.95
Garlic Toast - LR1111 (1 ea.)	32	70.00	2.50	0.50	0.00	95.00	11.00	2.00
Apple - LR1072 (1 ea.)	20	95.00	0.31	0.06	0.00	2.00	25.13	0.47
Applesauce - LR1075 (1/2 c.)	20	53.33	0.00	0.00	0.00	2.08	14.63	0.00
Banana - LR1074 (1 ea.)	20	105.02	0.39	0.13	0.00	1.18	26.95	1.29
Fruit, Canned - LR1076 (1/2 c.)	20	59.99	0.00	0.00	0.00	4.99	14.99	0.00
Orange - LR1073 (1 ea.)	20	61.57	0.16	0.02	0.00	0.00	15.39	1.23
Dark Green, Broccoli - LR1059 (1/8 c.)	10	3.87	0.04	0.01	0.00	3.75	0.76	0.32
Dark Green/Other, Romaine/Iceberg Mix - LR1069 (1/2 c.)	10	4.52	0.06	0.01	0.00	2.74	0.92	0.31
Legumes, Black Beans - LR1068 (1/8 c.)	4	27.25	0.00	0.00	0.00	35.00	5.00	1.75
Legumes, Garbanzo Beans - LR1067 (1/8 c.)	4	26.25	0.50	0.00	0.00	35.00	4.25	1.25
Other, Cauliflower - LR1060 (1/8 c.)	10	3.34	0.04	0.02	0.00	4.01	0.67	0.26
Other, Cucumbers - LR1061 (1/8 c.)	10	1.49	0.02	0.01	0.00	0.30	0.32	0.09
Other, Olives - LR1071 (1/8 c.)	1	19.49	1.83	0.38	0.00	123.48	1.01	0.14
Other, Pepperoncini - LR1070 (1/8 c.)	1	2.50	0.00	0.00	0.00	340.00	1.00	0.00
Other, Peppers, Green/Yellow - LR1063 (1/8 c.)	5	2.48	0.02	0.01	0.00	0.36	0.57	0.10
Red/Orange, Carrots - LR1065 (1/8 c.)	15	5.25	0.02	0.00	0.00	11.70	1.24	0.10

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
Chicken Alfredo, Garlic Toast and Salad Bar - ServingDate: 11/06/2023								
Red/Orange, Cherry Tomatoes - LR1077 (1/8 c.)	15	4.59	0.05	0.01	0.00	1.27	0.99	0.22
Red/Orange, Peppers, Red - LR1062 (1/8 c.)	5	2.99	0.04	0.01	0.00	0.46	0.69	0.11
Starchy, Corn - LR1004 (1/8 c.)	5	5.61	0.05	0.01	0.00	0.19	1.32	0.19
Starchy, Peas - LR1066 (1/8 c.)	5	12.90	0.07	0.01	0.00	18.09	2.28	0.87
Milk - Chocolate Non Fat - LR1007 (1 ea.)	85	130.00	1.00	1.00	0.00	210.00	24.00	8.00
Milk - Lactose Free - LR1008 (1 ea.)	2	110.00	2.50	1.50	0.00	130.00	13.00	9.00
Milk - White 1% - LR1006 (1 ea.)	13	108.86	2.65	1.65	(M)	131.54	12.52	8.91
AHS Soft Taco and Salad Bar - ServingDate: 11/07/2023								
*Cheeseburger - LR1226 (1 ea.)	2	360.00	18.50	8.00	0.50	790.00	28.00	22.00
*Mini Corn Dogs - LR1157 (6 ea.)	2	270.00	12.00	3.50	0.00	410.00	30.00	10.00
*Popcorn Chicken - LR1179 (12 piece)	1	250.00	14.00	2.50	0.00	380.00	15.00	15.00
AHS PBJ Sandwich - LR1436 (1 sandwich)	2	563.17	32.71	6.09	0.00	524.64	52.05	20.04
BBQ Pizza with Big Daddy's Primo Four Cheese Pizza - LR1441 (1 slice)	5	412.63 (M)	18.80 (M)	9.27(M)	0.00(M)	672.14 (M)	42.92 (M)	20.68 (M)
Beef Soft Taco - LR1245 (1 taco)	35	471.31	22.18	8.85	0.00(M)	761.32	40.66	27.38
Cheesy Stuffed Breadsticks - LR1143 (2 Sticks)	1	290.00	11.00	6.00	0.00	500.00	28.00	19.00
Chef with Ranch Entree Salad - LR1462 (1 salad)	3	902.94	60.49	15.31	0.00(M)	1761.85	54.97	39.60
Chicken Asian Sesame Entree Salad - LR1465 (1 salad)	2	616.05 (M)	27.61 (M)	8.60(M)	0.00(M)	1577.66 (M)	77.76 (M)	17.49 (M)

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
AHS Soft Taco and Salad Bar - ServingDate: 11/07/2023								
Chicken Burger - LR1079 (1 ea.)	1	340.00	10.50	1.50	0.00	490.00	36.00	25.00
Chicken Caesar Salad - LR1471 (1 salad)	3	562.19 (M)	39.20 (M)	10.77 (M)	0.00(M)	1593.01 (M)	40.29 (M)	13.45 (M)
Chicken Caesar Wrap - LR1450 (1 ea.)	1	460.89 (M)	17.85 (M)	6.13(M)	0.00(M)	1123.18 (M)	39.55 (M)	32.52 (M)
Chicken Pesto Wrap - LR1449 (1 ea.)	1	617.64 (M)	39.07 (M)	9.62(M)	0.02(M)	663.36 (M)	35.17 (M)	28.48 (M)
Combination and Cheese Sub Sandwich - LR1469 (1 sandwich)	1	547.75	30.53	12.25	0.31	1875.45	33.24	35.04
Eagle Supreme Pizza - LR1442 (1 slice)	5	414.01	20.59	9.75	0.00(M)	775.02	35.88	25.46
Empanada, Enchilada, Chicken 48/5oz, 2wg/2m Albie's - LR1438 (1 ea.)	1	300.00	11.00	5.00	0.00	650.00	32.00	19.00
Ham with Ranch Entree Salad - LR1460 (1 salad)	2	816.53	55.77	14.48	0.00(M)	1658.43	54.19	29.77
Ham, and Cheese Sub Sandwich - LR1446 (1 sandwich)	2	421.67	21.77	9.38	0.00	1339.64	33.05	24.49
Hawaiian Pizza with Big Daddy's Pizza - LR1443 (1 slice)	5	456.44	20.45	9.84	0.00	996.49	38.30	33.73
Italian Salad - LR1480 (1 salad)	0	785.43	47.60	14.69	0.43(M)	1768.56	63.08	31.74
Pepperoni/Canadian Bacon and Cheese Sub Sandwich - LR1447 (1 sandwich)	2	611.29	38.52	15.35	0.61	1989.80	32.66	32.41
Pizza, Four Cheese Big Daddy's Primo, Schwans 68591 - LR1440 (1 slice)	5	350.00	17.00	8.00	0.00	470.00	34.00	19.00
Pizza, Garlic Cheese, 6" French Bread, Tony's, Schwans - LR1417 (1 pizza)	1	320.00	15.00	6.00	0.00	530.00	29.00	18.00
Pizza, Pepperoni, 6" French Bread, WG, Tony's - LR1439 (1 pizza)	5	360.00	16.00	7.00	0.00	660.00	35.00	19.00

Menu Calendar Nutrient Analysis Report - November, 2023

Site: ALL
 Date: 11/01/2023 - 11/30/2023

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
AHS Soft Taco and Salad Bar - ServingDate: 11/07/2023								
Pizza-Big Daddy's Pepperoni - LR1089 (1 slice)	5	328.18	14.37	5.60	0.00	464.28	34.34	16.03
Southwest Chicken Salad - LR1477 (1 salad)	0	774.54 (M)	52.44 (M)	12.71 (M)	0.00(M)	1234.68 (M)	60.39 (M)	19.25 (M)
Sweet and Spicy Chicken Entree Salad - LR1464 (1 salad)	1	548.08 (M)	26.31 (M)	8.81(M)	0.00(M)	1507.03 (M)	65.30 (M)	17.02 (M)
Turkey and Cheese Sub Sandwich - LR1444 (1 sandwich)	2	422.00	20.19	7.75	0.00	1328.92	33.09	28.13
Turkey with Ranch Entree Salad - LR1461 (1 salad)	2	817.92	54.06	12.69	0.00(M)	1652.15	54.26	33.98
Turkey, Ham, and Cheese Sub Sandwich - LR1445 (1 sandwich)	2	436.80	21.47	8.73	0.00	1415.35	33.40	28.95
Garlic Toast - LR1111 (1 ea.)	1	70.00	2.50	0.50	0.00	95.00	11.00	2.00
* Juice, Orange, Cartons 100277 - LR1126 (1 Carton)	0	60.00	0.00	0.00	0.00	0.00	15.00	1.00
* Mixed Fruit Cup, W870 - LR1146 (1/2 c.)	0	80.00	0.00	0.00	0.00	15.00	19.00	0.00
Apple - LR1072 (1 ea.)	20	95.00	0.31	0.06	0.00	2.00	25.13	0.47
Applesauce - LR1075 (1/2 c.)	20	53.33	0.00	0.00	0.00	2.08	14.63	0.00
Banana - LR1074 (1 ea.)	20	105.02	0.39	0.13	0.00	1.18	26.95	1.29
Blueberries with Whipped Topping - LR1470 (1 serving)	0	78.92	1.32	1.18	0.00(M)	3.40(M)	16.85	0.00
Cherries, red, tart, osmotically dried, pitted, sweetened (may have sugar or other sweeteners added) [100299] - LR1426 (1/4 c.)	0	114.00	0.06	0.00	0.00	4.10	27.10	1.00
Fruit, Canned - LR1076 (1/2 c.)	20	59.99	0.00	0.00	0.00	4.99	14.99	0.00

Menu Calendar Nutrient Analysis Report - November, 2023

Site: ALL
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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
AHS Soft Taco and Salad Bar - ServingDate: 11/07/2023								
Juice, Apple, 100%, 96/4oz, Thirster, 354977 - LR1437 (1 Carton)	0	60.00	0.00	0.00	0.00	0.00	15.00	0.00
Juice, Grape, Thirster - LR1451 (1 container)	0	60.00	0.00	0.00	0.00	0.00	15.00	0.00
Orange - LR1073 (1 ea.)	20	61.57	0.16	0.02	0.00	0.00	15.39	1.23
Peach Cup with Whipped Topping - LR1467 (1 serving)	0	94.29	1.14	1.14	0.00(M)	0.00(M)	20.14	1.00
Peaches, Diced, Cups, Frozen - LR1185 (1 ea.)	0	80.00	0.00	0.00	0.00	0.00	19.00	1.00
Pears, Diced, Fruit Bowl, 100% Juice, 4oz Dole - LR1372 (1 container)	0	70.00	0.00	0.00	0.00	0.00	18.00	1.00
Raisins, Unsweetened, Individual Package - LR1118 (1 ea.)	0	112.12	0.00	0.00	0.00	3.97	29.77	0.99
Strawberry Cup with Whipped Topping - LR1346 (1 serving)	0	104.60	1.14	1.14	0.00(M)	0.00(M)	21.21	0.00
Tropical Fruit, in 100% Juice, Fruit Bowl, Dole - LR1454 (1 container)	0	60.00	0.00	0.00	0.00	5.00	15.00	1.00
Dark Green, Broccoli - LR1059 (1/8 c.)	10	3.87	0.04	0.01	0.00	3.75	0.76	0.32
Dark Green/Other, Romaine/Iceberg Mix - LR1069 (1/2 c.)	10	4.52	0.06	0.01	0.00	2.74	0.92	0.31
Legumes, Black Beans - LR1068 (1/8 c.)	4	27.25	0.00	0.00	0.00	35.00	5.00	1.75
Legumes, Garbanzo Beans - LR1067 (1/8 c.)	4	26.25	0.50	0.00	0.00	35.00	4.25	1.25
Other, Cauliflower - LR1060 (1/8 c.)	10	3.34	0.04	0.02	0.00	4.01	0.67	0.26
Other, Cucumbers - LR1061 (1/8 c.)	10	1.49	0.02	0.01	0.00	0.30	0.32	0.09
Other, Olives - LR1071 (1/8 c.)	1	19.49	1.83	0.38	0.00	123.48	1.01	0.14
Other, Pepperoncini - LR1070 (1/8 c.)	1	2.50	0.00	0.00	0.00	340.00	1.00	0.00

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Site: ALL

Date: 11/01/2023 - 11/30/2023

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
AHS Soft Taco and Salad Bar - ServingDate: 11/07/2023								
Other, Peppers, Green/Yellow - LR1063 (1/8 c.)	5	2.48	0.02	0.01	0.00	0.36	0.57	0.10
Red/Orange, Carrots - LR1065 (1/8 c.)	15	5.25	0.02	0.00	0.00	11.70	1.24	0.10
Red/Orange, Cherry Tomatoes - LR1077 (1/8 c.)	15	4.59	0.05	0.01	0.00	1.27	0.99	0.22
Red/Orange, Peppers, Red - LR1062 (1/8 c.)	5	2.99	0.04	0.01	0.00	0.46	0.69	0.11
Starchy, Corn - LR1004 (1/8 c.)	5	5.61	0.05	0.01	0.00	0.19	1.32	0.19
Starchy, Peas - LR1066 (1/8 c.)	5	12.90	0.07	0.01	0.00	18.09	2.28	0.87
Milk - Chocolate Non Fat - LR1007 (1 ea.)	85	130.00	1.00	1.00	0.00	210.00	24.00	8.00
Milk - Lactose Free - LR1008 (1 ea.)	2	110.00	2.50	1.50	0.00	130.00	13.00	9.00
Milk - White 1% - LR1006 (1 ea.)	13	108.86	2.65	1.65	(M)	131.54	12.52	8.91
AHS Pico de Gallo - LR1434 (2 Ounce serv)	30	13.47	0.12	0.01	0.00	13.06	3.02	0.56
Sour Cream - LR1035 (1/4 c.)	20	(M)	(M)	(M)	(M)	(M)	(M)	(M)
USDA Salsa, tomato, canned, low-sodium, contains: peeled tomatoes, tomato puree, onions, green chile peppers, jalapenos, salt, vinegar and any mixture of green peppers, cilantro, cumin, coriander, xanthan gum, flavorings, modified - LR1427 (2 tbsp.)	20	11.25	0.06	0.01	0.00	35.00	2.18	0.47
pulled pork sandwich, baked beans, crinkle cut fries and salad bar - ServingDate: 11/08/2023								
*Cheeseburger - LR1226 (1 ea.)	2	360.00	18.50	8.00	0.50	790.00	28.00	22.00

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
pulled pork sandwich, baked beans, crinkle cut fries and salad bar - ServingDate: 11/08/2023								
*Mini Corn Dogs - LR1157 (6 ea.)	2	270.00	12.00	3.50	0.00	410.00	30.00	10.00
*Popcorn Chicken - LR1179 (12 piece)	2	250.00	14.00	2.50	0.00	380.00	15.00	15.00
AHS PBJ Sandwich - LR1436 (1 sandwich)	2	563.17	32.71	6.09	0.00	524.64	52.05	20.04
BBQ Pizza with Big Daddy's Primo Four Cheese Pizza - LR1441 (1 slice)	5	412.63 (M)	18.80 (M)	9.27(M)	0.00(M)	672.14 (M)	42.92 (M)	20.68 (M)
BBQ Pulled Pork Sandwich - LR1299 (1 sandwich)	35	317.39	7.83	2.53	0.00	709.78	40.21	20.92
Cheesy Stuffed Breadsticks - LR1143 (2 Sticks)	2	290.00	11.00	6.00	0.00	500.00	28.00	19.00
Chef with Ranch Entree Salad - LR1462 (1 salad)	1	902.94	60.49	15.31	0.00(M)	1761.85	54.97	39.60
Chicken Asian Sesame Entree Salad - LR1465 (1 salad)	1	616.05 (M)	27.61 (M)	8.60(M)	0.00(M)	1577.66 (M)	77.76 (M)	17.49 (M)
Chicken Burger - LR1079 (1 ea.)	2	340.00	10.50	1.50	0.00	490.00	36.00	25.00
Chicken Caesar Salad - LR1471 (1 salad)	4	562.19 (M)	39.20 (M)	10.77 (M)	0.00(M)	1593.01 (M)	40.29 (M)	13.45 (M)
Chicken Caesar Wrap - LR1450 (1 ea.)	2	460.89 (M)	17.85 (M)	6.13(M)	0.00(M)	1123.18 (M)	39.55 (M)	32.52 (M)
Chicken Pesto Wrap - LR1449 (1 ea.)	2	617.64 (M)	39.07 (M)	9.62(M)	0.02(M)	663.36 (M)	35.17 (M)	28.48 (M)
Combination and Cheese Sub Sandwich - LR1469 (1 sandwich)	1	547.75	30.53	12.25	0.31	1875.45	33.24	35.04
Eagle Supreme Pizza - LR1442 (1 slice)	5	414.01	20.59	9.75	0.00(M)	775.02	35.88	25.46
Empanada, Enchilada, Chicken 48/5oz, 2wg/2m Albie's - LR1438 (1 ea.)	2	300.00	11.00	5.00	0.00	650.00	32.00	19.00
Ham with Ranch Entree Salad - LR1460 (1 salad)	1	816.53	55.77	14.48	0.00(M)	1658.43	54.19	29.77

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
pulled pork sandwich, baked beans, crinkle cut fries and salad bar - ServingDate: 11/08/2023								
Ham, and Cheese Sub Sandwich - LR1446 (1 sandwich)	2	421.67	21.77	9.38	0.00	1339.64	33.05	24.49
Hawaiian Pizza with Big Daddy's Pizza - LR1443 (1 slice)	5	456.44	20.45	9.84	0.00	996.49	38.30	33.73
Pepperoni/Canadian Bacon and Cheese Sub Sandwich - LR1447 (1 sandwich)	2	611.29	38.52	15.35	0.61	1989.80	32.66	32.41
Pizza, Four Cheese Big Daddy's Primo, Schwans 68591 - LR1440 (1 slice)	5	350.00	17.00	8.00	0.00	470.00	34.00	19.00
Pizza, Garlic Cheese, 6" French Bread, Tony's, Schwans - LR1417 (1 pizza)	2	320.00	15.00	6.00	0.00	530.00	29.00	18.00
Pizza, Pepperoni, 6" French Bread, WG, Tony's - LR1439 (1 pizza)	2	360.00	16.00	7.00	0.00	660.00	35.00	19.00
Pizza-Big Daddy's Pepperoni - LR1089 (1 slice)	5	328.18	14.37	5.60	0.00	464.28	34.34	16.03
Sweet and Spicy Chicken Entree Salad - LR1464 (1 salad)	1	548.08 (M)	26.31 (M)	8.81(M)	0.00(M)	1507.03 (M)	65.30 (M)	17.02 (M)
Turkey and Cheese Sub Sandwich - LR1444 (1 sandwich)	2	422.00	20.19	7.75	0.00	1328.92	33.09	28.13
Turkey with Ranch Entree Salad - LR1461 (1 salad)	1	817.92	54.06	12.69	0.00(M)	1652.15	54.26	33.98
Turkey, Ham, and Cheese Sub Sandwich - LR1445 (1 sandwich)	2	436.80	21.47	8.73	0.00	1415.35	33.40	28.95
Garlic Toast - LR1111 (1 ea.)	2	70.00	2.50	0.50	0.00	95.00	11.00	2.00
Baked Beans - LR1264 (3/4 cup, drain)	5	330.00	1.50	0.00	0.00	765.00	64.50	16.50
Crinkle Cut Fries - LR1098 (3/4 c.)	35	150.00	6.00	0.75	0.00	270.00	21.00	2.70

