

Menu Calendar Nutrient Analysis Report - April, 2023

Site: ALL
Date: 04/01/2023 - 04/30/2023

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)	
Cinnamon Roll - ServingDate: 04/10/2023																				
Cinnamon Roll - LR1328 (1 ea.)	100	240.00	7.00	3.00	(M)	5.00	280.00	40.00	3.00	16.00	16.00	5.00	1.00	43.00	(M)	(M)	(M)	126.90	(M)	
* Juice, Orange, Cartons 100277 - LR1126 (1 Carton)	20	60.00	0.00	0.00	0.00	0.00	0.00	15.00	0.00	14.00	0.00	1.00	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Apple - LR1072 (1 ea.)	20	95.00	0.31	0.06	0.00	0.00	2.00	25.13	4.40	(M)	(M)	0.47	0.22	10.99	98.01	8.41	(M)	(M)	(M)	
Applesauce - LR1075 (1/2 c.)	20	53.33	0.00	0.00	0.00	0.00	2.08	14.63	1.03	11.49	(M)	0.00	0.00	0.00	0.00	62.74	(M)	(M)	(M)	
Banana - LR1074 (1 ea.)	20	105.02	0.39	0.13	0.00	0.00	1.18	26.95	3.07	14.43	(M)	1.29	0.31	5.90	75.52	10.27	0.00	422.44	88.39	
Orange - LR1073 (1 ea.)	20	61.57	0.16	0.02	0.00	0.00	0.00	15.39	3.14	12.25	(M)	1.23	0.13	52.40	294.75	69.69	0.00	237.11	113.64	
Milk - Chocolate Non Fat - LR1007 (1 ea.)	70	130.00	1.00	1.00	0.00	5.00	210.00	24.00	0.00	22.00	0.00	8.00	0.00	350.00	500.00	1.20	5.00	430.05	0.00(M)	
Milk - Lactose Free - LR1008 (1 ea.)	2	110.00	2.50	1.50	0.00	15.00	130.00	13.00	0.00	12.00	0.00	9.00	0.00	300.00	500.00	0.00	(M)	410.00	(M)	
Milk - White 1% - LR1006 (1 ea.)	28	108.86	2.65	1.65	(M)	9.07	131.54	12.52	0.00	(M)	(M)	8.91	0.14	322.06	460.40	2.72	2.27	408.24	201.26	
mini waffles - ServingDate: 04/11/2023																				
mini waffles - LR1362 (1 ea.)	100	210.00	6.00	1.00	0.00	0.00	170.00	37.00	2.00	13.00	12.00	3.00	1.40	30.00	(M)	(M)	0.00	120.00	(M)	
* Juice, Orange, Cartons 100277 - LR1126 (1 Carton)	0	60.00	0.00	0.00	0.00	0.00	0.00	15.00	0.00	14.00	0.00	1.00	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Apple - LR1072 (1 ea.)	20	95.00	0.31	0.06	0.00	0.00	2.00	25.13	4.40	(M)	(M)	0.47	0.22	10.99	98.01	8.41	(M)	(M)	(M)	
Applesauce - LR1075 (1/2 c.)	20	53.33	0.00	0.00	0.00	0.00	2.08	14.63	1.03	11.49	(M)	0.00	0.00	0.00	0.00	62.74	(M)	(M)	(M)	
Banana - LR1074 (1 ea.)	20	105.02	0.39	0.13	0.00	0.00	1.18	26.95	3.07	14.43	(M)	1.29	0.31	5.90	75.52	10.27	0.00	422.44	88.39	
Orange - LR1073 (1 ea.)	20	61.57	0.16	0.02	0.00	0.00	0.00	15.39	3.14	12.25	(M)	1.23	0.13	52.40	294.75	69.69	0.00	237.11	113.64	
Milk - Chocolate Non Fat - LR1007 (1 ea.)	70	130.00	1.00	1.00	0.00	5.00	210.00	24.00	0.00	22.00	0.00	8.00	0.00	350.00	500.00	1.20	5.00	430.05	0.00(M)	
Milk - Lactose Free - LR1008 (1 ea.)	2	110.00	2.50	1.50	0.00	15.00	130.00	13.00	0.00	12.00	0.00	9.00	0.00	300.00	500.00	0.00	(M)	410.00	(M)	
Milk - White 1% - LR1006 (1 ea.)	28	108.86	2.65	1.65	(M)	9.07	131.54	12.52	0.00	(M)	(M)	8.91	0.14	322.06	460.40	2.72	2.27	408.24	201.26	