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
pulled pork sandwich, baked beans, crinkle cut fries and salad bar - ServingDate: 11/08/2023								
* Juice, Orange, Cartons 100277 - LR1126 (1 Carton)	0	60.00	0.00	0.00	0.00	0.00	15.00	1.00
* Mixed Fruit Cup, W870 - LR1146 (1/2 c.)	0	80.00	0.00	0.00	0.00	15.00	19.00	0.00
Apple - LR1072 (1 ea.)	20	95.00	0.31	0.06	0.00	2.00	25.13	0.47
Applesauce - LR1075 (1/2 c.)	20	53.33	0.00	0.00	0.00	2.08	14.63	0.00
Banana - LR1074 (1 ea.)	20	105.02	0.39	0.13	0.00	1.18	26.95	1.29
Blueberries with Whipped Topping - LR1470 (1 serving)	0	78.92	1.32	1.18	0.00(M)	3.40(M)	16.85	0.00
Cherries, red, tart, osmotically dried, pitted, sweetened (may have sugar or other sweeteners added) [100299] - LR1426 (1/4 c.)	0	114.00	0.06	0.00	0.00	4.10	27.10	1.00
Fruit, Canned - LR1076 (1/2 c.)	20	59.99	0.00	0.00	0.00	4.99	14.99	0.00
Juice, Apple, 100%, 96/4oz, Thirster, 354977 - LR1437 (1 Carton)	0	60.00	0.00	0.00	0.00	0.00	15.00	0.00
Juice, Grape, Thirster - LR1451 (1 container)	0	60.00	0.00	0.00	0.00	0.00	15.00	0.00
Orange - LR1073 (1 ea.)	20	61.57	0.16	0.02	0.00	0.00	15.39	1.23
Peach Cup with Whipped Topping - LR1467 (1 serving)	0	94.29	1.14	1.14	0.00(M)	0.00(M)	20.14	1.00
Peaches, Diced, Cups, Frozen - LR1185 (1 ea.)	0	80.00	0.00	0.00	0.00	0.00	19.00	1.00
Pears, Diced, Fruit Bowl, 100% Juice, 4oz Dole - LR1372 (1 container)	0	70.00	0.00	0.00	0.00	0.00	18.00	1.00
Raisins, Unsweetened, Individual Package - LR1118 (1 ea.)	0	112.12	0.00	0.00	0.00	3.97	29.77	0.99

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
pulled pork sandwich, baked beans, crinkle cut fries and salad bar - ServingDate: 11/08/2023								
Strawberry Cup with Whipped Topping - LR1346 (1 serving)	0	104.60	1.14	1.14	0.00(M)	0.00(M)	21.21	0.00
Tropical Fruit, in 100% Juice, Fruit Bowl, Dole - LR1454 (1 container)	0	60.00	0.00	0.00	0.00	5.00	15.00	1.00
Dark Green, Broccoli - LR1059 (1/8 c.)	10	3.87	0.04	0.01	0.00	3.75	0.76	0.32
Dark Green/Other, Romaine/Iceberg Mix - LR1069 (1/2 c.)	10	4.52	0.06	0.01	0.00	2.74	0.92	0.31
Legumes, Black Beans - LR1068 (1/8 c.)	4	27.25	0.00	0.00	0.00	35.00	5.00	1.75
Legumes, Garbanzo Beans - LR1067 (1/8 c.)	4	26.25	0.50	0.00	0.00	35.00	4.25	1.25
Other, Cauliflower - LR1060 (1/8 c.)	10	3.34	0.04	0.02	0.00	4.01	0.67	0.26
Other, Cucumbers - LR1061 (1/8 c.)	10	1.49	0.02	0.01	0.00	0.30	0.32	0.09
Other, Olives - LR1071 (1/8 c.)	1	19.49	1.83	0.38	0.00	123.48	1.01	0.14
Other, Pepperoncini - LR1070 (1/8 c.)	1	2.50	0.00	0.00	0.00	340.00	1.00	0.00
Other, Peppers, Green/Yellow - LR1063 (1/8 c.)	5	2.48	0.02	0.01	0.00	0.36	0.57	0.10
Red/Orange, Carrots - LR1065 (1/8 c.)	15	5.25	0.02	0.00	0.00	11.70	1.24	0.10
Red/Orange, Cherry Tomatoes - LR1077 (1/8 c.)	15	4.59	0.05	0.01	0.00	1.27	0.99	0.22
Red/Orange, Peppers, Red - LR1062 (1/8 c.)	5	2.99	0.04	0.01	0.00	0.46	0.69	0.11
Starchy, Corn - LR1004 (1/8 c.)	5	5.61	0.05	0.01	0.00	0.19	1.32	0.19
Starchy, Peas - LR1066 (1/8 c.)	5	12.90	0.07	0.01	0.00	18.09	2.28	0.87
Milk - Chocolate Non Fat - LR1007 (1 ea.)	85	130.00	1.00	1.00	0.00	210.00	24.00	8.00
Milk - Lactose Free - LR1008 (1 ea.)	2	110.00	2.50	1.50	0.00	130.00	13.00	9.00

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
pulled pork sandwich, baked beans, crinkle cut fries and salad bar - ServingDate: 11/08/2023								
Milk - White 1% - LR1006 (1 ea.)	13	108.86	2.65	1.65	(M)	131.54	12.52	8.91
Chicken Enchilada Empanada and Salad Bar - ServingDate: 11/09/2023								
*Cheeseburger - LR1226 (1 ea.)	2	360.00	18.50	8.00	0.50	790.00	28.00	22.00
*Mini Corn Dogs - LR1157 (6 ea.)	2	270.00	12.00	3.50	0.00	410.00	30.00	10.00
*Popcorn Chicken - LR1179 (12 piece)	2	250.00	14.00	2.50	0.00	380.00	15.00	15.00
AHS PBJ Sandwich - LR1436 (1 sandwich)	2	563.17	32.71	6.09	0.00	524.64	52.05	20.04
BBQ Pizza with Big Daddy's Primo Four Cheese Pizza - LR1441 (1 slice)	2	412.63 (M)	18.80 (M)	9.27(M)	0.00(M)	672.14 (M)	42.92 (M)	20.68 (M)
Cheesy Stuffed Breadsticks - LR1143 (2 Sticks)	2	290.00	11.00	6.00	0.00	500.00	28.00	19.00
Chef with Ranch Entree Salad - LR1462 (1 salad)	5	902.94	60.49	15.31	0.00(M)	1761.85	54.97	39.60
Chicken Asian Sesame Entree Salad - LR1465 (1 salad)	2	616.05 (M)	27.61 (M)	8.60(M)	0.00(M)	1577.66 (M)	77.76 (M)	17.49 (M)
Chicken Burger - LR1079 (1 ea.)	2	340.00	10.50	1.50	0.00	490.00	36.00	25.00
Chicken Caesar Salad - LR1471 (1 salad)	5	562.19 (M)	39.20 (M)	10.77 (M)	0.00(M)	1593.01 (M)	40.29 (M)	13.45 (M)
Chicken Caesar Wrap - LR1450 (1 ea.)	2	460.89 (M)	17.85 (M)	6.13(M)	0.00(M)	1123.18 (M)	39.55 (M)	32.52 (M)
Chicken Pesto Wrap - LR1449 (1 ea.)	2	617.64 (M)	39.07 (M)	9.62(M)	0.02(M)	663.36 (M)	35.17 (M)	28.48 (M)
Combination and Cheese Sub Sandwich - LR1469 (1 sandwich)	2	547.75	30.53	12.25	0.31	1875.45	33.24	35.04
Eagle Supreme Pizza - LR1442 (1 slice)	5	414.01	20.59	9.75	0.00(M)	775.02	35.88	25.46

Menu Calendar Nutrient Analysis Report - November, 2023

Site: ALL

Date: 11/01/2023 - 11/30/2023

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
Chicken Enchilada Empanada and Salad Bar - Serving Date: 11/09/2023								
Empanada, Enchilada, Chicken 48/5oz, 2wg/2m Albie's - LR1438 (1 ea.)	40	300.00	11.00	5.00	0.00	650.00	32.00	19.00
Ham with Ranch Entree Salad - LR1460 (1 salad)	2	816.53	55.77	14.48	0.00(M)	1658.43	54.19	29.77
Ham, and Cheese Sub Sandwich - LR1446 (1 sandwich)	1	421.67	21.77	9.38	0.00	1339.64	33.05	24.49
Hawaiian Pizza with Big Daddy's Pizza - LR1443 (1 slice)	2	456.44	20.45	9.84	0.00	996.49	38.30	33.73
Pepperoni/Canadian Bacon and Cheese Sub Sandwich - LR1447 (1 sandwich)	1	611.29	38.52	15.35	0.61	1989.80	32.66	32.41
Pizza, Four Cheese Big Daddy's Primo, Schwans 68591 - LR1440 (1 slice)	5	350.00	17.00	8.00	0.00	470.00	34.00	19.00
Pizza, Garlic Cheese, 6" French Bread, Tony's, Schwans - LR1417 (1 pizza)	1	320.00	15.00	6.00	0.00	530.00	29.00	18.00
Pizza, Pepperoni, 6" French Bread, WG, Tony's - LR1439 (1 pizza)	1	360.00	16.00	7.00	0.00	660.00	35.00	19.00
Pizza-Big Daddy's Pepperoni - LR1089 (1 slice)	5	328.18	14.37	5.60	0.00	464.28	34.34	16.03
Sweet and Spicy Chicken Entree Salad - LR1464 (1 salad)	1	548.08 (M)	26.31 (M)	8.81(M)	0.00(M)	1507.03 (M)	65.30 (M)	17.02 (M)
Turkey and Cheese Sub Sandwich - LR1444 (1 sandwich)	1	422.00	20.19	7.75	0.00	1328.92	33.09	28.13
Turkey with Ranch Entree Salad - LR1461 (1 salad)	2	817.92	54.06	12.69	0.00(M)	1652.15	54.26	33.98
Turkey, Ham, and Cheese Sub Sandwich - LR1445 (1 sandwich)	1	436.80	21.47	8.73	0.00	1415.35	33.40	28.95
Garlic Toast - LR1111 (1 ea.)	0	70.00	2.50	0.50	0.00	95.00	11.00	2.00

Menu Calendar Nutrient Analysis Report - November, 2023

Site: ALL

Date: 11/01/2023 - 11/30/2023

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
Chicken Enchilada Empanada and Salad Bar - ServingDate: 11/09/2023								
* Juice, Orange, Cartons 100277 - LR1126 (1 Carton)	0	60.00	0.00	0.00	0.00	0.00	15.00	1.00
* Mixed Fruit Cup, W870 - LR1146 (1/2 c.)	0	80.00	0.00	0.00	0.00	15.00	19.00	0.00
Apple - LR1072 (1 ea.)	20	95.00	0.31	0.06	0.00	2.00	25.13	0.47
Applesauce - LR1075 (1/2 c.)	20	53.33	0.00	0.00	0.00	2.08	14.63	0.00
Banana - LR1074 (1 ea.)	20	105.02	0.39	0.13	0.00	1.18	26.95	1.29
Blueberries with Whipped Topping - LR1470 (1 serving)	0	78.92	1.32	1.18	0.00(M)	3.40(M)	16.85	0.00
Cherries, red, tart, osmotically dried, pitted, sweetened (may have sugar or other sweeteners added) [100299] - LR1426 (1/4 c.)	0	114.00	0.06	0.00	0.00	4.10	27.10	1.00
Fruit, Canned - LR1076 (1/2 c.)	20	59.99	0.00	0.00	0.00	4.99	14.99	0.00
Juice, Apple, 100%, 96/4oz, Thirster, 354977 - LR1437 (1 Carton)	0	60.00	0.00	0.00	0.00	0.00	15.00	0.00
Juice, Grape, Thirster - LR1451 (1 container)	0	60.00	0.00	0.00	0.00	0.00	15.00	0.00
Orange - LR1073 (1 ea.)	20	61.57	0.16	0.02	0.00	0.00	15.39	1.23
Peach Cup with Whipped Topping - LR1467 (1 serving)	0	94.29	1.14	1.14	0.00(M)	0.00(M)	20.14	1.00
Peaches, Diced, Cups, Frozen - LR1185 (1 ea.)	0	80.00	0.00	0.00	0.00	0.00	19.00	1.00
Pears, Diced, Fruit Bowl, 100% Juice, 4oz Dole - LR1372 (1 container)	0	70.00	0.00	0.00	0.00	0.00	18.00	1.00
Raisins, Unsweetened, Individual Package - LR1118 (1 ea.)	0	112.12	0.00	0.00	0.00	3.97	29.77	0.99

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Site: ALL

Date: 11/01/2023 - 11/30/2023

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
Chicken Enchilada Empanada and Salad Bar - ServingDate: 11/09/2023								
Strawberry Cup with Whipped Topping - LR1346 (1 serving)	0	104.60	1.14	1.14	0.00(M)	0.00(M)	21.21	0.00
Tropical Fruit, in 100% Juice, Fruit Bowl, Dole - LR1454 (1 container)	0	60.00	0.00	0.00	0.00	5.00	15.00	1.00
Dark Green, Broccoli - LR1059 (1/8 c.)	10	3.87	0.04	0.01	0.00	3.75	0.76	0.32
Dark Green/Other, Romaine/Iceberg Mix - LR1069 (1/2 c.)	10	4.52	0.06	0.01	0.00	2.74	0.92	0.31
Legumes, Black Beans - LR1068 (1/8 c.)	4	27.25	0.00	0.00	0.00	35.00	5.00	1.75
Legumes, Garbanzo Beans - LR1067 (1/8 c.)	4	26.25	0.50	0.00	0.00	35.00	4.25	1.25
Other, Cauliflower - LR1060 (1/8 c.)	10	3.34	0.04	0.02	0.00	4.01	0.67	0.26
Other, Cucumbers - LR1061 (1/8 c.)	10	1.49	0.02	0.01	0.00	0.30	0.32	0.09
Other, Olives - LR1071 (1/8 c.)	1	19.49	1.83	0.38	0.00	123.48	1.01	0.14
Other, Pepperoncini - LR1070 (1/8 c.)	1	2.50	0.00	0.00	0.00	340.00	1.00	0.00
Other, Peppers, Green/Yellow - LR1063 (1/8 c.)	5	2.48	0.02	0.01	0.00	0.36	0.57	0.10
Red/Orange, Carrots - LR1065 (1/8 c.)	15	5.25	0.02	0.00	0.00	11.70	1.24	0.10
Red/Orange, Cherry Tomatoes - LR1077 (1/8 c.)	15	4.59	0.05	0.01	0.00	1.27	0.99	0.22
Red/Orange, Peppers, Red - LR1062 (1/8 c.)	5	2.99	0.04	0.01	0.00	0.46	0.69	0.11
Starchy, Corn - LR1004 (1/8 c.)	5	5.61	0.05	0.01	0.00	0.19	1.32	0.19
Starchy, Peas - LR1066 (1/8 c.)	5	12.90	0.07	0.01	0.00	18.09	2.28	0.87
Milk - Chocolate Non Fat - LR1007 (1 ea.)	85	130.00	1.00	1.00	0.00	210.00	24.00	8.00
Milk - Lactose Free - LR1008 (1 ea.)	2	110.00	2.50	1.50	0.00	130.00	13.00	9.00
Milk - White 1% - LR1006 (1 ea.)	13	108.86	2.65	1.65	(M)	131.54	12.52	8.91

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Date: 11/01/2023 - 11/30/2023

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
Beef Ravioli, Garlic Toast and Salad Bar - Serving Date: 11/13/2023								
*Cheeseburger - LR1226 (1 ea.)	1	360.00	18.50	8.00	0.50	790.00	28.00	22.00
*Mini Corn Dogs - LR1157 (6 ea.)	1	270.00	12.00	3.50	0.00	410.00	30.00	10.00
*Popcorn Chicken - LR1179 (12 piece)	1	250.00	14.00	2.50	0.00	380.00	15.00	15.00
AHS PBJ Sandwich - LR1436 (1 sandwich)	1	563.17	32.71	6.09	0.00	524.64	52.05	20.04
BBQ Pizza with Big Daddy's Primo Four Cheese Pizza - LR1441 (1 slice)	10	412.63 (M)	18.80 (M)	9.27(M)	0.00(M)	672.14 (M)	42.92 (M)	20.68 (M)
Beef Ravioli in Meat Sauce - LR1306 (8 pcs.)	30	260.00	8.00	3.50	(M)	600.00	30.00	16.00
Cheesy Stuffed Breadsticks - LR1143 (2 Sticks)	1	290.00	11.00	6.00	0.00	500.00	28.00	19.00
Chef with Ranch Entree Salad - LR1462 (1 salad)	0	902.94	60.49	15.31	0.00(M)	1761.85	54.97	39.60
Chicken Asian Sesame Entree Salad - LR1465 (1 salad)	0	616.05 (M)	27.61 (M)	8.60(M)	0.00(M)	1577.66 (M)	77.76 (M)	17.49 (M)
Chicken Burger - LR1079 (1 ea.)	1	340.00	10.50	1.50	0.00	490.00	36.00	25.00
Chicken Caesar Wrap - LR1450 (1 ea.)	6	460.89 (M)	17.85 (M)	6.13(M)	0.00(M)	1123.18 (M)	39.55 (M)	32.52 (M)
Chicken Pesto Wrap - LR1449 (1 ea.)	1	617.64 (M)	39.07 (M)	9.62(M)	0.02(M)	663.36 (M)	35.17 (M)	28.48 (M)
Combination and Cheese Sub Sandwich - LR1469 (1 sandwich)	0	547.75	30.53	12.25	0.31	1875.45	33.24	35.04
Eagle Supreme Pizza - LR1442 (1 slice)	10	414.01	20.59	9.75	0.00(M)	775.02	35.88	25.46
Empanada, Enchilada, Chicken 48/5oz, 2wg/2m Albie's - LR1438 (1 ea.)	1	300.00	11.00	5.00	0.00	650.00	32.00	19.00
Ham with Ranch Entree Salad - LR1460 (1 salad)	0	816.53	55.77	14.48	0.00(M)	1658.43	54.19	29.77

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Date: 11/01/2023 - 11/30/2023

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
Beef Ravioli, Garlic Toast and Salad Bar - Serving Date: 11/13/2023								
Ham, and Cheese Sub Sandwich - LR1446 (1 sandwich)	1	421.67	21.77	9.38	0.00	1339.64	33.05	24.49
Hawaiian Pizza with Big Daddy's Pizza - LR1443 (1 slice)	10	456.44	20.45	9.84	0.00	996.49	38.30	33.73
Pepperoni/Canadian Bacon and Cheese Sub Sandwich - LR1447 (1 sandwich)	1	611.29	38.52	15.35	0.61	1989.80	32.66	32.41
Pizza, Four Cheese Big Daddy's Primo, Schwans 68591 - LR1440 (1 slice)	10	350.00	17.00	8.00	0.00	470.00	34.00	19.00
Pizza, Garlic Cheese, 6" French Bread, Tony's, Schwans - LR1417 (1 pizza)	1	320.00	15.00	6.00	0.00	530.00	29.00	18.00
Pizza, Pepperoni, 6" French Bread, WG, Tony's - LR1439 (1 pizza)	1	360.00	16.00	7.00	0.00	660.00	35.00	19.00
Pizza-Big Daddy's Pepperoni - LR1089 (1 slice)	10	328.18	14.37	5.60	0.00	464.28	34.34	16.03
Sweet and Spicy Chicken Entree Salad - LR1464 (1 salad)	0	548.08 (M)	26.31 (M)	8.81(M)	0.00(M)	1507.03 (M)	65.30 (M)	17.02 (M)
Turkey and Cheese Sub Sandwich - LR1444 (1 sandwich)	1	422.00	20.19	7.75	0.00	1328.92	33.09	28.13
Turkey with Ranch Entree Salad - LR1461 (1 salad)	0	817.92	54.06	12.69	0.00(M)	1652.15	54.26	33.98
Turkey, Ham, and Cheese Sub Sandwich - LR1445 (1 sandwich)	1	436.80	21.47	8.73	0.00	1415.35	33.40	28.95
Frosted Sugar Cookie - LR1271 (1 1/2 oz.)	100	172.00	6.70	1.80	(M)	78.00	27.00	1.70
shredded mozzarella - LR1334 (1/4 c.)	35	80.00	5.00	3.00	(M)	200.00	2.00	7.00
Garlic Toast - LR1111 (2 ea.)	1	140.00	5.00	1.00	0.00	190.00	22.00	4.00

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
Beef Ravioli, Garlic Toast and Salad Bar - Serving Date: 11/13/2023								
Beets, pickled, canned, solids and liquids - LR1453 (1/2 cup slices)	1	73.78	0.09	0.01	0.00	169.12	18.48	0.91
Celery - LR1163 (1/2 cup choppe)	1	7.07	0.09	0.02	0.00	40.40	1.50	0.35
Onions, yellow, 3/8" diced, 4/5#, US Foods, 44998 - LR1435 (72 g.)	1	28.80	0.00	0.00	0.00	0.00	7.20	0.72
* Juice, Orange, Cartons 100277 - LR1126 (1 Carton)	0	60.00	0.00	0.00	0.00	0.00	15.00	1.00
* Mixed Fruit Cup, W870 - LR1146 (1/2 c.)	20	80.00	0.00	0.00	0.00	15.00	19.00	0.00
Apple - LR1072 (1 ea.)	20	95.00	0.31	0.06	0.00	2.00	25.13	0.47
Applesauce - LR1075 (1/2 c.)	20	53.33	0.00	0.00	0.00	2.08	14.63	0.00
Banana - LR1074 (1 ea.)	0	105.02	0.39	0.13	0.00	1.18	26.95	1.29
Blueberries with Whipped Topping - LR1470 (1 serving)	0	78.92	1.32	1.18	0.00(M)	3.40(M)	16.85	0.00
Cherries, red, tart, osmotically dried, pitted, sweetened (may have sugar or other sweeteners added) [100299] - LR1426 (1/4 c.)	0	114.00	0.06	0.00	0.00	4.10	27.10	1.00
Fruit, Canned - LR1076 (1/2 c.)	20	59.99	0.00	0.00	0.00	4.99	14.99	0.00
Juice, Apple, 100%, 96/4oz, Thirster, 354977 - LR1437 (1 Carton)	0	60.00	0.00	0.00	0.00	0.00	15.00	0.00
Juice, Grape, Thirster - LR1451 (1 container)	0	60.00	0.00	0.00	0.00	0.00	15.00	0.00
Orange - LR1073 (1 ea.)	20	61.57	0.16	0.02	0.00	0.00	15.39	1.23
Peach Cup with Whipped Topping - LR1467 (1 serving)	0	94.29	1.14	1.14	0.00(M)	0.00(M)	20.14	1.00

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
Beef Ravioli, Garlic Toast and Salad Bar - Serving Date: 11/13/2023								
Peaches, Diced, Cups, Frozen - LR1185 (1 ea.)	0	80.00	0.00	0.00	0.00	0.00	19.00	1.00
Pears, Diced, Fruit Bowl, 100% Juice, 4oz Dole - LR1372 (1 container)	0	70.00	0.00	0.00	0.00	0.00	18.00	1.00
Raisins, Unsweetened, Individual Package - LR1118 (1 ea.)	0	112.12	0.00	0.00	0.00	3.97	29.77	0.99
Strawberry Cup with Whipped Topping - LR1346 (1 serving)	0	104.60	1.14	1.14	0.00(M)	0.00(M)	21.21	0.00
Tropical Fruit, in 100% Juice, Fruit Bowl, Dole - LR1454 (1 container)	0	60.00	0.00	0.00	0.00	5.00	15.00	1.00
Dark Green, Broccoli - LR1059 (1/8 c.)	10	3.87	0.04	0.01	0.00	3.75	0.76	0.32
Dark Green/Other, Romaine/Iceberg Mix - LR1069 (1/2 c.)	10	4.52	0.06	0.01	0.00	2.74	0.92	0.31
Legumes, Black Beans - LR1068 (1/8 c.)	4	27.25	0.00	0.00	0.00	35.00	5.00	1.75
Legumes, Garbanzo Beans - LR1067 (1/8 c.)	4	26.25	0.50	0.00	0.00	35.00	4.25	1.25
Other, Cauliflower - LR1060 (1/8 c.)	10	3.34	0.04	0.02	0.00	4.01	0.67	0.26
Other, Cucumbers - LR1061 (1/8 c.)	10	1.49	0.02	0.01	0.00	0.30	0.32	0.09
Other, Olives - LR1071 (1/8 c.)	1	19.49	1.83	0.38	0.00	123.48	1.01	0.14
Other, Pepperoncini - LR1070 (1/8 c.)	1	2.50	0.00	0.00	0.00	340.00	1.00	0.00
Other, Peppers, Green/Yellow - LR1063 (1/8 c.)	5	2.48	0.02	0.01	0.00	0.36	0.57	0.10
Red/Orange, Carrots - LR1065 (1/8 c.)	15	5.25	0.02	0.00	0.00	11.70	1.24	0.10
Red/Orange, Cherry Tomatoes - LR1077 (1/8 c.)	15	4.59	0.05	0.01	0.00	1.27	0.99	0.22
Red/Orange, Peppers, Red - LR1062 (1/8 c.)	5	2.99	0.04	0.01	0.00	0.46	0.69	0.11

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
Beef Ravioli, Garlic Toast and Salad Bar - ServingDate: 11/13/2023								
Starchy, Corn - LR1004 (1/8 c.)	5	5.61	0.05	0.01	0.00	0.19	1.32	0.19
Starchy, Peas - LR1066 (1/8 c.)	5	12.90	0.07	0.01	0.00	18.09	2.28	0.87
Milk - Chocolate Non Fat - LR1007 (1 ea.)	85	130.00	1.00	1.00	0.00	210.00	24.00	8.00
Milk - Lactose Free - LR1008 (1 ea.)	2	110.00	2.50	1.50	0.00	130.00	13.00	9.00
Milk - White 1% - LR1006 (1 ea.)	13	108.86	2.65	1.65	(M)	131.54	12.52	8.91
AHS Ranch Dressing - LR1433 (2 oz.)	0	299.82	32.72	4.91	0.00(M)	249.85	0.99	0.32
Caesar Dressing, Pouch, Ken's, 1.5oz - LR1452 (1 pkg.)	0	210.00	23.00	4.00	0.00	400.00	1.00	1.00
AHS Taco Salad w/salad bar - ServingDate: 11/14/2023								
*Cheeseburger - LR1226 (1 ea.)	0	360.00	18.50	8.00	0.50	790.00	28.00	22.00
*Mini Corn Dogs - LR1157 (6 ea.)	0	270.00	12.00	3.50	0.00	410.00	30.00	10.00
*Popcorn Chicken - LR1179 (12 piece)	0	250.00	14.00	2.50	0.00	380.00	15.00	15.00
AHS PBJ Sandwich - LR1436 (1 sandwich)	0	563.17	32.71	6.09	0.00	524.64	52.05	20.04
AHS Signature Taco Salad - LR1236 (1 salad)	36	512.20 (M)	25.86 (M)	8.81(M)	0.00(M)	717.61 (M)	49.22 (M)	22.86 (M)
BBQ Pizza with Big Daddy's Primo Four Cheese Pizza - LR1441 (1 slice)	0	412.63 (M)	18.80 (M)	9.27(M)	0.00(M)	672.14 (M)	42.92 (M)	20.68 (M)
Cheesy Stuffed Breadsticks - LR1143 (2 Sticks)	0	290.00	11.00	6.00	0.00	500.00	28.00	19.00
Chef with Ranch Entree Salad - LR1462 (1 salad)	0	902.94	60.49	15.31	0.00(M)	1761.85	54.97	39.60
Chicken Asian Sesame Entree Salad - LR1465 (1 salad)	0	616.05 (M)	27.61 (M)	8.60(M)	0.00(M)	1577.66 (M)	77.76 (M)	17.49 (M)

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
AHS Taco Salad w/salad bar - ServingDate: 11/14/2023								
Chicken Burger - LR1079 (1 ea.)	0	340.00	10.50	1.50	0.00	490.00	36.00	25.00
Chicken Caesar Salad - LR1471 (1 salad)	0	562.19 (M)	39.20 (M)	10.77 (M)	0.00(M)	1593.01 (M)	40.29 (M)	13.45 (M)
Chicken Caesar Wrap - LR1450 (1 ea.)	0	460.89 (M)	17.85 (M)	6.13(M)	0.00(M)	1123.18 (M)	39.55 (M)	32.52 (M)
Chicken Pesto Wrap - LR1449 (1 ea.)	0	617.64 (M)	39.07 (M)	9.62(M)	0.02(M)	663.36 (M)	35.17 (M)	28.48 (M)
Combination and Cheese Sub Sandwich - LR1469 (1 sandwich)	0	547.75	30.53	12.25	0.31	1875.45	33.24	35.04
Eagle Supreme Pizza - LR1442 (1 slice)	0	414.01	20.59	9.75	0.00(M)	775.02	35.88	25.46
Empanada, Enchilada, Chicken 48/5oz, 2wg/2m Albie's - LR1438 (1 ea.)	0	300.00	11.00	5.00	0.00	650.00	32.00	19.00
Ham with Ranch Entree Salad - LR1460 (1 salad)	0	816.53	55.77	14.48	0.00(M)	1658.43	54.19	29.77
Ham, and Cheese Sub Sandwich - LR1446 (1 sandwich)	0	421.67	21.77	9.38	0.00	1339.64	33.05	24.49
Hawaiian Pizza with Big Daddy's Pizza - LR1443 (1 slice)	8	456.44	20.45	9.84	0.00	996.49	38.30	33.73
Italian Salad - LR1480 (1 salad)	0	785.43	47.60	14.69	0.43(M)	1768.56	63.08	31.74
Pepperoni/Canadian Bacon and Cheese Sub Sandwich - LR1447 (1 sandwich)	0	611.29	38.52	15.35	0.61	1989.80	32.66	32.41
Pizza, Four Cheese Big Daddy's Primo, Schwans 68591 - LR1440 (1 slice)	10	350.00	17.00	8.00	0.00	470.00	34.00	19.00
Pizza, Garlic Cheese, 6" French Bread, Tony's, Schwans - LR1417 (1 pizza)	0	320.00	15.00	6.00	0.00	530.00	29.00	18.00
Pizza, Pepperoni, 6" French Bread, WG, Tony's - LR1439 (1 pizza)	0	360.00	16.00	7.00	0.00	660.00	35.00	19.00

Menu Calendar Nutrient Analysis Report - November, 2023

Site: ALL
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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
AHS Taco Salad w/salad bar - ServingDate: 11/14/2023								
Pizza-Big Daddy's Pepperoni - LR1089 (1 slice)	46	328.18	14.37	5.60	0.00	464.28	34.34	16.03
Southwest Chicken Salad - LR1477 (1 salad)	0	774.54 (M)	52.44 (M)	12.71 (M)	0.00(M)	1234.68 (M)	60.39 (M)	19.25 (M)
Sweet and Spicy Chicken Entree Salad - LR1464 (1 salad)	0	548.08 (M)	26.31 (M)	8.81(M)	0.00(M)	1507.03 (M)	65.30 (M)	17.02 (M)
Turkey and Cheese Sub Sandwich - LR1444 (1 sandwich)	0	422.00	20.19	7.75	0.00	1328.92	33.09	28.13
Turkey with Ranch Entree Salad - LR1461 (1 salad)	0	817.92	54.06	12.69	0.00(M)	1652.15	54.26	33.98
Turkey, Ham, and Cheese Sub Sandwich - LR1445 (1 sandwich)	0	436.80	21.47	8.73	0.00	1415.35	33.40	28.95
Garlic Toast - LR1111 (1 ea.)	1	70.00	2.50	0.50	0.00	95.00	11.00	2.00
Beets, pickled, canned, solids and liquids - LR1453 (1/2 cup slices)	1	73.78	0.09	0.01	0.00	169.12	18.48	0.91
Celery - LR1163 (1/2 cup choppe)	1	7.07	0.09	0.02	0.00	40.40	1.50	0.35
Onions, yellow, 3/8" diced, 4/5#, US Foods, 44998 - LR1435 (72 g.)	1	28.80	0.00	0.00	0.00	0.00	7.20	0.72
* Juice, Orange, Cartons 100277 - LR1126 (1 Carton)	0	60.00	0.00	0.00	0.00	0.00	15.00	1.00
* Mixed Fruit Cup, W870 - LR1146 (1/2 c.)	0	80.00	0.00	0.00	0.00	15.00	19.00	0.00
Apple - LR1072 (1 ea.)	20	95.00	0.31	0.06	0.00	2.00	25.13	0.47
Applesauce - LR1075 (1/2 c.)	20	53.33	0.00	0.00	0.00	2.08	14.63	0.00
Banana - LR1074 (1 ea.)	15	105.02	0.39	0.13	0.00	1.18	26.95	1.29
Blueberries with Whipped Topping - LR1470 (1 serving)	0	78.92	1.32	1.18	0.00(M)	3.40(M)	16.85	0.00

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
AHS Taco Salad w/salad bar - ServingDate: 11/14/2023								
Cherries, red, tart, osmotically dried, pitted, sweetened (may have sugar or other sweeteners added) [100299] - LR1426 (1/4 c.)	0	114.00	0.06	0.00	0.00	4.10	27.10	1.00
Fruit, Canned - LR1076 (1/2 c.)	10	59.99	0.00	0.00	0.00	4.99	14.99	0.00
Juice, Apple, 100%, 96/4oz, Thirster, 354977 - LR1437 (1 Carton)	0	60.00	0.00	0.00	0.00	0.00	15.00	0.00
Juice, Grape, Thirster - LR1451 (1 container)	0	60.00	0.00	0.00	0.00	0.00	15.00	0.00
Orange - LR1073 (1 ea.)	10	61.57	0.16	0.02	0.00	0.00	15.39	1.23
Peach Cup with Whipped Topping - LR1467 (1 serving)	0	94.29	1.14	1.14	0.00(M)	0.00(M)	20.14	1.00
Peaches, Diced, Cups, Frozen - LR1185 (1 ea.)	0	80.00	0.00	0.00	0.00	0.00	19.00	1.00
Pears, Diced, Fruit Bowl, 100% Juice, 4oz Dole - LR1372 (1 container)	0	70.00	0.00	0.00	0.00	0.00	18.00	1.00
Raisins, Unsweetened, Individual Package - LR1118 (1 ea.)	10	112.12	0.00	0.00	0.00	3.97	29.77	0.99
Strawberry Cup with Whipped Topping - LR1346 (1 serving)	0	104.60	1.14	1.14	0.00(M)	0.00(M)	21.21	0.00
Tropical Fruit, in 100% Juice, Fruit Bowl, Dole - LR1454 (1 container)	15	60.00	0.00	0.00	0.00	5.00	15.00	1.00
Dark Green, Broccoli - LR1059 (1/8 c.)	10	3.87	0.04	0.01	0.00	3.75	0.76	0.32
Dark Green/Other, Romaine/Iceberg Mix - LR1069 (1/2 c.)	10	4.52	0.06	0.01	0.00	2.74	0.92	0.31
Legumes, Black Beans - LR1068 (1/8 c.)	4	27.25	0.00	0.00	0.00	35.00	5.00	1.75
Legumes, Garbanzo Beans - LR1067 (1/8 c.)	4	26.25	0.50	0.00	0.00	35.00	4.25	1.25

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
AHS Taco Salad w/salad bar - ServingDate: 11/14/2023								
Other, Cauliflower - LR1060 (1/8 c.)	10	3.34	0.04	0.02	0.00	4.01	0.67	0.26
Other, Cucumbers - LR1061 (1/8 c.)	10	1.49	0.02	0.01	0.00	0.30	0.32	0.09
Other, Olives - LR1071 (1/8 c.)	1	19.49	1.83	0.38	0.00	123.48	1.01	0.14
Other, Pepperoncini - LR1070 (1/8 c.)	1	2.50	0.00	0.00	0.00	340.00	1.00	0.00
Other, Peppers, Green/Yellow - LR1063 (1/8 c.)	5	2.48	0.02	0.01	0.00	0.36	0.57	0.10
Red/Orange, Carrots - LR1065 (1/8 c.)	15	5.25	0.02	0.00	0.00	11.70	1.24	0.10
Red/Orange, Cherry Tomatoes - LR1077 (1/8 c.)	15	4.59	0.05	0.01	0.00	1.27	0.99	0.22
Red/Orange, Peppers, Red - LR1062 (1/8 c.)	5	2.99	0.04	0.01	0.00	0.46	0.69	0.11
Starchy, Corn - LR1004 (1/8 c.)	5	5.61	0.05	0.01	0.00	0.19	1.32	0.19
Starchy, Peas - LR1066 (1/8 c.)	5	12.90	0.07	0.01	0.00	18.09	2.28	0.87
Milk - Chocolate Non Fat - LR1007 (1 ea.)	85	130.00	1.00	1.00	0.00	210.00	24.00	8.00
Milk - Lactose Free - LR1008 (1 ea.)	2	110.00	2.50	1.50	0.00	130.00	13.00	9.00
Milk - White 1% - LR1006 (1 ea.)	13	108.86	2.65	1.65	(M)	131.54	12.52	8.91
AHS Pico de Gallo - LR1434 (2 Ounce serv)	20	13.47	0.12	0.01	0.00	13.06	3.02	0.56
AHS Ranch Dressing - LR1433 (2 oz.)	5	299.82	32.72	4.91	0.00(M)	249.85	0.99	0.32
Caesar Dressing, Pouch, Ken's, 1.5oz - LR1452 (1 pkg.)	4	210.00	23.00	4.00	0.00	400.00	1.00	1.00
Sour Cream - LR1035 (1/4 c.)	20	(M)	(M)	(M)	(M)	(M)	(M)	(M)

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
AHS Taco Salad w/salad bar - ServingDate: 11/14/2023								
USDA Salsa, tomato, canned, low-sodium, contains: peeled tomatoes, tomato puree, onions, green chile peppers, jalapenos, salt, vinegar and any mixture of green peppers, cilantro, cumin, coriander, xanthan gum, flavorings, modified - LR1427 (2 tbsp.)	20	11.25	0.06	0.01	0.00	35.00	2.18	0.47
Chicken and Waffles with Salad Bar - ServingDate: 11/15/2023								
* Chicken Tenders - LR1153 (3 ea.)	35	330.00	18.00	3.00	0.00	600.00	18.00	30.00
*Cheeseburger - LR1226 (1 ea.)	1	360.00	18.50	8.00	0.50	790.00	28.00	22.00
*Mini Corn Dogs - LR1157 (6 ea.)	1	270.00	12.00	3.50	0.00	410.00	30.00	10.00
*Popcorn Chicken - LR1179 (12 piece)	1	250.00	14.00	2.50	0.00	380.00	15.00	15.00
AHS PBJ Sandwich - LR1436 (1 sandwich)	1	563.17	32.71	6.09	0.00	524.64	52.05	20.04
BBQ Pizza with Big Daddy's Primo Four Cheese Pizza - LR1441 (1 slice)	10	412.63 (M)	18.80 (M)	9.27(M)	0.00(M)	672.14 (M)	42.92 (M)	20.68 (M)
Cheesy Stuffed Breadsticks - LR1143 (2 Sticks)	1	290.00	11.00	6.00	0.00	500.00	28.00	19.00
Chef with Ranch Entree Salad - LR1462 (1 salad)	0	902.94	60.49	15.31	0.00(M)	1761.85	54.97	39.60
Chicken Asian Sesame Entree Salad - LR1465 (1 salad)	0	616.05 (M)	27.61 (M)	8.60(M)	0.00(M)	1577.66 (M)	77.76 (M)	17.49 (M)
Chicken Burger - LR1079 (1 ea.)	1	340.00	10.50	1.50	0.00	490.00	36.00	25.00
Chicken Caesar Salad - LR1471 (1 salad)	0	562.19 (M)	39.20 (M)	10.77 (M)	0.00(M)	1593.01 (M)	40.29 (M)	13.45 (M)
Chicken Caesar Wrap - LR1450 (1 ea.)	1	460.89 (M)	17.85 (M)	6.13(M)	0.00(M)	1123.18 (M)	39.55 (M)	32.52 (M)

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
Chicken and Waffles with Salad Bar - ServingDate: 11/15/2023								
Chicken Pesto Wrap - LR1449 (1 ea.)	1	617.64 (M)	39.07 (M)	9.62(M)	0.02(M)	663.36 (M)	35.17 (M)	28.48 (M)
Combination and Cheese Sub Sandwich - LR1469 (1 sandwich)	0	547.75	30.53	12.25	0.31	1875.45	33.24	35.04
Eagle Supreme Pizza - LR1442 (1 slice)	10	414.01	20.59	9.75	0.00(M)	775.02	35.88	25.46
Empanada, Enchilada, Chicken 48/5oz, 2wg/2m Albie's - LR1438 (1 ea.)	1	300.00	11.00	5.00	0.00	650.00	32.00	19.00
Ham with Ranch Entree Salad - LR1460 (1 salad)	0	816.53	55.77	14.48	0.00(M)	1658.43	54.19	29.77
Ham, and Cheese Sub Sandwich - LR1446 (1 sandwich)	1	421.67	21.77	9.38	0.00	1339.64	33.05	24.49
Hawaiian Pizza with Big Daddy's Pizza - LR1443 (1 slice)	10	456.44	20.45	9.84	0.00	996.49	38.30	33.73
Pepperoni/Canadian Bacon and Cheese Sub Sandwich - LR1447 (1 sandwich)	1	611.29	38.52	15.35	0.61	1989.80	32.66	32.41
Pizza, Four Cheese Big Daddy's Primo, Schwans 68591 - LR1440 (1 slice)	10	350.00	17.00	8.00	0.00	470.00	34.00	19.00
Pizza, Garlic Cheese, 6" French Bread, Tony's, Schwans - LR1417 (1 pizza)	1	320.00	15.00	6.00	0.00	530.00	29.00	18.00
Pizza, Pepperoni, 6" French Bread, WG, Tony's - LR1439 (1 pizza)	1	360.00	16.00	7.00	0.00	660.00	35.00	19.00
Pizza-Big Daddy's Pepperoni - LR1089 (1 slice)	10	328.18	14.37	5.60	0.00	464.28	34.34	16.03
Sweet and Spicy Chicken Entree Salad - LR1464 (1 salad)	0	548.08 (M)	26.31 (M)	8.81(M)	0.00(M)	1507.03 (M)	65.30 (M)	17.02 (M)
Turkey and Cheese Sub Sandwich - LR1444 (1 sandwich)	1	422.00	20.19	7.75	0.00	1328.92	33.09	28.13

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
Chicken and Waffles with Salad Bar - Serving Date: 11/15/2023								
Turkey with Ranch Entree Salad - LR1461 (1 salad)	0	817.92	54.06	12.69	0.00(M)	1652.15	54.26	33.98
Turkey, Ham, and Cheese Sub Sandwich - LR1445 (1 sandwich)	1	436.80	21.47	8.73	0.00	1415.35	33.40	28.95
Garlic Toast - LR1111 (1 ea.)	1	70.00	2.50	0.50	0.00	95.00	11.00	2.00
Maple Waffle - LR1290 (1 waffle)	35	240.00	9.00	2.50	(M)	200.00	33.00	5.00
Beets, pickled, canned, solids and liquids - LR1453 (1/2 cup slices)	0	73.78	0.09	0.01	0.00	169.12	18.48	0.91
Celery - LR1163 (1/2 cup choppe)	0	7.07	0.09	0.02	0.00	40.40	1.50	0.35
Onions, yellow, 3/8" diced, 4/5#, US Foods, 44998 - LR1435 (72 g.)	0	28.80	0.00	0.00	0.00	0.00	7.20	0.72
* Juice, Orange, Cartons 100277 - LR1126 (1 Carton)	0	60.00	0.00	0.00	0.00	0.00	15.00	1.00
* Mixed Fruit Cup, W870 - LR1146 (1/2 c.)	0	80.00	0.00	0.00	0.00	15.00	19.00	0.00
Apple - LR1072 (1 ea.)	20	95.00	0.31	0.06	0.00	2.00	25.13	0.47
Applesauce - LR1075 (1/2 c.)	20	53.33	0.00	0.00	0.00	2.08	14.63	0.00
Banana - LR1074 (1 ea.)	20	105.02	0.39	0.13	0.00	1.18	26.95	1.29
Blueberries with Whipped Topping - LR1470 (1 serving)	0	78.92	1.32	1.18	0.00(M)	3.40(M)	16.85	0.00
Cherries, red, tart, osmotically dried, pitted, sweetened (may have sugar or other sweeteners added) [100299] - LR1426 (1/4 c.)	0	114.00	0.06	0.00	0.00	4.10	27.10	1.00
Fruit, Canned - LR1076 (1/2 c.)	20	59.99	0.00	0.00	0.00	4.99	14.99	0.00

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
Chicken and Waffles with Salad Bar - Serving Date: 11/15/2023								
Juice, Apple, 100%, 96/4oz, Thirster, 354977 - LR1437 (1 Carton)	0	60.00	0.00	0.00	0.00	0.00	15.00	0.00
Juice, Grape, Thirster - LR1451 (1 container)	0	60.00	0.00	0.00	0.00	0.00	15.00	0.00
Orange - LR1073 (1 ea.)	20	61.57	0.16	0.02	0.00	0.00	15.39	1.23
Peach Cup with Whipped Topping - LR1467 (1 serving)	0	94.29	1.14	1.14	0.00(M)	0.00(M)	20.14	1.00
Peaches, Diced, Cups, Frozen - LR1185 (1 ea.)	0	80.00	0.00	0.00	0.00	0.00	19.00	1.00
Pears, Diced, Fruit Bowl, 100% Juice, 4oz Dole - LR1372 (1 container)	0	70.00	0.00	0.00	0.00	0.00	18.00	1.00
Raisins, Unsweetened, Individual Package - LR1118 (1 ea.)	0	112.12	0.00	0.00	0.00	3.97	29.77	0.99
Strawberry Cup with Whipped Topping - LR1346 (1 serving)	0	104.60	1.14	1.14	0.00(M)	0.00(M)	21.21	0.00
Tropical Fruit, in 100% Juice, Fruit Bowl, Dole - LR1454 (1 container)	0	60.00	0.00	0.00	0.00	5.00	15.00	1.00
Dark Green, Broccoli - LR1059 (1/8 c.)	10	3.87	0.04	0.01	0.00	3.75	0.76	0.32
Dark Green/Other, Romaine/Iceberg Mix - LR1069 (1/2 c.)	10	4.52	0.06	0.01	0.00	2.74	0.92	0.31
Legumes, Black Beans - LR1068 (1/8 c.)	4	27.25	0.00	0.00	0.00	35.00	5.00	1.75
Legumes, Garbanzo Beans - LR1067 (1/8 c.)	4	26.25	0.50	0.00	0.00	35.00	4.25	1.25
Other, Cauliflower - LR1060 (1/8 c.)	10	3.34	0.04	0.02	0.00	4.01	0.67	0.26
Other, Cucumbers - LR1061 (1/8 c.)	10	1.49	0.02	0.01	0.00	0.30	0.32	0.09
Other, Olives - LR1071 (1/8 c.)	1	19.49	1.83	0.38	0.00	123.48	1.01	0.14
Other, Pepperoncini - LR1070 (1/8 c.)	1	2.50	0.00	0.00	0.00	340.00	1.00	0.00

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
Chicken and Waffles with Salad Bar - ServingDate: 11/15/2023								
Other, Peppers, Green/Yellow - LR1063 (1/8 c.)	5	2.48	0.02	0.01	0.00	0.36	0.57	0.10
Red/Orange, Carrots - LR1065 (1/8 c.)	15	5.25	0.02	0.00	0.00	11.70	1.24	0.10
Red/Orange, Cherry Tomatoes - LR1077 (1/8 c.)	15	4.59	0.05	0.01	0.00	1.27	0.99	0.22
Red/Orange, Peppers, Red - LR1062 (1/8 c.)	5	2.99	0.04	0.01	0.00	0.46	0.69	0.11
Starchy, Corn - LR1004 (1/8 c.)	5	5.61	0.05	0.01	0.00	0.19	1.32	0.19
Starchy, Peas - LR1066 (1/8 c.)	5	12.90	0.07	0.01	0.00	18.09	2.28	0.87
Milk - Chocolate Non Fat - LR1007 (1 ea.)	85	130.00	1.00	1.00	0.00	210.00	24.00	8.00
Milk - Lactose Free - LR1008 (1 ea.)	2	110.00	2.50	1.50	0.00	130.00	13.00	9.00
Milk - White 1% - LR1006 (1 ea.)	13	108.86	2.65	1.65	(M)	131.54	12.52	8.91
AHS Ranch Dressing - LR1433 (2 oz.)	15	299.82	32.72	4.91	0.00(M)	249.85	0.99	0.32
Caesar Dressing, Pouch, Ken's, 1.5oz - LR1452 (1 pkg.)	0	210.00	23.00	4.00	0.00	400.00	1.00	1.00
Maple Syrup - LR1338 (1 pkg.)	35	120.00	0.00	0.00	0.00	40.00	31.00	0.00
Nachos and Salad Bar - ServingDate: 11/16/2023								
*Cheeseburger - LR1226 (1 ea.)	1	360.00	18.50	8.00	0.50	790.00	28.00	22.00
*Mini Corn Dogs - LR1157 (6 ea.)	1	270.00	12.00	3.50	0.00	410.00	30.00	10.00
*Popcorn Chicken - LR1179 (12 piece)	1	250.00	14.00	2.50	0.00	380.00	15.00	15.00
Beef Nachos - LR1258 (1 serving)	35	548.73 (M)	29.29 (M)	11.42 (M)	0.00(M)	1160.14 (M)	35.68 (M)	35.22 (M)
AHS PBJ Sandwich - LR1436 (1 sandwich)	1	563.17	32.71	6.09	0.00	524.64	52.05	20.04
BBQ Pizza with Big Daddy's Primo Four Cheese Pizza - LR1441 (1 slice)	1	412.63 (M)	18.80 (M)	9.27(M)	0.00(M)	672.14 (M)	42.92 (M)	20.68 (M)

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
Nachos and Salad Bar - Serving Date: 11/16/2023								
Cheesy Stuffed Breadsticks - LR1143 (2 Sticks)	1	290.00	11.00	6.00	0.00	500.00	28.00	19.00
Chef with Ranch Entree Salad - LR1462 (1 salad)	2	902.94	60.49	15.31	0.00(M)	1761.85	54.97	39.60
Chicken Asian Sesame Entree Salad - LR1465 (1 salad)	2	616.05 (M)	27.61 (M)	8.60(M)	0.00(M)	1577.66 (M)	77.76 (M)	17.49 (M)
Chicken Burger - LR1079 (1 ea.)	1	340.00	10.50	1.50	0.00	490.00	36.00	25.00
Chicken Caesar Salad - LR1471 (1 salad)	3	562.19 (M)	39.20 (M)	10.77 (M)	0.00(M)	1593.01 (M)	40.29 (M)	13.45 (M)
Chicken Caesar Wrap - LR1450 (1 ea.)	2	460.89 (M)	17.85 (M)	6.13(M)	0.00(M)	1123.18 (M)	39.55 (M)	32.52 (M)
Chicken Pesto Wrap - LR1449 (1 ea.)	1	617.64 (M)	39.07 (M)	9.62(M)	0.02(M)	663.36 (M)	35.17 (M)	28.48 (M)
Combination and Cheese Sub Sandwich - LR1469 (1 sandwich)	1	547.75	30.53	12.25	0.31	1875.45	33.24	35.04
Eagle Supreme Pizza - LR1442 (1 slice)	5	414.01	20.59	9.75	0.00(M)	775.02	35.88	25.46
Empanada, Enchilada, Chicken 48/5oz, 2wg/2m Albie's - LR1438 (1 ea.)	1	300.00	11.00	5.00	0.00	650.00	32.00	19.00
Ham with Ranch Entree Salad - LR1460 (1 salad)	2	816.53	55.77	14.48	0.00(M)	1658.43	54.19	29.77
Ham, and Cheese Sub Sandwich - LR1446 (1 sandwich)	1	421.67	21.77	9.38	0.00	1339.64	33.05	24.49
Hawaiian Pizza with Big Daddy's Pizza - LR1443 (1 slice)	10	456.44	20.45	9.84	0.00	996.49	38.30	33.73
Italian Salad - LR1480 (1 salad)	0	785.43	47.60	14.69	0.43(M)	1768.56	63.08	31.74
Pepperoni/Canadian Bacon and Cheese Sub Sandwich - LR1447 (1 sandwich)	1	611.29	38.52	15.35	0.61	1989.80	32.66	32.41
Pizza, Four Cheese Big Daddy's Primo, Schwans 68591 - LR1440 (1 slice)	10	350.00	17.00	8.00	0.00	470.00	34.00	19.00

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Site: ALL
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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
Nachos and Salad Bar - Serving Date: 11/16/2023								
Pizza, Garlic Cheese, 6" French Bread, Tony's, Schwans - LR1417 (1 pizza)	1	320.00	15.00	6.00	0.00	530.00	29.00	18.00
Pizza, Pepperoni, 6" French Bread, WG, Tony's - LR1439 (1 pizza)	1	360.00	16.00	7.00	0.00	660.00	35.00	19.00
Pizza-Big Daddy's Pepperoni - LR1089 (1 slice)	10	328.18	14.37	5.60	0.00	464.28	34.34	16.03
Southwest Chicken Salad - LR1477 (1 salad)	0	774.54 (M)	52.44 (M)	12.71 (M)	0.00(M)	1234.68 (M)	60.39 (M)	19.25 (M)
Sweet and Spicy Chicken Entree Salad - LR1464 (1 salad)	1	548.08 (M)	26.31 (M)	8.81(M)	0.00(M)	1507.03 (M)	65.30 (M)	17.02 (M)
Turkey and Cheese Sub Sandwich - LR1444 (1 sandwich)	1	422.00	20.19	7.75	0.00	1328.92	33.09	28.13
Turkey with Ranch Entree Salad - LR1461 (1 salad)	2	817.92	54.06	12.69	0.00(M)	1652.15	54.26	33.98
Turkey, Ham, and Cheese Sub Sandwich - LR1445 (1 sandwich)	1	436.80	21.47	8.73	0.00	1415.35	33.40	28.95
Garlic Toast - LR1111 (1 ea.)	1	70.00	2.50	0.50	0.00	95.00	11.00	2.00
Beets, pickled, canned, solids and liquids - LR1453 (1/2 cup slices)	0	73.78	0.09	0.01	0.00	169.12	18.48	0.91
Celery - LR1163 (1/2 cup choppe)	0	7.07	0.09	0.02	0.00	40.40	1.50	0.35
Onions, yellow, 3/8" diced, 4/5#, US Foods, 44998 - LR1435 (72 g.)	0	28.80	0.00	0.00	0.00	0.00	7.20	0.72
* Juice, Orange, Cartons 100277 - LR1126 (1 Carton)	0	60.00	0.00	0.00	0.00	0.00	15.00	1.00
* Mixed Fruit Cup, W870 - LR1146 (1/2 c.)	0	80.00	0.00	0.00	0.00	15.00	19.00	0.00
Apple - LR1072 (1 ea.)	20	95.00	0.31	0.06	0.00	2.00	25.13	0.47
Applesauce - LR1075 (1/2 c.)	20	53.33	0.00	0.00	0.00	2.08	14.63	0.00

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
Nachos and Salad Bar - ServingDate: 11/16/2023								
Banana - LR1074 (1 ea.)	20	105.02	0.39	0.13	0.00	1.18	26.95	1.29
Blueberries with Whipped Topping - LR1470 (1 serving)	0	78.92	1.32	1.18	0.00(M)	3.40(M)	16.85	0.00
Cherries, red, tart, osmotically dried, pitted, sweetened (may have sugar or other sweeteners added) [100299] - LR1426 (1/4 c.)	0	114.00	0.06	0.00	0.00	4.10	27.10	1.00
Fruit, Canned - LR1076 (1/2 c.)	20	59.99	0.00	0.00	0.00	4.99	14.99	0.00
Juice, Apple, 100%, 96/4oz, Thirster, 354977 - LR1437 (1 Carton)	0	60.00	0.00	0.00	0.00	0.00	15.00	0.00
Juice, Grape, Thirster - LR1451 (1 container)	0	60.00	0.00	0.00	0.00	0.00	15.00	0.00
Orange - LR1073 (1 ea.)	20	61.57	0.16	0.02	0.00	0.00	15.39	1.23
Peach Cup with Whipped Topping - LR1467 (1 serving)	0	94.29	1.14	1.14	0.00(M)	0.00(M)	20.14	1.00
Peaches, Diced, Cups, Frozen - LR1185 (1 ea.)	0	80.00	0.00	0.00	0.00	0.00	19.00	1.00
Pears, Diced, Fruit Bowl, 100% Juice, 4oz Dole - LR1372 (1 container)	0	70.00	0.00	0.00	0.00	0.00	18.00	1.00
Raisins, Unsweetened, Individual Package - LR1118 (1 ea.)	0	112.12	0.00	0.00	0.00	3.97	29.77	0.99
Strawberry Cup with Whipped Topping - LR1346 (1 serving)	0	104.60	1.14	1.14	0.00(M)	0.00(M)	21.21	0.00
Tropical Fruit, in 100% Juice, Fruit Bowl, Dole - LR1454 (1 container)	0	60.00	0.00	0.00	0.00	5.00	15.00	1.00
Dark Green, Broccoli - LR1059 (1/8 c.)	10	3.87	0.04	0.01	0.00	3.75	0.76	0.32
Dark Green/Other, Romaine/Iceberg Mix - LR1069 (1/2 c.)	10	4.52	0.06	0.01	0.00	2.74	0.92	0.31

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
Nachos and Salad Bar - Serving Date: 11/16/2023								
Legumes, Black Beans - LR1068 (1/8 c.)	4	27.25	0.00	0.00	0.00	35.00	5.00	1.75
Legumes, Garbanzo Beans - LR1067 (1/8 c.)	4	26.25	0.50	0.00	0.00	35.00	4.25	1.25
Other, Cauliflower - LR1060 (1/8 c.)	10	3.34	0.04	0.02	0.00	4.01	0.67	0.26
Other, Cucumbers - LR1061 (1/8 c.)	10	1.49	0.02	0.01	0.00	0.30	0.32	0.09
Other, Olives - LR1071 (1/8 c.)	1	19.49	1.83	0.38	0.00	123.48	1.01	0.14
Other, Pepperoncini - LR1070 (1/8 c.)	1	2.50	0.00	0.00	0.00	340.00	1.00	0.00
Other, Peppers, Green/Yellow - LR1063 (1/8 c.)	5	2.48	0.02	0.01	0.00	0.36	0.57	0.10
Red/Orange, Carrots - LR1065 (1/8 c.)	15	5.25	0.02	0.00	0.00	11.70	1.24	0.10
Red/Orange, Cherry Tomatoes - LR1077 (1/8 c.)	15	4.59	0.05	0.01	0.00	1.27	0.99	0.22
Red/Orange, Peppers, Red - LR1062 (1/8 c.)	5	2.99	0.04	0.01	0.00	0.46	0.69	0.11
Starchy, Corn - LR1004 (1/8 c.)	5	5.61	0.05	0.01	0.00	0.19	1.32	0.19
Starchy, Peas - LR1066 (1/8 c.)	5	12.90	0.07	0.01	0.00	18.09	2.28	0.87
Milk - Chocolate Non Fat - LR1007 (1 ea.)	85	130.00	1.00	1.00	0.00	210.00	24.00	8.00
Milk - Lactose Free - LR1008 (1 ea.)	2	110.00	2.50	1.50	0.00	130.00	13.00	9.00
Milk - White 1% - LR1006 (1 ea.)	13	108.86	2.65	1.65	(M)	131.54	12.52	8.91
AHS Pico de Gallo - LR1434 (2 Ounce serv)	25	13.47	0.12	0.01	0.00	13.06	3.02	0.56
AHS Ranch Dressing - LR1433 (2 oz.)	10	299.82	32.72	4.91	0.00(M)	249.85	0.99	0.32
Caesar Dressing, Pouch, Ken's, 1.5oz - LR1452 (1 pkg.)	2	210.00	23.00	4.00	0.00	400.00	1.00	1.00
Peppers, jalapeno, canned, solids and liquids - LR1455 (1/4 cup, chopp)	10	9.18	0.32	0.03	0.00	568.14	1.61	0.31

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
Nachos and Salad Bar - ServingDate: 11/16/2023								
Sour Cream - LR1035 (1/4 c.)	5	(M)	(M)	(M)	(M)	(M)	(M)	(M)
USDA Salsa, Low-sodium, Canned - LR1428 (1/2 c.)	10	40.00	0.00	0.00	0.00	139.99	8.00	0.00
Chicken Teriyaki and Salad Bar - ServingDate: 11/17/2023								
*Cheeseburger - LR1226 (1 ea.)	0	360.00	18.50	8.00	0.50	790.00	28.00	22.00
*Chicken Teriyaki and Rice - LR1228 (1 serving)	92	285.00	5.00	1.00	0.00	330.00	42.00	19.00
*Mini Corn Dogs - LR1157 (6 ea.)	0	270.00	12.00	3.50	0.00	410.00	30.00	10.00
*Popcorn Chicken - LR1179 (12 piece)	0	250.00	14.00	2.50	0.00	380.00	15.00	15.00
AHS PBJ Sandwich - LR1436 (1 sandwich)	0	563.17	32.71	6.09	0.00	524.64	52.05	20.04
BBQ Pizza with Big Daddy's Primo Four Cheese Pizza - LR1441 (1 slice)	0	412.63 (M)	18.80 (M)	9.27(M)	0.00(M)	672.14 (M)	42.92 (M)	20.68 (M)
Cheesy Stuffed Breadsticks - LR1143 (2 Sticks)	0	290.00	11.00	6.00	0.00	500.00	28.00	19.00
Chef with Ranch Entree Salad - LR1462 (1 salad)	0	902.94	60.49	15.31	0.00(M)	1761.85	54.97	39.60
Chicken Asian Sesame Entree Salad - LR1465 (1 salad)	0	616.05 (M)	27.61 (M)	8.60(M)	0.00(M)	1577.66 (M)	77.76 (M)	17.49 (M)
Chicken Burger - LR1079 (1 ea.)	0	340.00	10.50	1.50	0.00	490.00	36.00	25.00
Chicken Caesar Salad - LR1471 (1 salad)	0	562.19 (M)	39.20 (M)	10.77 (M)	0.00(M)	1593.01 (M)	40.29 (M)	13.45 (M)
Chicken Caesar Wrap - LR1450 (1 ea.)	0	460.89 (M)	17.85 (M)	6.13(M)	0.00(M)	1123.18 (M)	39.55 (M)	32.52 (M)
Chicken Pesto Wrap - LR1449 (1 ea.)	0	617.64 (M)	39.07 (M)	9.62(M)	0.02(M)	663.36 (M)	35.17 (M)	28.48 (M)
Combination and Cheese Sub Sandwich - LR1469 (1 sandwich)	0	547.75	30.53	12.25	0.31	1875.45	33.24	35.04

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
Chicken Teriyaki and Salad Bar - ServingDate: 11/17/2023								
Eagle Supreme Pizza - LR1442 (1 slice)	0	414.01	20.59	9.75	0.00(M)	775.02	35.88	25.46
Empanada, Enchilada, Chicken 48/5oz, 2wg/2m Albie's - LR1438 (1 ea.)	0	300.00	11.00	5.00	0.00	650.00	32.00	19.00
Ham with Ranch Entree Salad - LR1460 (1 salad)	0	816.53	55.77	14.48	0.00(M)	1658.43	54.19	29.77
Ham, and Cheese Sub Sandwich - LR1446 (1 sandwich)	2	421.67	21.77	9.38	0.00	1339.64	33.05	24.49
Hawaiian Pizza with Big Daddy's Pizza - LR1443 (1 slice)	0	456.44	20.45	9.84	0.00	996.49	38.30	33.73
Pepperoni/Canadian Bacon and Cheese Sub Sandwich - LR1447 (1 sandwich)	2	611.29	38.52	15.35	0.61	1989.80	32.66	32.41
Pizza, Four Cheese Big Daddy's Primo, Schwans 68591 - LR1440 (1 slice)	0	350.00	17.00	8.00	0.00	470.00	34.00	19.00
Pizza, Garlic Cheese, 6" French Bread, Tony's, Schwans - LR1417 (1 pizza)	0	320.00	15.00	6.00	0.00	530.00	29.00	18.00
Pizza, Pepperoni, 6" French Bread, WG, Tony's - LR1439 (1 pizza)	0	360.00	16.00	7.00	0.00	660.00	35.00	19.00
Pizza-Big Daddy's Pepperoni - LR1089 (1 slice)	0	328.18	14.37	5.60	0.00	464.28	34.34	16.03
Sweet and Spicy Chicken Entree Salad - LR1464 (1 salad)	0	548.08 (M)	26.31 (M)	8.81(M)	0.00(M)	1507.03 (M)	65.30 (M)	17.02 (M)
Turkey and Cheese Sub Sandwich - LR1444 (1 sandwich)	2	422.00	20.19	7.75	0.00	1328.92	33.09	28.13
Turkey with Ranch Entree Salad - LR1461 (1 salad)	0	817.92	54.06	12.69	0.00(M)	1652.15	54.26	33.98
Turkey, Ham, and Cheese Sub Sandwich - LR1445 (1 sandwich)	2	436.80	21.47	8.73	0.00	1415.35	33.40	28.95

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
Chicken Teriyaki and Salad Bar - ServingDate: 11/17/2023								
Garlic Toast - LR1111 (1 ea.)	0	70.00	2.50	0.50	0.00	95.00	11.00	2.00
Beets, pickled, canned, solids and liquids - LR1453 (1/2 cup slices)	1	73.78	0.09	0.01	0.00	169.12	18.48	0.91
Celery - LR1163 (1/2 cup choppe)	1	7.07	0.09	0.02	0.00	40.40	1.50	0.35
Onions, yellow, 3/8" diced, 4/5#, US Foods, 44998 - LR1435 (72 g.)	1	28.80	0.00	0.00	0.00	0.00	7.20	0.72
* Juice, Orange, Cartons 100277 - LR1126 (1 Carton)	0	60.00	0.00	0.00	0.00	0.00	15.00	1.00
* Mixed Fruit Cup, W870 - LR1146 (1/2 c.)	5	80.00	0.00	0.00	0.00	15.00	19.00	0.00
Apple - LR1072 (1 ea.)	20	95.00	0.31	0.06	0.00	2.00	25.13	0.47
Applesauce - LR1075 (1/2 c.)	20	53.33	0.00	0.00	0.00	2.08	14.63	0.00
Banana - LR1074 (1 ea.)	20	105.02	0.39	0.13	0.00	1.18	26.95	1.29
Blueberries with Whipped Topping - LR1470 (1 serving)	0	78.92	1.32	1.18	0.00(M)	3.40(M)	16.85	0.00
Cherries, red, tart, osmotically dried, pitted, sweetened (may have sugar or other sweeteners added) [100299] - LR1426 (1/4 c.)	0	114.00	0.06	0.00	0.00	4.10	27.10	1.00
Fruit, Canned - LR1076 (1/2 c.)	10	59.99	0.00	0.00	0.00	4.99	14.99	0.00
Juice, Apple, 100%, 96/4oz, Thirster, 354977 - LR1437 (1 Carton)	0	60.00	0.00	0.00	0.00	0.00	15.00	0.00
Juice, Grape, Thirster - LR1451 (1 container)	0	60.00	0.00	0.00	0.00	0.00	15.00	0.00
Orange - LR1073 (1 ea.)	5	61.57	0.16	0.02	0.00	0.00	15.39	1.23
Peach Cup with Whipped Topping - LR1467 (1 serving)	0	94.29	1.14	1.14	0.00(M)	0.00(M)	20.14	1.00

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
Chicken Teriyaki and Salad Bar - ServingDate: 11/17/2023								
Peaches, Diced, Cups, Frozen - LR1185 (1 ea.)	0	80.00	0.00	0.00	0.00	0.00	19.00	1.00
Pears, Diced, Fruit Bowl, 100% Juice, 4oz Dole - LR1372 (1 container)	0	70.00	0.00	0.00	0.00	0.00	18.00	1.00
Raisins, Unsweetened, Individual Package - LR1118 (1 ea.)	10	112.12	0.00	0.00	0.00	3.97	29.77	0.99
Strawberry Cup with Whipped Topping - LR1346 (1 serving)	0	104.60	1.14	1.14	0.00(M)	0.00(M)	21.21	0.00
Tropical Fruit, in 100% Juice, Fruit Bowl, Dole - LR1454 (1 container)	10	60.00	0.00	0.00	0.00	5.00	15.00	1.00
Dark Green, Broccoli - LR1059 (1/8 c.)	10	3.87	0.04	0.01	0.00	3.75	0.76	0.32
Dark Green/Other, Romaine/Iceberg Mix - LR1069 (1/2 c.)	10	4.52	0.06	0.01	0.00	2.74	0.92	0.31
Legumes, Black Beans - LR1068 (1/8 c.)	4	27.25	0.00	0.00	0.00	35.00	5.00	1.75
Legumes, Garbanzo Beans - LR1067 (1/8 c.)	4	26.25	0.50	0.00	0.00	35.00	4.25	1.25
Other, Cauliflower - LR1060 (1/8 c.)	10	3.34	0.04	0.02	0.00	4.01	0.67	0.26
Other, Cucumbers - LR1061 (1/8 c.)	10	1.49	0.02	0.01	0.00	0.30	0.32	0.09
Other, Olives - LR1071 (1/8 c.)	1	19.49	1.83	0.38	0.00	123.48	1.01	0.14
Other, Pepperoncini - LR1070 (1/8 c.)	1	2.50	0.00	0.00	0.00	340.00	1.00	0.00
Other, Peppers, Green/Yellow - LR1063 (1/8 c.)	5	2.48	0.02	0.01	0.00	0.36	0.57	0.10
Red/Orange, Carrots - LR1065 (1/8 c.)	15	5.25	0.02	0.00	0.00	11.70	1.24	0.10
Red/Orange, Cherry Tomatoes - LR1077 (1/8 c.)	15	4.59	0.05	0.01	0.00	1.27	0.99	0.22
Red/Orange, Peppers, Red - LR1062 (1/8 c.)	5	2.99	0.04	0.01	0.00	0.46	0.69	0.11

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
Chicken Teriyaki and Salad Bar - ServingDate: 11/17/2023								
Starchy, Corn - LR1004 (1/8 c.)	5	5.61	0.05	0.01	0.00	0.19	1.32	0.19
Starchy, Peas - LR1066 (1/8 c.)	5	12.90	0.07	0.01	0.00	18.09	2.28	0.87
Milk - Chocolate Non Fat - LR1007 (1 ea.)	85	130.00	1.00	1.00	0.00	210.00	24.00	8.00
Milk - Lactose Free - LR1008 (1 ea.)	2	110.00	2.50	1.50	0.00	130.00	13.00	9.00
Milk - White 1% - LR1006 (1 ea.)	13	108.86	2.65	1.65	(M)	131.54	12.52	8.91
AHS Ranch Dressing - LR1433 (2 oz.)	10	299.82	32.72	4.91	0.00(M)	249.85	0.99	0.32
Caesar Dressing, Pouch, Ken's, 1.5oz - LR1452 (1 pkg.)	10	210.00	23.00	4.00	0.00	400.00	1.00	1.00
Meatball Sub, Garlic Toast and Salad Bar - ServingDate: 11/20/2023								
Meatball sub on hotdog bun - LR1318 (1 ea.)	100	210.00 (M)	1.50(M)	0.00(M)	0.00(M)	730.00 (M)	40.00 (M)	8.00(M)
shredded mozzarella - LR1334 (1/4 c.)	50	80.00	5.00	3.00	(M)	200.00	2.00	7.00
Garlic Toast - LR1111 (1 ea.)	100	70.00	2.50	0.50	0.00	95.00	11.00	2.00
Apple - LR1072 (1 ea.)	20	95.00	0.31	0.06	0.00	2.00	25.13	0.47
Applesauce - LR1075 (1/2 c.)	20	53.33	0.00	0.00	0.00	2.08	14.63	0.00
Banana - LR1074 (1 ea.)	20	105.02	0.39	0.13	0.00	1.18	26.95	1.29
Fruit, Canned - LR1076 (1/2 c.)	20	59.99	0.00	0.00	0.00	4.99	14.99	0.00
Orange - LR1073 (1 ea.)	20	61.57	0.16	0.02	0.00	0.00	15.39	1.23
Dark Green, Broccoli - LR1059 (1/8 c.)	10	3.87	0.04	0.01	0.00	3.75	0.76	0.32
Dark Green/Other, Romaine/Iceberg Mix - LR1069 (1/2 c.)	10	4.52	0.06	0.01	0.00	2.74	0.92	0.31
Legumes, Black Beans - LR1068 (1/8 c.)	4	27.25	0.00	0.00	0.00	35.00	5.00	1.75

Menu Calendar Nutrient Analysis Report - November, 2023

Site: ALL
Date: 11/01/2023 - 11/30/2023

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
Meatball Sub, Garlic Toast and Salad Bar - ServingDate: 11/20/2023								
Legumes, Garbanzo Beans - LR1067 (1/8 c.)	4	26.25	0.50	0.00	0.00	35.00	4.25	1.25
Other, Cauliflower - LR1060 (1/8 c.)	10	3.34	0.04	0.02	0.00	4.01	0.67	0.26
Other, Cucumbers - LR1061 (1/8 c.)	10	1.49	0.02	0.01	0.00	0.30	0.32	0.09
Other, Olives - LR1071 (1/8 c.)	1	19.49	1.83	0.38	0.00	123.48	1.01	0.14
Other, Pepperoncini - LR1070 (1/8 c.)	1	2.50	0.00	0.00	0.00	340.00	1.00	0.00
Other, Peppers, Green/Yellow - LR1063 (1/8 c.)	5	2.48	0.02	0.01	0.00	0.36	0.57	0.10
Red/Orange, Carrots - LR1065 (1/8 c.)	15	5.25	0.02	0.00	0.00	11.70	1.24	0.10
Red/Orange, Cherry Tomatoes - LR1077 (1/8 c.)	15	4.59	0.05	0.01	0.00	1.27	0.99	0.22
Red/Orange, Peppers, Red - LR1062 (1/8 c.)	5	2.99	0.04	0.01	0.00	0.46	0.69	0.11
Starchy, Corn - LR1004 (1/8 c.)	5	5.61	0.05	0.01	0.00	0.19	1.32	0.19
Starchy, Peas - LR1066 (1/8 c.)	5	12.90	0.07	0.01	0.00	18.09	2.28	0.87
Milk - Chocolate Non Fat - LR1007 (1 ea.)	85	130.00	1.00	1.00	0.00	210.00	24.00	8.00
Milk - Lactose Free - LR1008 (1 ea.)	2	110.00	2.50	1.50	0.00	130.00	13.00	9.00
Milk - White 1% - LR1006 (1 ea.)	13	108.86	2.65	1.65	(M)	131.54	12.52	8.91
AHS Holiday Menu - ServingDate: 11/21/2023								
*Cheeseburger - LR1226 (1 ea.)	1	360.00	18.50	8.00	0.50	790.00	28.00	22.00
*Mini Corn Dogs - LR1157 (6 ea.)	1	270.00	12.00	3.50	0.00	410.00	30.00	10.00
*Popcorn Chicken - LR1179 (12 piece)	1	250.00	14.00	2.50	0.00	380.00	15.00	15.00
AHS PBJ Sandwich - LR1436 (1 sandwich)	1	563.17	32.71	6.09	0.00	524.64	52.05	20.04

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Site: ALL
 Date: 11/01/2023 - 11/30/2023

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
AHS Holiday Menu - ServingDate: 11/21/2023								
BBQ Pizza with Big Daddy's Primo Four Cheese Pizza - LR1441 (1 slice)	5	412.63 (M)	18.80 (M)	9.27(M)	0.00(M)	672.14 (M)	42.92 (M)	20.68 (M)
Cheesy Stuffed Breadsticks - LR1143 (2 Sticks)	1	290.00	11.00	6.00	0.00	500.00	28.00	19.00
Chef with Ranch Entree Salad - LR1462 (1 salad)	1	902.94	60.49	15.31	0.00(M)	1761.85	54.97	39.60
Chicken Asian Sesame Entree Salad - LR1465 (1 salad)	1	616.05 (M)	27.61 (M)	8.60(M)	0.00(M)	1577.66 (M)	77.76 (M)	17.49 (M)
Chicken Burger - LR1079 (1 ea.)	1	340.00	10.50	1.50	0.00	490.00	36.00	25.00
Chicken Caesar Salad - LR1471 (1 salad)	1	562.19 (M)	39.20 (M)	10.77 (M)	0.00(M)	1593.01 (M)	40.29 (M)	13.45 (M)
Chicken Caesar Wrap - LR1450 (1 ea.)	1	460.89 (M)	17.85 (M)	6.13(M)	0.00(M)	1123.18 (M)	39.55 (M)	32.52 (M)
Chicken Pesto Wrap - LR1449 (1 ea.)	1	617.64 (M)	39.07 (M)	9.62(M)	0.02(M)	663.36 (M)	35.17 (M)	28.48 (M)
Combination and Cheese Sub Sandwich - LR1469 (1 sandwich)	1	547.75	30.53	12.25	0.31	1875.45	33.24	35.04
Eagle Supreme Pizza - LR1442 (1 slice)	5	414.01	20.59	9.75	0.00(M)	775.02	35.88	25.46
Empanada, Enchilada, Chicken 48/5oz, 2wg/2m Albie's - LR1438 (1 ea.)	1	300.00	11.00	5.00	0.00	650.00	32.00	19.00
Ham with Ranch Entree Salad - LR1460 (1 salad)	1	816.53	55.77	14.48	0.00(M)	1658.43	54.19	29.77
Ham, and Cheese Sub Sandwich - LR1446 (1 sandwich)	1	421.67	21.77	9.38	0.00	1339.64	33.05	24.49
Hawaiian Pizza with Big Daddy's Pizza - LR1443 (1 slice)	5	456.44	20.45	9.84	0.00	996.49	38.30	33.73
Pepperoni/Canadian Bacon and Cheese Sub Sandwich - LR1447 (1 sandwich)	1	611.29	38.52	15.35	0.61	1989.80	32.66	32.41

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
AHS Holiday Menu - ServingDate: 11/21/2023								
Pizza, Four Cheese Big Daddy's Primo, Schwans 68591 - LR1440 (1 slice)	5	350.00	17.00	8.00	0.00	470.00	34.00	19.00
Pizza, Garlic Cheese, 6" French Bread, Tony's, Schwans - LR1417 (1 pizza)	2	320.00	15.00	6.00	0.00	530.00	29.00	18.00
Pizza, Pepperoni, 6" French Bread, WG, Tony's - LR1439 (1 pizza)	2	360.00	16.00	7.00	0.00	660.00	35.00	19.00
Pizza-Big Daddy's Pepperoni - LR1089 (1 slice)	6	328.18	14.37	5.60	0.00	464.28	34.34	16.03
Sweet and Spicy Chicken Entree Salad - LR1464 (1 salad)	1	548.08 (M)	26.31 (M)	8.81(M)	0.00(M)	1507.03 (M)	65.30 (M)	17.02 (M)
Turkey and Cheese Sub Sandwich - LR1444 (1 sandwich)	1	422.00	20.19	7.75	0.00	1328.92	33.09	28.13
Turkey with Ranch Entree Salad - LR1461 (1 salad)	1	817.92	54.06	12.69	0.00(M)	1652.15	54.26	33.98
Turkey, Ham, and Cheese Sub Sandwich - LR1445 (1 sandwich)	1	436.80	21.47	8.73	0.00	1415.35	33.40	28.95
Turkey Gravy - LR1473 (2 oz.)	15	15.02	0.00	0.00	0.00	412.23	3.00	0.00
Garlic Toast - LR1111 (1 ea.)	0	70.00	2.50	0.50	0.00	95.00	11.00	2.00
Whole Wheat Rolls - LR1305 (2 roll.)	50	180.00	4.00	0.00	(M)	130.00	32.00	6.00
Turkey Breast, VIP, 245/2.93oz, 2M Jennie O 878403 - LR1468 (1 slice)	50	80.00	1.00	0.00	0.00	440.00	1.00	17.00
* Potato Pearls EXCEL, Mashed Potatoes - LR1124 (3/4 c.)	50	135.00	1.50	0.00	0.00	615.00	25.50	3.00
Beets, pickled, canned, solids and liquids - LR1453 (1/2 cup slices)	0	73.78	0.09	0.01	0.00	169.12	18.48	0.91
Celery - LR1163 (1/2 cup choppe)	0	7.07	0.09	0.02	0.00	40.40	1.50	0.35

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
AHS Holiday Menu - ServingDate: 11/21/2023								
Onions, yellow, 3/8" diced, 4/5#, US Foods, 44998 - LR1435 (72 g.)	0	28.80	0.00	0.00	0.00	0.00	7.20	0.72
* Juice, Orange, Cartons 100277 - LR1126 (1 Carton)	0	60.00	0.00	0.00	0.00	0.00	15.00	1.00
* Mixed Fruit Cup, W870 - LR1146 (1/2 c.)	0	80.00	0.00	0.00	0.00	15.00	19.00	0.00
Apple - LR1072 (1 ea.)	20	95.00	0.31	0.06	0.00	2.00	25.13	0.47
Applesauce - LR1075 (1/2 c.)	20	53.33	0.00	0.00	0.00	2.08	14.63	0.00
Banana - LR1074 (1 ea.)	20	105.02	0.39	0.13	0.00	1.18	26.95	1.29
Blueberries with Whipped Topping - LR1470 (1 serving)	0	78.92	1.32	1.18	0.00(M)	3.40(M)	16.85	0.00
Cherries, red, tart, osmotically dried, pitted, sweetened (may have sugar or other sweeteners added) [100299] - LR1426 (1/4 c.)	0	114.00	0.06	0.00	0.00	4.10	27.10	1.00
Fruit, Canned - LR1076 (1/2 c.)	20	59.99	0.00	0.00	0.00	4.99	14.99	0.00
Juice, Apple, 100%, 96/4oz, Thirster, 354977 - LR1437 (1 Carton)	0	60.00	0.00	0.00	0.00	0.00	15.00	0.00
Juice, Grape, Thirster - LR1451 (1 container)	0	60.00	0.00	0.00	0.00	0.00	15.00	0.00
Orange - LR1073 (1 ea.)	20	61.57	0.16	0.02	0.00	0.00	15.39	1.23
Peach Cup with Whipped Topping - LR1467 (1 serving)	0	94.29	1.14	1.14	0.00(M)	0.00(M)	20.14	1.00
Peaches, Diced, Cups, Frozen - LR1185 (1 ea.)	0	80.00	0.00	0.00	0.00	0.00	19.00	1.00
Pears, Diced, Fruit Bowl, 100% Juice, 4oz Dole - LR1372 (1 container)	0	70.00	0.00	0.00	0.00	0.00	18.00	1.00

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
AHS Holiday Menu - ServingDate: 11/21/2023								
Raisins, Unsweetened, Individual Package - LR1118 (1 ea.)	0	112.12	0.00	0.00	0.00	3.97	29.77	0.99
Strawberry Cup with Whipped Topping - LR1346 (1 serving)	0	104.60	1.14	1.14	0.00(M)	0.00(M)	21.21	0.00
Tropical Fruit, in 100% Juice, Fruit Bowl, Dole - LR1454 (1 container)	0	60.00	0.00	0.00	0.00	5.00	15.00	1.00
Dark Green, Broccoli - LR1059 (1/8 c.)	10	3.87	0.04	0.01	0.00	3.75	0.76	0.32
Dark Green/Other, Romaine/Iceberg Mix - LR1069 (1/2 c.)	10	4.52	0.06	0.01	0.00	2.74	0.92	0.31
Legumes, Black Beans - LR1068 (1/8 c.)	4	27.25	0.00	0.00	0.00	35.00	5.00	1.75
Legumes, Garbanzo Beans - LR1067 (1/8 c.)	4	26.25	0.50	0.00	0.00	35.00	4.25	1.25
Other, Cauliflower - LR1060 (1/8 c.)	10	3.34	0.04	0.02	0.00	4.01	0.67	0.26
Other, Cucumbers - LR1061 (1/8 c.)	10	1.49	0.02	0.01	0.00	0.30	0.32	0.09
Other, Olives - LR1071 (1/8 c.)	1	19.49	1.83	0.38	0.00	123.48	1.01	0.14
Other, Pepperoncini - LR1070 (1/8 c.)	1	2.50	0.00	0.00	0.00	340.00	1.00	0.00
Other, Peppers, Green/Yellow - LR1063 (1/8 c.)	5	2.48	0.02	0.01	0.00	0.36	0.57	0.10
Red/Orange, Carrots - LR1065 (1/8 c.)	15	5.25	0.02	0.00	0.00	11.70	1.24	0.10
Red/Orange, Cherry Tomatoes - LR1077 (1/8 c.)	15	4.59	0.05	0.01	0.00	1.27	0.99	0.22
Red/Orange, Peppers, Red - LR1062 (1/8 c.)	5	2.99	0.04	0.01	0.00	0.46	0.69	0.11
Starchy, Corn - LR1004 (1/8 c.)	5	5.61	0.05	0.01	0.00	0.19	1.32	0.19
Starchy, Peas - LR1066 (1/8 c.)	5	12.90	0.07	0.01	0.00	18.09	2.28	0.87
Milk - Chocolate Non Fat - LR1007 (1 ea.)	85	130.00	1.00	1.00	0.00	210.00	24.00	8.00
Milk - Lactose Free - LR1008 (1 ea.)	2	110.00	2.50	1.50	0.00	130.00	13.00	9.00

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
AHS Holiday Menu - ServingDate: 11/21/2023								
Milk - White 1% - LR1006 (1 ea.)	13	108.86	2.65	1.65	(M)	131.54	12.52	8.91
AHS Ranch Dressing - LR1433 (2 oz.)	15	299.82	32.72	4.91	0.00(M)	249.85	0.99	0.32
Caesar Dressing, Pouch, Ken's, 1.5oz - LR1452 (1 pkg.)	10	210.00	23.00	4.00	0.00	400.00	1.00	1.00
AHS Soft Taco and Salad Bar - ServingDate: 11/22/2023								
*Cheeseburger - LR1226 (1 ea.)	2	360.00	18.50	8.00	0.50	790.00	28.00	22.00
*Mini Corn Dogs - LR1157 (6 ea.)	2	270.00	12.00	3.50	0.00	410.00	30.00	10.00
*Popcorn Chicken - LR1179 (12 piece)	1	250.00	14.00	2.50	0.00	380.00	15.00	15.00
AHS PBJ Sandwich - LR1436 (1 sandwich)	2	563.17	32.71	6.09	0.00	524.64	52.05	20.04
BBQ Pizza with Big Daddy's Primo Four Cheese Pizza - LR1441 (1 slice)	5	412.63 (M)	18.80 (M)	9.27(M)	0.00(M)	672.14 (M)	42.92 (M)	20.68 (M)
Beef Soft Taco - LR1245 (1 taco)	35	471.31	22.18	8.85	0.00(M)	761.32	40.66	27.38
Cheesy Stuffed Breadsticks - LR1143 (2 Sticks)	1	290.00	11.00	6.00	0.00	500.00	28.00	19.00
Chef with Ranch Entree Salad - LR1462 (1 salad)	3	902.94	60.49	15.31	0.00(M)	1761.85	54.97	39.60
Chicken Asian Sesame Entree Salad - LR1465 (1 salad)	2	616.05 (M)	27.61 (M)	8.60(M)	0.00(M)	1577.66 (M)	77.76 (M)	17.49 (M)
Chicken Burger - LR1079 (1 ea.)	1	340.00	10.50	1.50	0.00	490.00	36.00	25.00
Chicken Caesar Salad - LR1471 (1 salad)	3	562.19 (M)	39.20 (M)	10.77 (M)	0.00(M)	1593.01 (M)	40.29 (M)	13.45 (M)
Chicken Caesar Wrap - LR1450 (1 ea.)	1	460.89 (M)	17.85 (M)	6.13(M)	0.00(M)	1123.18 (M)	39.55 (M)	32.52 (M)
Chicken Pesto Wrap - LR1449 (1 ea.)	1	617.64 (M)	39.07 (M)	9.62(M)	0.02(M)	663.36 (M)	35.17 (M)	28.48 (M)
Combination and Cheese Sub Sandwich - LR1469 (1 sandwich)	1	547.75	30.53	12.25	0.31	1875.45	33.24	35.04

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
AHS Soft Taco and Salad Bar - ServingDate: 11/22/2023								
Eagle Supreme Pizza - LR1442 (1 slice)	5	414.01	20.59	9.75	0.00(M)	775.02	35.88	25.46
Empanada, Enchilada, Chicken 48/5oz, 2wg/2m Albie's - LR1438 (1 ea.)	1	300.00	11.00	5.00	0.00	650.00	32.00	19.00
Ham with Ranch Entree Salad - LR1460 (1 salad)	2	816.53	55.77	14.48	0.00(M)	1658.43	54.19	29.77
Ham, and Cheese Sub Sandwich - LR1446 (1 sandwich)	2	421.67	21.77	9.38	0.00	1339.64	33.05	24.49
Hawaiian Pizza with Big Daddy's Pizza - LR1443 (1 slice)	5	456.44	20.45	9.84	0.00	996.49	38.30	33.73
Italian Salad - LR1480 (1 salad)	0	785.43	47.60	14.69	0.43(M)	1768.56	63.08	31.74
Pepperoni/Canadian Bacon and Cheese Sub Sandwich - LR1447 (1 sandwich)	2	611.29	38.52	15.35	0.61	1989.80	32.66	32.41
Pizza, Four Cheese Big Daddy's Primo, Schwans 68591 - LR1440 (1 slice)	5	350.00	17.00	8.00	0.00	470.00	34.00	19.00
Pizza, Garlic Cheese, 6" French Bread, Tony's, Schwans - LR1417 (1 pizza)	1	320.00	15.00	6.00	0.00	530.00	29.00	18.00
Pizza, Pepperoni, 6" French Bread, WG, Tony's - LR1439 (1 pizza)	5	360.00	16.00	7.00	0.00	660.00	35.00	19.00
Pizza-Big Daddy's Pepperoni - LR1089 (1 slice)	5	328.18	14.37	5.60	0.00	464.28	34.34	16.03
Southwest Chicken Salad - LR1477 (1 salad)	0	774.54 (M)	52.44 (M)	12.71 (M)	0.00(M)	1234.68 (M)	60.39 (M)	19.25 (M)
Sweet and Spicy Chicken Entree Salad - LR1464 (1 salad)	1	548.08 (M)	26.31 (M)	8.81(M)	0.00(M)	1507.03 (M)	65.30 (M)	17.02 (M)
Turkey and Cheese Sub Sandwich - LR1444 (1 sandwich)	2	422.00	20.19	7.75	0.00	1328.92	33.09	28.13

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
AHS Soft Taco and Salad Bar - ServingDate: 11/22/2023								
Turkey with Ranch Entree Salad - LR1461 (1 salad)	2	817.92	54.06	12.69	0.00(M)	1652.15	54.26	33.98
Turkey, Ham, and Cheese Sub Sandwich - LR1445 (1 sandwich)	2	436.80	21.47	8.73	0.00	1415.35	33.40	28.95
Garlic Toast - LR1111 (1 ea.)	1	70.00	2.50	0.50	0.00	95.00	11.00	2.00
* Juice, Orange, Cartons 100277 - LR1126 (1 Carton)	0	60.00	0.00	0.00	0.00	0.00	15.00	1.00
* Mixed Fruit Cup, W870 - LR1146 (1/2 c.)	0	80.00	0.00	0.00	0.00	15.00	19.00	0.00
Apple - LR1072 (1 ea.)	20	95.00	0.31	0.06	0.00	2.00	25.13	0.47
Applesauce - LR1075 (1/2 c.)	20	53.33	0.00	0.00	0.00	2.08	14.63	0.00
Banana - LR1074 (1 ea.)	20	105.02	0.39	0.13	0.00	1.18	26.95	1.29
Blueberries with Whipped Topping - LR1470 (1 serving)	0	78.92	1.32	1.18	0.00(M)	3.40(M)	16.85	0.00
Cherries, red, tart, osmotically dried, pitted, sweetened (may have sugar or other sweeteners added) [100299] - LR1426 (1/4 c.)	0	114.00	0.06	0.00	0.00	4.10	27.10	1.00
Fruit, Canned - LR1076 (1/2 c.)	20	59.99	0.00	0.00	0.00	4.99	14.99	0.00
Juice, Apple, 100%, 96/4oz, Thirster, 354977 - LR1437 (1 Carton)	0	60.00	0.00	0.00	0.00	0.00	15.00	0.00
Juice, Grape, Thirster - LR1451 (1 container)	0	60.00	0.00	0.00	0.00	0.00	15.00	0.00
Orange - LR1073 (1 ea.)	20	61.57	0.16	0.02	0.00	0.00	15.39	1.23
Peach Cup with Whipped Topping - LR1467 (1 serving)	0	94.29	1.14	1.14	0.00(M)	0.00(M)	20.14	1.00
Peaches, Diced, Cups, Frozen - LR1185 (1 ea.)	0	80.00	0.00	0.00	0.00	0.00	19.00	1.00

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
AHS Soft Taco and Salad Bar - ServingDate: 11/22/2023								
Pears, Diced, Fruit Bowl, 100% Juice, 4oz Dole - LR1372 (1 container)	0	70.00	0.00	0.00	0.00	0.00	18.00	1.00
Raisins, Unsweetened, Individual Package - LR1118 (1 ea.)	0	112.12	0.00	0.00	0.00	3.97	29.77	0.99
Strawberry Cup with Whipped Topping - LR1346 (1 serving)	0	104.60	1.14	1.14	0.00(M)	0.00(M)	21.21	0.00
Tropical Fruit, in 100% Juice, Fruit Bowl, Dole - LR1454 (1 container)	0	60.00	0.00	0.00	0.00	5.00	15.00	1.00
Dark Green, Broccoli - LR1059 (1/8 c.)	10	3.87	0.04	0.01	0.00	3.75	0.76	0.32
Dark Green/Other, Romaine/Iceberg Mix - LR1069 (1/2 c.)	10	4.52	0.06	0.01	0.00	2.74	0.92	0.31
Legumes, Black Beans - LR1068 (1/8 c.)	4	27.25	0.00	0.00	0.00	35.00	5.00	1.75
Legumes, Garbanzo Beans - LR1067 (1/8 c.)	4	26.25	0.50	0.00	0.00	35.00	4.25	1.25
Other, Cauliflower - LR1060 (1/8 c.)	10	3.34	0.04	0.02	0.00	4.01	0.67	0.26
Other, Cucumbers - LR1061 (1/8 c.)	10	1.49	0.02	0.01	0.00	0.30	0.32	0.09
Other, Olives - LR1071 (1/8 c.)	1	19.49	1.83	0.38	0.00	123.48	1.01	0.14
Other, Pepperoncini - LR1070 (1/8 c.)	1	2.50	0.00	0.00	0.00	340.00	1.00	0.00
Other, Peppers, Green/Yellow - LR1063 (1/8 c.)	5	2.48	0.02	0.01	0.00	0.36	0.57	0.10
Red/Orange, Carrots - LR1065 (1/8 c.)	15	5.25	0.02	0.00	0.00	11.70	1.24	0.10
Red/Orange, Cherry Tomatoes - LR1077 (1/8 c.)	15	4.59	0.05	0.01	0.00	1.27	0.99	0.22
Red/Orange, Peppers, Red - LR1062 (1/8 c.)	5	2.99	0.04	0.01	0.00	0.46	0.69	0.11
Starchy, Corn - LR1004 (1/8 c.)	5	5.61	0.05	0.01	0.00	0.19	1.32	0.19
Starchy, Peas - LR1066 (1/8 c.)	5	12.90	0.07	0.01	0.00	18.09	2.28	0.87

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
AHS Soft Taco and Salad Bar - ServingDate: 11/22/2023								
Milk - Chocolate Non Fat - LR1007 (1 ea.)	85	130.00	1.00	1.00	0.00	210.00	24.00	8.00
Milk - Lactose Free - LR1008 (1 ea.)	2	110.00	2.50	1.50	0.00	130.00	13.00	9.00
Milk - White 1% - LR1006 (1 ea.)	13	108.86	2.65	1.65	(M)	131.54	12.52	8.91
AHS Pico de Gallo - LR1434 (2 Ounce serv)	30	13.47	0.12	0.01	0.00	13.06	3.02	0.56
Sour Cream - LR1035 (1/4 c.)	20	(M)	(M)	(M)	(M)	(M)	(M)	(M)
USDA Salsa, tomato, canned, low-sodium, contains: peeled tomatoes, tomato puree, onions, green chile peppers, jalapenos, salt, vinegar and any mixture of green peppers, cilantro, cumin, coriander, xanthan gum, flavorings, modified - LR1427 (2 tbsp.)	20	11.25	0.06	0.01	0.00	35.00	2.18	0.47
AHS Mac and Cheese, Garlic Toast and Salad Bar - ServingDate: 11/27/2023								
*Cheeseburger - LR1226 (1 ea.)	1	360.00	18.50	8.00	0.50	790.00	28.00	22.00
*Mini Corn Dogs - LR1157 (6 ea.)	1	270.00	12.00	3.50	0.00	410.00	30.00	10.00
*Popcorn Chicken - LR1179 (12 piece)	1	250.00	14.00	2.50	0.00	380.00	15.00	15.00
AHS PBJ Sandwich - LR1436 (1 sandwich)	2	563.17	32.71	6.09	0.00	524.64	52.05	20.04
BBQ Pizza with Big Daddy's Primo Four Cheese Pizza - LR1441 (1 slice)	5	412.63 (M)	18.80 (M)	9.27(M)	0.00(M)	672.14 (M)	42.92 (M)	20.68 (M)
Cheesy Stuffed Breadsticks - LR1143 (2 Sticks)	1	290.00	11.00	6.00	0.00	500.00	28.00	19.00
Chef with Ranch Entree Salad - LR1462 (1 salad)	4	902.94	60.49	15.31	0.00(M)	1761.85	54.97	39.60

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
AHS Mac and Cheese, Garlic Toast and Salad Bar - ServingDate: 11/27/2023								
Chicken Asian Sesame Entree Salad - LR1465 (1 salad)	4	616.05 (M)	27.61 (M)	8.60(M)	0.00(M)	1577.66 (M)	77.76 (M)	17.49 (M)
Chicken Burger - LR1079 (1 ea.)	1	340.00	10.50	1.50	0.00	490.00	36.00	25.00
Chicken Caesar Salad - LR1471 (1 salad)	4	562.19 (M)	39.20 (M)	10.77 (M)	0.00(M)	1593.01 (M)	40.29 (M)	13.45 (M)
Chicken Caesar Wrap - LR1450 (1 ea.)	1	460.89 (M)	17.85 (M)	6.13(M)	0.00(M)	1123.18 (M)	39.55 (M)	32.52 (M)
Chicken Pesto Wrap - LR1449 (1 ea.)	1	617.64 (M)	39.07 (M)	9.62(M)	0.02(M)	663.36 (M)	35.17 (M)	28.48 (M)
Combination and Cheese Sub Sandwich - LR1469 (1 sandwich)	1	547.75	30.53	12.25	0.31	1875.45	33.24	35.04
Eagle Supreme Pizza - LR1442 (1 slice)	5	414.01	20.59	9.75	0.00(M)	775.02	35.88	25.46
Empanada, Enchilada, Chicken 48/5oz, 2wg/2m Albie's - LR1438 (1 ea.)	1	300.00	11.00	5.00	0.00	650.00	32.00	19.00
Ham with Ranch Entree Salad - LR1460 (1 salad)	3	816.53	55.77	14.48	0.00(M)	1658.43	54.19	29.77
Ham, and Cheese Sub Sandwich - LR1446 (1 sandwich)	1	421.67	21.77	9.38	0.00	1339.64	33.05	24.49
Hawaiian Pizza with Big Daddy's Pizza - LR1443 (1 slice)	5	456.44	20.45	9.84	0.00	996.49	38.30	33.73
Macaroni and Cheese, Land O Lakes, 43284 80sv - LR1378 (1 serving)	35	290.00	11.00	6.00	0.00	980.00	32.00	17.00
Pepperoni/Canadian Bacon and Cheese Sub Sandwich - LR1447 (1 sandwich)	1	611.29	38.52	15.35	0.61	1989.80	32.66	32.41
Pizza, Four Cheese Big Daddy's Primo, Schwans 68591 - LR1440 (1 slice)	6	350.00	17.00	8.00	0.00	470.00	34.00	19.00

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
AHS Mac and Cheese, Garlic Toast and Salad Bar - ServingDate: 11/27/2023								
Pizza, Garlic Cheese, 6" French Bread, Tony's, Schwans - LR1417 (1 pizza)	1	320.00	15.00	6.00	0.00	530.00	29.00	18.00
Pizza, Pepperoni, 6" French Bread, WG, Tony's - LR1439 (1 pizza)	1	360.00	16.00	7.00	0.00	660.00	35.00	19.00
Pizza-Big Daddy's Pepperoni - LR1089 (1 slice)	10	328.18	14.37	5.60	0.00	464.28	34.34	16.03
Sweet and Spicy Chicken Entree Salad - LR1464 (1 salad)	1	548.08 (M)	26.31 (M)	8.81(M)	0.00(M)	1507.03 (M)	65.30 (M)	17.02 (M)
Turkey and Cheese Sub Sandwich - LR1444 (1 sandwich)	1	422.00	20.19	7.75	0.00	1328.92	33.09	28.13
Turkey with Ranch Entree Salad - LR1461 (1 salad)	1	817.92	54.06	12.69	0.00(M)	1652.15	54.26	33.98
Turkey, Ham, and Cheese Sub Sandwich - LR1445 (1 sandwich)	1	436.80	21.47	8.73	0.00	1415.35	33.40	28.95
Garlic Toast - LR1111 (1 ea.)	36	70.00	2.50	0.50	0.00	95.00	11.00	2.00
Beets, pickled, canned, solids and liquids - LR1453 (1/2 cup slices)	0	73.78	0.09	0.01	0.00	169.12	18.48	0.91
Celery - LR1163 (1/2 cup choppe)	0	7.07	0.09	0.02	0.00	40.40	1.50	0.35
Onions, yellow, 3/8" diced, 4/5#, US Foods, 44998 - LR1435 (72 g.)	0	28.80	0.00	0.00	0.00	0.00	7.20	0.72
* Juice, Orange, Cartons 100277 - LR1126 (1 Carton)	0	60.00	0.00	0.00	0.00	0.00	15.00	1.00
* Mixed Fruit Cup, W870 - LR1146 (1/2 c.)	0	80.00	0.00	0.00	0.00	15.00	19.00	0.00
Apple - LR1072 (1 ea.)	20	95.00	0.31	0.06	0.00	2.00	25.13	0.47
Applesauce - LR1075 (1/2 c.)	20	53.33	0.00	0.00	0.00	2.08	14.63	0.00

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
AHS Mac and Cheese, Garlic Toast and Salad Bar - ServingDate: 11/27/2023								
Banana - LR1074 (1 ea.)	20	105.02	0.39	0.13	0.00	1.18	26.95	1.29
Blueberries with Whipped Topping - LR1470 (1 serving)	0	78.92	1.32	1.18	0.00(M)	3.40(M)	16.85	0.00
Cherries, red, tart, osmotically dried, pitted, sweetened (may have sugar or other sweeteners added) [100299] - LR1426 (1/4 c.)	0	114.00	0.06	0.00	0.00	4.10	27.10	1.00
Fruit, Canned - LR1076 (1/2 c.)	20	59.99	0.00	0.00	0.00	4.99	14.99	0.00
Juice, Apple, 100%, 96/4oz, Thirster, 354977 - LR1437 (1 Carton)	0	60.00	0.00	0.00	0.00	0.00	15.00	0.00
Juice, Grape, Thirster - LR1451 (1 container)	0	60.00	0.00	0.00	0.00	0.00	15.00	0.00
Orange - LR1073 (1 ea.)	20	61.57	0.16	0.02	0.00	0.00	15.39	1.23
Peach Cup with Whipped Topping - LR1467 (1 serving)	0	94.29	1.14	1.14	0.00(M)	0.00(M)	20.14	1.00
Peaches, Diced, Cups, Frozen - LR1185 (1 ea.)	0	80.00	0.00	0.00	0.00	0.00	19.00	1.00
Pears, Diced, Fruit Bowl, 100% Juice, 4oz Dole - LR1372 (1 container)	0	70.00	0.00	0.00	0.00	0.00	18.00	1.00
Raisins, Unsweetened, Individual Package - LR1118 (1 ea.)	0	112.12	0.00	0.00	0.00	3.97	29.77	0.99
Strawberry Cup with Whipped Topping - LR1346 (1 serving)	0	104.60	1.14	1.14	0.00(M)	0.00(M)	21.21	0.00
Tropical Fruit, in 100% Juice, Fruit Bowl, Dole - LR1454 (1 container)	0	60.00	0.00	0.00	0.00	5.00	15.00	1.00
Dark Green, Broccoli - LR1059 (1/8 c.)	10	3.87	0.04	0.01	0.00	3.75	0.76	0.32

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
AHS Mac and Cheese, Garlic Toast and Salad Bar - ServingDate: 11/27/2023								
Dark Green/Other, Romaine/Iceberg Mix - LR1069 (1/2 c.)	10	4.52	0.06	0.01	0.00	2.74	0.92	0.31
Legumes, Black Beans - LR1068 (1/8 c.)	4	27.25	0.00	0.00	0.00	35.00	5.00	1.75
Legumes, Garbanzo Beans - LR1067 (1/8 c.)	4	26.25	0.50	0.00	0.00	35.00	4.25	1.25
Other, Cauliflower - LR1060 (1/8 c.)	10	3.34	0.04	0.02	0.00	4.01	0.67	0.26
Other, Cucumbers - LR1061 (1/8 c.)	10	1.49	0.02	0.01	0.00	0.30	0.32	0.09
Other, Olives - LR1071 (1/8 c.)	1	19.49	1.83	0.38	0.00	123.48	1.01	0.14
Other, Pepperoncini - LR1070 (1/8 c.)	1	2.50	0.00	0.00	0.00	340.00	1.00	0.00
Other, Peppers, Green/Yellow - LR1063 (1/8 c.)	5	2.48	0.02	0.01	0.00	0.36	0.57	0.10
Red/Orange, Carrots - LR1065 (1/8 c.)	15	5.25	0.02	0.00	0.00	11.70	1.24	0.10
Red/Orange, Cherry Tomatoes - LR1077 (1/8 c.)	15	4.59	0.05	0.01	0.00	1.27	0.99	0.22
Red/Orange, Peppers, Red - LR1062 (1/8 c.)	5	2.99	0.04	0.01	0.00	0.46	0.69	0.11
Starchy, Corn - LR1004 (1/8 c.)	5	5.61	0.05	0.01	0.00	0.19	1.32	0.19
Starchy, Peas - LR1066 (1/8 c.)	5	12.90	0.07	0.01	0.00	18.09	2.28	0.87
Milk - Chocolate Non Fat - LR1007 (1 ea.)	85	130.00	1.00	1.00	0.00	210.00	24.00	8.00
Milk - Lactose Free - LR1008 (1 ea.)	2	110.00	2.50	1.50	0.00	130.00	13.00	9.00
Milk - White 1% - LR1006 (1 ea.)	13	108.86	2.65	1.65	(M)	131.54	12.52	8.91
AHS Ranch Dressing - LR1433 (2 oz.)	0	299.82	32.72	4.91	0.00(M)	249.85	0.99	0.32
Caesar Dressing, Pouch, Ken's, 1.5oz - LR1452 (1 pkg.)	0	210.00	23.00	4.00	0.00	400.00	1.00	1.00

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
AHS Taco Salad w/salad bar - ServingDate: 11/28/2023								
*Cheeseburger - LR1226 (1 ea.)	0	360.00	18.50	8.00	0.50	790.00	28.00	22.00
*Mini Corn Dogs - LR1157 (6 ea.)	0	270.00	12.00	3.50	0.00	410.00	30.00	10.00
*Popcorn Chicken - LR1179 (12 piece)	0	250.00	14.00	2.50	0.00	380.00	15.00	15.00
AHS PBJ Sandwich - LR1436 (1 sandwich)	0	563.17	32.71	6.09	0.00	524.64	52.05	20.04
AHS Signature Taco Salad - LR1236 (1 salad)	36	512.20 (M)	25.86 (M)	8.81(M)	0.00(M)	717.61 (M)	49.22 (M)	22.86 (M)
BBQ Pizza with Big Daddy's Primo Four Cheese Pizza - LR1441 (1 slice)	0	412.63 (M)	18.80 (M)	9.27(M)	0.00(M)	672.14 (M)	42.92 (M)	20.68 (M)
Cheesy Stuffed Breadsticks - LR1143 (2 Sticks)	0	290.00	11.00	6.00	0.00	500.00	28.00	19.00
Chef with Ranch Entree Salad - LR1462 (1 salad)	0	902.94	60.49	15.31	0.00(M)	1761.85	54.97	39.60
Chicken Asian Sesame Entree Salad - LR1465 (1 salad)	0	616.05 (M)	27.61 (M)	8.60(M)	0.00(M)	1577.66 (M)	77.76 (M)	17.49 (M)
Chicken Burger - LR1079 (1 ea.)	0	340.00	10.50	1.50	0.00	490.00	36.00	25.00
Chicken Caesar Salad - LR1471 (1 salad)	0	562.19 (M)	39.20 (M)	10.77 (M)	0.00(M)	1593.01 (M)	40.29 (M)	13.45 (M)
Chicken Caesar Wrap - LR1450 (1 ea.)	0	460.89 (M)	17.85 (M)	6.13(M)	0.00(M)	1123.18 (M)	39.55 (M)	32.52 (M)
Chicken Pesto Wrap - LR1449 (1 ea.)	0	617.64 (M)	39.07 (M)	9.62(M)	0.02(M)	663.36 (M)	35.17 (M)	28.48 (M)
Combination and Cheese Sub Sandwich - LR1469 (1 sandwich)	0	547.75	30.53	12.25	0.31	1875.45	33.24	35.04
Eagle Supreme Pizza - LR1442 (1 slice)	0	414.01	20.59	9.75	0.00(M)	775.02	35.88	25.46
Empanada, Enchilada, Chicken 48/5oz, 2wg/2m Albie's - LR1438 (1 ea.)	0	300.00	11.00	5.00	0.00	650.00	32.00	19.00
Ham with Ranch Entree Salad - LR1460 (1 salad)	0	816.53	55.77	14.48	0.00(M)	1658.43	54.19	29.77

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
AHS Taco Salad w/salad bar - ServingDate: 11/28/2023								
Ham, and Cheese Sub Sandwich - LR1446 (1 sandwich)	0	421.67	21.77	9.38	0.00	1339.64	33.05	24.49
Hawaiian Pizza with Big Daddy's Pizza - LR1443 (1 slice)	8	456.44	20.45	9.84	0.00	996.49	38.30	33.73
Italian Salad - LR1480 (1 salad)	0	785.43	47.60	14.69	0.43(M)	1768.56	63.08	31.74
Pepperoni/Canadian Bacon and Cheese Sub Sandwich - LR1447 (1 sandwich)	0	611.29	38.52	15.35	0.61	1989.80	32.66	32.41
Pizza, Four Cheese Big Daddy's Primo, Schwans 68591 - LR1440 (1 slice)	10	350.00	17.00	8.00	0.00	470.00	34.00	19.00
Pizza, Garlic Cheese, 6" French Bread, Tony's, Schwans - LR1417 (1 pizza)	0	320.00	15.00	6.00	0.00	530.00	29.00	18.00
Pizza, Pepperoni, 6" French Bread, WG, Tony's - LR1439 (1 pizza)	0	360.00	16.00	7.00	0.00	660.00	35.00	19.00
Pizza-Big Daddy's Pepperoni - LR1089 (1 slice)	46	328.18	14.37	5.60	0.00	464.28	34.34	16.03
Southwest Chicken Salad - LR1477 (1 salad)	0	774.54 (M)	52.44 (M)	12.71 (M)	0.00(M)	1234.68 (M)	60.39 (M)	19.25 (M)
Sweet and Spicy Chicken Entree Salad - LR1464 (1 salad)	0	548.08 (M)	26.31 (M)	8.81(M)	0.00(M)	1507.03 (M)	65.30 (M)	17.02 (M)
Turkey and Cheese Sub Sandwich - LR1444 (1 sandwich)	0	422.00	20.19	7.75	0.00	1328.92	33.09	28.13
Turkey with Ranch Entree Salad - LR1461 (1 salad)	0	817.92	54.06	12.69	0.00(M)	1652.15	54.26	33.98
Turkey, Ham, and Cheese Sub Sandwich - LR1445 (1 sandwich)	0	436.80	21.47	8.73	0.00	1415.35	33.40	28.95
Garlic Toast - LR1111 (1 ea.)	1	70.00	2.50	0.50	0.00	95.00	11.00	2.00

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
AHS Taco Salad w/salad bar - ServingDate: 11/28/2023								
Beets, pickled, canned, solids and liquids - LR1453 (1/2 cup slices)	1	73.78	0.09	0.01	0.00	169.12	18.48	0.91
Celery - LR1163 (1/2 cup choppe)	1	7.07	0.09	0.02	0.00	40.40	1.50	0.35
Onions, yellow, 3/8" diced, 4/5#, US Foods, 44998 - LR1435 (72 g.)	1	28.80	0.00	0.00	0.00	0.00	7.20	0.72
* Juice, Orange, Cartons 100277 - LR1126 (1 Carton)	0	60.00	0.00	0.00	0.00	0.00	15.00	1.00
* Mixed Fruit Cup, W870 - LR1146 (1/2 c.)	0	80.00	0.00	0.00	0.00	15.00	19.00	0.00
Apple - LR1072 (1 ea.)	20	95.00	0.31	0.06	0.00	2.00	25.13	0.47
Applesauce - LR1075 (1/2 c.)	20	53.33	0.00	0.00	0.00	2.08	14.63	0.00
Banana - LR1074 (1 ea.)	15	105.02	0.39	0.13	0.00	1.18	26.95	1.29
Blueberries with Whipped Topping - LR1470 (1 serving)	0	78.92	1.32	1.18	0.00(M)	3.40(M)	16.85	0.00
Cherries, red, tart, osmotically dried, pitted, sweetened (may have sugar or other sweeteners added) [100299] - LR1426 (1/4 c.)	0	114.00	0.06	0.00	0.00	4.10	27.10	1.00
Fruit, Canned - LR1076 (1/2 c.)	10	59.99	0.00	0.00	0.00	4.99	14.99	0.00
Juice, Apple, 100%, 96/4oz, Thirster, 354977 - LR1437 (1 Carton)	0	60.00	0.00	0.00	0.00	0.00	15.00	0.00
Juice, Grape, Thirster - LR1451 (1 container)	0	60.00	0.00	0.00	0.00	0.00	15.00	0.00
Orange - LR1073 (1 ea.)	10	61.57	0.16	0.02	0.00	0.00	15.39	1.23
Peach Cup with Whipped Topping - LR1467 (1 serving)	0	94.29	1.14	1.14	0.00(M)	0.00(M)	20.14	1.00

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
AHS Taco Salad w/salad bar - ServingDate: 11/28/2023								
Peaches, Diced, Cups, Frozen - LR1185 (1 ea.)	0	80.00	0.00	0.00	0.00	0.00	19.00	1.00
Pears, Diced, Fruit Bowl, 100% Juice, 4oz Dole - LR1372 (1 container)	0	70.00	0.00	0.00	0.00	0.00	18.00	1.00
Raisins, Unsweetened, Individual Package - LR1118 (1 ea.)	10	112.12	0.00	0.00	0.00	3.97	29.77	0.99
Strawberry Cup with Whipped Topping - LR1346 (1 serving)	0	104.60	1.14	1.14	0.00(M)	0.00(M)	21.21	0.00
Tropical Fruit, in 100% Juice, Fruit Bowl, Dole - LR1454 (1 container)	15	60.00	0.00	0.00	0.00	5.00	15.00	1.00
Dark Green, Broccoli - LR1059 (1/8 c.)	10	3.87	0.04	0.01	0.00	3.75	0.76	0.32
Dark Green/Other, Romaine/Iceberg Mix - LR1069 (1/2 c.)	10	4.52	0.06	0.01	0.00	2.74	0.92	0.31
Legumes, Black Beans - LR1068 (1/8 c.)	4	27.25	0.00	0.00	0.00	35.00	5.00	1.75
Legumes, Garbanzo Beans - LR1067 (1/8 c.)	4	26.25	0.50	0.00	0.00	35.00	4.25	1.25
Other, Cauliflower - LR1060 (1/8 c.)	10	3.34	0.04	0.02	0.00	4.01	0.67	0.26
Other, Cucumbers - LR1061 (1/8 c.)	10	1.49	0.02	0.01	0.00	0.30	0.32	0.09
Other, Olives - LR1071 (1/8 c.)	1	19.49	1.83	0.38	0.00	123.48	1.01	0.14
Other, Pepperoncini - LR1070 (1/8 c.)	1	2.50	0.00	0.00	0.00	340.00	1.00	0.00
Other, Peppers, Green/Yellow - LR1063 (1/8 c.)	5	2.48	0.02	0.01	0.00	0.36	0.57	0.10
Red/Orange, Carrots - LR1065 (1/8 c.)	15	5.25	0.02	0.00	0.00	11.70	1.24	0.10
Red/Orange, Cherry Tomatoes - LR1077 (1/8 c.)	15	4.59	0.05	0.01	0.00	1.27	0.99	0.22
Red/Orange, Peppers, Red - LR1062 (1/8 c.)	5	2.99	0.04	0.01	0.00	0.46	0.69	0.11

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
AHS Taco Salad w/salad bar - ServingDate: 11/28/2023								
Starchy, Corn - LR1004 (1/8 c.)	5	5.61	0.05	0.01	0.00	0.19	1.32	0.19
Starchy, Peas - LR1066 (1/8 c.)	5	12.90	0.07	0.01	0.00	18.09	2.28	0.87
Milk - Chocolate Non Fat - LR1007 (1 ea.)	85	130.00	1.00	1.00	0.00	210.00	24.00	8.00
Milk - Lactose Free - LR1008 (1 ea.)	2	110.00	2.50	1.50	0.00	130.00	13.00	9.00
Milk - White 1% - LR1006 (1 ea.)	13	108.86	2.65	1.65	(M)	131.54	12.52	8.91
AHS Pico de Gallo - LR1434 (2 Ounce serv)	20	13.47	0.12	0.01	0.00	13.06	3.02	0.56
AHS Ranch Dressing - LR1433 (2 oz.)	5	299.82	32.72	4.91	0.00(M)	249.85	0.99	0.32
Caesar Dressing, Pouch, Ken's, 1.5oz - LR1452 (1 pkg.)	4	210.00	23.00	4.00	0.00	400.00	1.00	1.00
Sour Cream - LR1035 (1/4 c.)	20	(M)	(M)	(M)	(M)	(M)	(M)	(M)
USDA Salsa, tomato, canned, low-sodium, contains: peeled tomatoes, tomato puree, onions, green chile peppers, jalapenos, salt, vinegar and any mixture of green peppers, cilantro, cumin, coriander, xanthan gum, flavorings, modified - LR1427 (2 tbsp.)	20	11.25	0.06	0.01	0.00	35.00	2.18	0.47
AHS Fish Burger with Crinkle Cut Fries - ServingDate: 11/29/2023								
*Cheeseburger - LR1226 (1 ea.)	1	360.00	18.50	8.00	0.50	790.00	28.00	22.00
*Mini Corn Dogs - LR1157 (6 ea.)	1	270.00	12.00	3.50	0.00	410.00	30.00	10.00
*Popcorn Chicken - LR1179 (12 piece)	1	250.00	14.00	2.50	0.00	380.00	15.00	15.00
AHS Fish Burger - LR1476 (1 burger)	35	416.78	18.52	1.70	0.00	574.98	43.25	22.05

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
AHS Fish Burger with Crinkle Cut Fries - ServingDate: 11/29/2023								
AHS PBJ Sandwich - LR1436 (1 sandwich)	2	563.17	32.71	6.09	0.00	524.64	52.05	20.04
BBQ Pizza with Big Daddy's Primo Four Cheese Pizza - LR1441 (1 slice)	5	412.63 (M)	18.80 (M)	9.27(M)	0.00(M)	672.14 (M)	42.92 (M)	20.68 (M)
Cheesy Stuffed Breadsticks - LR1143 (2 Sticks)	1	290.00	11.00	6.00	0.00	500.00	28.00	19.00
Chef with Ranch Entree Salad - LR1462 (1 salad)	4	902.94	60.49	15.31	0.00(M)	1761.85	54.97	39.60
Chicken Asian Sesame Entree Salad - LR1465 (1 salad)	1	616.05 (M)	27.61 (M)	8.60(M)	0.00(M)	1577.66 (M)	77.76 (M)	17.49 (M)
Chicken Burger - LR1079 (1 ea.)	1	340.00	10.50	1.50	0.00	490.00	36.00	25.00
Chicken Caesar Salad - LR1471 (1 salad)	5	562.19 (M)	39.20 (M)	10.77 (M)	0.00(M)	1593.01 (M)	40.29 (M)	13.45 (M)
Chicken Caesar Wrap - LR1450 (1 ea.)	1	460.89 (M)	17.85 (M)	6.13(M)	0.00(M)	1123.18 (M)	39.55 (M)	32.52 (M)
Chicken Pesto Wrap - LR1449 (1 ea.)	1	617.64 (M)	39.07 (M)	9.62(M)	0.02(M)	663.36 (M)	35.17 (M)	28.48 (M)
Combination and Cheese Sub Sandwich - LR1469 (1 sandwich)	1	547.75	30.53	12.25	0.31	1875.45	33.24	35.04
Eagle Supreme Pizza - LR1442 (1 slice)	5	414.01	20.59	9.75	0.00(M)	775.02	35.88	25.46
Empanada, Enchilada, Chicken 48/5oz, 2wg/2m Albie's - LR1438 (1 ea.)	1	300.00	11.00	5.00	0.00	650.00	32.00	19.00
Ham with Ranch Entree Salad - LR1460 (1 salad)	5	816.53	55.77	14.48	0.00(M)	1658.43	54.19	29.77
Ham, and Cheese Sub Sandwich - LR1446 (1 sandwich)	1	421.67	21.77	9.38	0.00	1339.64	33.05	24.49
Hawaiian Pizza with Big Daddy's Pizza - LR1443 (1 slice)	5	456.44	20.45	9.84	0.00	996.49	38.30	33.73
Pepperoni/Canadian Bacon and Cheese Sub Sandwich - LR1447 (1 sandwich)	1	611.29	38.52	15.35	0.61	1989.80	32.66	32.41

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
AHS Fish Burger with Crinkle Cut Fries - ServingDate: 11/29/2023								
Pizza, Four Cheese Big Daddy's Primo, Schwans 68591 - LR1440 (1 slice)	5	350.00	17.00	8.00	0.00	470.00	34.00	19.00
Pizza, Garlic Cheese, 6" French Bread, Tony's, Schwans - LR1417 (1 pizza)	1	320.00	15.00	6.00	0.00	530.00	29.00	18.00
Pizza, Pepperoni, 6" French Bread, WG, Tony's - LR1439 (1 pizza)	1	360.00	16.00	7.00	0.00	660.00	35.00	19.00
Pizza-Big Daddy's Pepperoni - LR1089 (1 slice)	7	328.18	14.37	5.60	0.00	464.28	34.34	16.03
Sweet and Spicy Chicken Entree Salad - LR1464 (1 salad)	1	548.08 (M)	26.31 (M)	8.81(M)	0.00(M)	1507.03 (M)	65.30 (M)	17.02 (M)
Turkey and Cheese Sub Sandwich - LR1444 (1 sandwich)	1	422.00	20.19	7.75	0.00	1328.92	33.09	28.13
Turkey with Ranch Entree Salad - LR1461 (1 salad)	5	817.92	54.06	12.69	0.00(M)	1652.15	54.26	33.98
Turkey, Ham, and Cheese Sub Sandwich - LR1445 (1 sandwich)	1	436.80	21.47	8.73	0.00	1415.35	33.40	28.95
Garlic Toast - LR1111 (1 ea.)	1	70.00	2.50	0.50	0.00	95.00	11.00	2.00
Beets, pickled, canned, solids and liquids - LR1453 (1/2 cup slices)	0	73.78	0.09	0.01	0.00	169.12	18.48	0.91
Celery - LR1163 (1/2 cup choppe)	0	7.07	0.09	0.02	0.00	40.40	1.50	0.35
Crinkle Cut Fries - LR1098 (3/4 c.)	35	150.00	6.00	0.75	0.00	270.00	21.00	2.70
Onions, yellow, 3/8" diced, 4/5#, US Foods, 44998 - LR1435 (72 g.)	0	28.80	0.00	0.00	0.00	0.00	7.20	0.72
* Juice, Orange, Cartons 100277 - LR1126 (1 Carton)	0	60.00	0.00	0.00	0.00	0.00	15.00	1.00
* Mixed Fruit Cup, W870 - LR1146 (1/2 c.)	0	80.00	0.00	0.00	0.00	15.00	19.00	0.00

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
AHS Fish Burger with Crinkle Cut Fries - ServingDate: 11/29/2023								
Apple - LR1072 (1 ea.)	20	95.00	0.31	0.06	0.00	2.00	25.13	0.47
Applesauce - LR1075 (1/2 c.)	20	53.33	0.00	0.00	0.00	2.08	14.63	0.00
Banana - LR1074 (1 ea.)	20	105.02	0.39	0.13	0.00	1.18	26.95	1.29
Blueberries with Whipped Topping - LR1470 (1 serving)	0	78.92	1.32	1.18	0.00(M)	3.40(M)	16.85	0.00
Cherries, red, tart, osmotically dried, pitted, sweetened (may have sugar or other sweeteners added) [100299] - LR1426 (1/4 c.)	0	114.00	0.06	0.00	0.00	4.10	27.10	1.00
Fruit, Canned - LR1076 (1/2 c.)	20	59.99	0.00	0.00	0.00	4.99	14.99	0.00
Juice, Apple, 100%, 96/4oz, Thirster, 354977 - LR1437 (1 Carton)	0	60.00	0.00	0.00	0.00	0.00	15.00	0.00
Juice, Grape, Thirster - LR1451 (1 container)	0	60.00	0.00	0.00	0.00	0.00	15.00	0.00
Orange - LR1073 (1 ea.)	20	61.57	0.16	0.02	0.00	0.00	15.39	1.23
Peach Cup with Whipped Topping - LR1467 (1 serving)	0	94.29	1.14	1.14	0.00(M)	0.00(M)	20.14	1.00
Peaches, Diced, Cups, Frozen - LR1185 (1 ea.)	0	80.00	0.00	0.00	0.00	0.00	19.00	1.00
Pears, Diced, Fruit Bowl, 100% Juice, 4oz Dole - LR1372 (1 container)	0	70.00	0.00	0.00	0.00	0.00	18.00	1.00
Raisins, Unsweetened, Individual Package - LR1118 (1 ea.)	0	112.12	0.00	0.00	0.00	3.97	29.77	0.99
Strawberry Cup with Whipped Topping - LR1346 (1 serving)	0	104.60	1.14	1.14	0.00(M)	0.00(M)	21.21	0.00
Tropical Fruit, in 100% Juice, Fruit Bowl, Dole - LR1454 (1 container)	0	60.00	0.00	0.00	0.00	5.00	15.00	1.00

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
AHS Fish Burger with Crinkle Cut Fries - ServingDate: 11/29/2023								
Dark Green, Broccoli - LR1059 (1/8 c.)	10	3.87	0.04	0.01	0.00	3.75	0.76	0.32
Dark Green/Other, Romaine/Iceberg Mix - LR1069 (1/2 c.)	10	4.52	0.06	0.01	0.00	2.74	0.92	0.31
Legumes, Black Beans - LR1068 (1/8 c.)	4	27.25	0.00	0.00	0.00	35.00	5.00	1.75
Legumes, Garbanzo Beans - LR1067 (1/8 c.)	4	26.25	0.50	0.00	0.00	35.00	4.25	1.25
Other, Cauliflower - LR1060 (1/8 c.)	10	3.34	0.04	0.02	0.00	4.01	0.67	0.26
Other, Cucumbers - LR1061 (1/8 c.)	10	1.49	0.02	0.01	0.00	0.30	0.32	0.09
Other, Olives - LR1071 (1/8 c.)	1	19.49	1.83	0.38	0.00	123.48	1.01	0.14
Other, Pepperoncini - LR1070 (1/8 c.)	1	2.50	0.00	0.00	0.00	340.00	1.00	0.00
Other, Peppers, Green/Yellow - LR1063 (1/8 c.)	5	2.48	0.02	0.01	0.00	0.36	0.57	0.10
Red/Orange, Carrots - LR1065 (1/8 c.)	15	5.25	0.02	0.00	0.00	11.70	1.24	0.10
Red/Orange, Cherry Tomatoes - LR1077 (1/8 c.)	15	4.59	0.05	0.01	0.00	1.27	0.99	0.22
Red/Orange, Peppers, Red - LR1062 (1/8 c.)	5	2.99	0.04	0.01	0.00	0.46	0.69	0.11
Starchy, Corn - LR1004 (1/8 c.)	5	5.61	0.05	0.01	0.00	0.19	1.32	0.19
Starchy, Peas - LR1066 (1/8 c.)	5	12.90	0.07	0.01	0.00	18.09	2.28	0.87
Milk - Chocolate Non Fat - LR1007 (1 ea.)	85	130.00	1.00	1.00	0.00	210.00	24.00	8.00
Milk - Lactose Free - LR1008 (1 ea.)	2	110.00	2.50	1.50	0.00	130.00	13.00	9.00
Milk - White 1% - LR1006 (1 ea.)	13	108.86	2.65	1.65	(M)	131.54	12.52	8.91
AHS Ranch Dressing - LR1433 (2 oz.)	15	299.82	32.72	4.91	0.00(M)	249.85	0.99	0.32
Caesar Dressing, Pouch, Ken's, 1.5oz - LR1452 (1 pkg.)	5	210.00	23.00	4.00	0.00	400.00	1.00	1.00

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
Nachos and Salad Bar - Serving Date: 11/30/2023								
*Cheeseburger - LR1226 (1 ea.)	1	360.00	18.50	8.00	0.50	790.00	28.00	22.00
*Mini Corn Dogs - LR1157 (6 ea.)	1	270.00	12.00	3.50	0.00	410.00	30.00	10.00
*Popcorn Chicken - LR1179 (12 piece)	1	250.00	14.00	2.50	0.00	380.00	15.00	15.00
Beef Nachos - LR1258 (1 serving)	35	548.73 (M)	29.29 (M)	11.42 (M)	0.00(M)	1160.14 (M)	35.68 (M)	35.22 (M)
AHS PBJ Sandwich - LR1436 (1 sandwich)	1	563.17	32.71	6.09	0.00	524.64	52.05	20.04
BBQ Pizza with Big Daddy's Primo Four Cheese Pizza - LR1441 (1 slice)	1	412.63 (M)	18.80 (M)	9.27(M)	0.00(M)	672.14 (M)	42.92 (M)	20.68 (M)
Cheesy Stuffed Breadsticks - LR1143 (2 Sticks)	1	290.00	11.00	6.00	0.00	500.00	28.00	19.00
Chef with Ranch Entree Salad - LR1462 (1 salad)	2	902.94	60.49	15.31	0.00(M)	1761.85	54.97	39.60
Chicken Asian Sesame Entree Salad - LR1465 (1 salad)	2	616.05 (M)	27.61 (M)	8.60(M)	0.00(M)	1577.66 (M)	77.76 (M)	17.49 (M)
Chicken Burger - LR1079 (1 ea.)	1	340.00	10.50	1.50	0.00	490.00	36.00	25.00
Chicken Caesar Salad - LR1471 (1 salad)	3	562.19 (M)	39.20 (M)	10.77 (M)	0.00(M)	1593.01 (M)	40.29 (M)	13.45 (M)
Chicken Caesar Wrap - LR1450 (1 ea.)	2	460.89 (M)	17.85 (M)	6.13(M)	0.00(M)	1123.18 (M)	39.55 (M)	32.52 (M)
Chicken Pesto Wrap - LR1449 (1 ea.)	1	617.64 (M)	39.07 (M)	9.62(M)	0.02(M)	663.36 (M)	35.17 (M)	28.48 (M)
Combination and Cheese Sub Sandwich - LR1469 (1 sandwich)	1	547.75	30.53	12.25	0.31	1875.45	33.24	35.04
Eagle Supreme Pizza - LR1442 (1 slice)	5	414.01	20.59	9.75	0.00(M)	775.02	35.88	25.46
Empanada, Enchilada, Chicken 48/5oz, 2wg/2m Albie's - LR1438 (1 ea.)	1	300.00	11.00	5.00	0.00	650.00	32.00	19.00
Ham with Ranch Entree Salad - LR1460 (1 salad)	2	816.53	55.77	14.48	0.00(M)	1658.43	54.19	29.77

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
Nachos and Salad Bar - Serving Date: 11/30/2023								
Ham, and Cheese Sub Sandwich - LR1446 (1 sandwich)	1	421.67	21.77	9.38	0.00	1339.64	33.05	24.49
Hawaiian Pizza with Big Daddy's Pizza - LR1443 (1 slice)	10	456.44	20.45	9.84	0.00	996.49	38.30	33.73
Italian Salad - LR1480 (1 salad)	0	785.43	47.60	14.69	0.43(M)	1768.56	63.08	31.74
Pepperoni/Canadian Bacon and Cheese Sub Sandwich - LR1447 (1 sandwich)	1	611.29	38.52	15.35	0.61	1989.80	32.66	32.41
Pizza, Four Cheese Big Daddy's Primo, Schwans 68591 - LR1440 (1 slice)	10	350.00	17.00	8.00	0.00	470.00	34.00	19.00
Pizza, Garlic Cheese, 6" French Bread, Tony's, Schwans - LR1417 (1 pizza)	1	320.00	15.00	6.00	0.00	530.00	29.00	18.00
Pizza, Pepperoni, 6" French Bread, WG, Tony's - LR1439 (1 pizza)	1	360.00	16.00	7.00	0.00	660.00	35.00	19.00
Pizza-Big Daddy's Pepperoni - LR1089 (1 slice)	10	328.18	14.37	5.60	0.00	464.28	34.34	16.03
Southwest Chicken Salad - LR1477 (1 salad)	0	774.54 (M)	52.44 (M)	12.71 (M)	0.00(M)	1234.68 (M)	60.39 (M)	19.25 (M)
Sweet and Spicy Chicken Entree Salad - LR1464 (1 salad)	1	548.08 (M)	26.31 (M)	8.81(M)	0.00(M)	1507.03 (M)	65.30 (M)	17.02 (M)
Turkey and Cheese Sub Sandwich - LR1444 (1 sandwich)	1	422.00	20.19	7.75	0.00	1328.92	33.09	28.13
Turkey with Ranch Entree Salad - LR1461 (1 salad)	2	817.92	54.06	12.69	0.00(M)	1652.15	54.26	33.98
Turkey, Ham, and Cheese Sub Sandwich - LR1445 (1 sandwich)	1	436.80	21.47	8.73	0.00	1415.35	33.40	28.95
Garlic Toast - LR1111 (1 ea.)	1	70.00	2.50	0.50	0.00	95.00	11.00	2.00

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
Nachos and Salad Bar - ServingDate: 11/30/2023								
Beets, pickled, canned, solids and liquids - LR1453 (1/2 cup slices)	0	73.78	0.09	0.01	0.00	169.12	18.48	0.91
Celery - LR1163 (1/2 cup choppe)	0	7.07	0.09	0.02	0.00	40.40	1.50	0.35
Onions, yellow, 3/8" diced, 4/5#, US Foods, 44998 - LR1435 (72 g.)	0	28.80	0.00	0.00	0.00	0.00	7.20	0.72
* Juice, Orange, Cartons 100277 - LR1126 (1 Carton)	0	60.00	0.00	0.00	0.00	0.00	15.00	1.00
* Mixed Fruit Cup, W870 - LR1146 (1/2 c.)	0	80.00	0.00	0.00	0.00	15.00	19.00	0.00
Apple - LR1072 (1 ea.)	20	95.00	0.31	0.06	0.00	2.00	25.13	0.47
Applesauce - LR1075 (1/2 c.)	20	53.33	0.00	0.00	0.00	2.08	14.63	0.00
Banana - LR1074 (1 ea.)	20	105.02	0.39	0.13	0.00	1.18	26.95	1.29
Blueberries with Whipped Topping - LR1470 (1 serving)	0	78.92	1.32	1.18	0.00(M)	3.40(M)	16.85	0.00
Cherries, red, tart, osmotically dried, pitted, sweetened (may have sugar or other sweeteners added) [100299] - LR1426 (1/4 c.)	0	114.00	0.06	0.00	0.00	4.10	27.10	1.00
Fruit, Canned - LR1076 (1/2 c.)	20	59.99	0.00	0.00	0.00	4.99	14.99	0.00
Juice, Apple, 100%, 96/4oz, Thirster, 354977 - LR1437 (1 Carton)	0	60.00	0.00	0.00	0.00	0.00	15.00	0.00
Juice, Grape, Thirster - LR1451 (1 container)	0	60.00	0.00	0.00	0.00	0.00	15.00	0.00
Orange - LR1073 (1 ea.)	20	61.57	0.16	0.02	0.00	0.00	15.39	1.23
Peach Cup with Whipped Topping - LR1467 (1 serving)	0	94.29	1.14	1.14	0.00(M)	0.00(M)	20.14	1.00
Peaches, Diced, Cups, Frozen - LR1185 (1 ea.)	0	80.00	0.00	0.00	0.00	0.00	19.00	1.00

Menu Calendar Nutrient Analysis Report - November, 2023

Site: ALL
 Date: 11/01/2023 - 11/30/2023

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
Nachos and Salad Bar - Serving Date: 11/30/2023								
Pears, Diced, Fruit Bowl, 100% Juice, 4oz Dole - LR1372 (1 container)	0	70.00	0.00	0.00	0.00	0.00	18.00	1.00
Raisins, Unsweetened, Individual Package - LR1118 (1 ea.)	0	112.12	0.00	0.00	0.00	3.97	29.77	0.99
Strawberry Cup with Whipped Topping - LR1346 (1 serving)	0	104.60	1.14	1.14	0.00(M)	0.00(M)	21.21	0.00
Tropical Fruit, in 100% Juice, Fruit Bowl, Dole - LR1454 (1 container)	0	60.00	0.00	0.00	0.00	5.00	15.00	1.00
Dark Green, Broccoli - LR1059 (1/8 c.)	10	3.87	0.04	0.01	0.00	3.75	0.76	0.32
Dark Green/Other, Romaine/Iceberg Mix - LR1069 (1/2 c.)	10	4.52	0.06	0.01	0.00	2.74	0.92	0.31
Legumes, Black Beans - LR1068 (1/8 c.)	4	27.25	0.00	0.00	0.00	35.00	5.00	1.75
Legumes, Garbanzo Beans - LR1067 (1/8 c.)	4	26.25	0.50	0.00	0.00	35.00	4.25	1.25
Other, Cauliflower - LR1060 (1/8 c.)	10	3.34	0.04	0.02	0.00	4.01	0.67	0.26
Other, Cucumbers - LR1061 (1/8 c.)	10	1.49	0.02	0.01	0.00	0.30	0.32	0.09
Other, Olives - LR1071 (1/8 c.)	1	19.49	1.83	0.38	0.00	123.48	1.01	0.14
Other, Pepperoncini - LR1070 (1/8 c.)	1	2.50	0.00	0.00	0.00	340.00	1.00	0.00
Other, Peppers, Green/Yellow - LR1063 (1/8 c.)	5	2.48	0.02	0.01	0.00	0.36	0.57	0.10
Red/Orange, Carrots - LR1065 (1/8 c.)	15	5.25	0.02	0.00	0.00	11.70	1.24	0.10
Red/Orange, Cherry Tomatoes - LR1077 (1/8 c.)	15	4.59	0.05	0.01	0.00	1.27	0.99	0.22
Red/Orange, Peppers, Red - LR1062 (1/8 c.)	5	2.99	0.04	0.01	0.00	0.46	0.69	0.11
Starchy, Corn - LR1004 (1/8 c.)	5	5.61	0.05	0.01	0.00	0.19	1.32	0.19
Starchy, Peas - LR1066 (1/8 c.)	5	12.90	0.07	0.01	0.00	18.09	2.28	0.87

Menu Calendar Nutrient Analysis Report - November, 2023

Site: ALL
 Date: 11/01/2023 - 11/30/2023

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
Nachos and Salad Bar - ServingDate: 11/30/2023								
Milk - Chocolate Non Fat - LR1007 (1 ea.)	85	130.00	1.00	1.00	0.00	210.00	24.00	8.00
Milk - Lactose Free - LR1008 (1 ea.)	2	110.00	2.50	1.50	0.00	130.00	13.00	9.00
Milk - White 1% - LR1006 (1 ea.)	13	108.86	2.65	1.65	(M)	131.54	12.52	8.91
AHS Pico de Gallo - LR1434 (2 Ounce serv)	25	13.47	0.12	0.01	0.00	13.06	3.02	0.56
AHS Ranch Dressing - LR1433 (2 oz.)	10	299.82	32.72	4.91	0.00(M)	249.85	0.99	0.32
Caesar Dressing, Pouch, Ken's, 1.5oz - LR1452 (1 pkg.)	2	210.00	23.00	4.00	0.00	400.00	1.00	1.00
Peppers, jalapeno, canned, solids and liquids - LR1455 (1/4 cup, chopp)	10	9.18	0.32	0.03	0.00	568.14	1.61	0.31
Sour Cream - LR1035 (1/4 c.)	5	(M)	(M)	(M)	(M)	(M)	(M)	(M)
USDA Salsa, Low-sodium, Canned - LR1428 (1/2 c.)	10	40.00	0.00	0.00	0.00	139.99	8.00	0.00

Legend
 (M) - Missing Nutrient Values

Report Selections
 Meal Type: Lunch
 Site Group: High School
 Menu Line: Main
 Serving Group: 9-12
 Nutrients Option: Expanded