Menu Calendar Nutrient Analysis Report - April, 2023

Site: ALL
Date: 04/01/2023 - 04/30/2023

Item Name (Serving Size)	Ash (g)
Cinnamon Roll - ServingDate: 04/10/2023	
Cinnamon Roll - LR1328 (1 ea.)	(M)
* Juice, Orange, Cartons 100277 - LR1126 (1 Carton)	(M)
Apple - LR1072 (1 ea.)	(M)
Applesauce - LR1075 (1/2 c.)	(M)
Banana - LR1074 (1 ea.)	0.97
Orange - LR1073 (1 ea.)	0.58
Milk - Chocolate Non Fat - LR1007 (1 ea.)	0.00(M)
Milk - Lactose Free - LR1008 (1 ea.)	(M)
Milk - White 1% - LR1006 (1 ea.)	1.95
mini waffles - ServingDate: 04/11/2023	
mini waffles - LR1362 (1 ea.)	(M)
* Juice, Orange, Cartons 100277 - LR1126 (1 Carton)	(M)
Apple - LR1072 (1 ea.)	(M)
Applesauce - LR1075 (1/2 c.)	(M)
Banana - LR1074 (1 ea.)	0.97
Orange - LR1073 (1 ea.)	0.58
Milk - Chocolate Non Fat - LR1007 (1 ea.)	0.00(M)
Milk - Lactose Free - LR1008 (1 ea.)	(M)
Milk - White 1% - LR1006 (1 ea.)	1.95

Menu Calendar Nutrient Analysis Report - April, 2023

Site: ALL
Date: 04/01/2023 - 04/30/2023

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)
*Pumpkin Bread - ServingDate: 04/12/2023																			
*Sliced Pumpkin Bread - LR1241 (1 slice)	100	260.00	8.00	1.50	(M)	(M)	240.00	44.00	2.00	24.00	(M)	5.00	1.08	80.00	(M)	(M)	(M)	(M)	(M)
Apple - LR1072 (1 ea.)	20	95.00	0.31	0.06	0.00	0.00	2.00	25.13	4.40	(M)	(M)	0.47	0.22	10.99	98.01	8.41	(M)	(M)	(M)
Applesauce - LR1075 (1/2 c.)	20	53.33	0.00	0.00	0.00	0.00	2.08	14.63	1.03	11.49	(M)	0.00	0.00	0.00	0.00	62.74	(M)	(M)	(M)
Banana - LR1074 (1 ea.)	20	105.02	0.39	0.13	0.00	0.00	1.18	26.95	3.07	14.43	(M)	1.29	0.31	5.90	75.52	10.27	0.00	422.44	88.39
Fruit, Canned - LR1076 (1/2 c.)	20	59.99	0.00	0.00	0.00	0.00	4.99	14.99	0.99	11.99	(M)	0.00	0.00	0.00	200.00	1.20	(M)	(M)	(M)
Orange - LR1073 (1 ea.)	20	61.57	0.16	0.02	0.00	0.00	0.00	15.39	3.14	12.25	(M)	1.23	0.13	52.40	294.75	69.69	0.00	237.11	113.64
Milk - Chocolate Non Fat - LR1007 (1 ea.)	70	130.00	1.00	1.00	0.00	5.00	210.00	24.00	0.00	22.00	0.00	8.00	0.00	350.00	500.00	1.20	5.00	430.05	0.00(M)
Milk - Lactose Free - LR1008 (1 ea.)	2	110.00	2.50	1.50	0.00	15.00	130.00	13.00	0.00	12.00	0.00	9.00	0.00	300.00	500.00	0.00	(M)	410.00	(M)
Milk - White 1% - LR1006 (1 ea.)	28	108.86	2.65	1.65	(M)	9.07	131.54	12.52	0.00	(M)	(M)	8.91	0.14	322.06	460.40	2.72	2.27	408.24	201.26
*Assorted Cereals - ServingDate: 04/13/2023																			
*Cocoa Puffs Cereal - LR1116 (1 ea.)	33	210.00	2.50	0.00	0.00	0.00	220.00	47.00	3.00	15.00	0.00	3.00	9.00	200.00	1250.00	12.00	4.00	235.00	(M)
*Honey Nut Cheerios Cereal - LR1147 (1 ea.)	33	210.00	3.00	0.50	0.00	0.00	320.00	45.00	4.00	19.00	0.00	5.00	9.00	200.00	1000.00	12.00	4.00	229.83	(M)
*Lucky Charms Cereal - LR1115 (1 ea.)	34	210.00	2.50	0.00	0.00	0.00	360.00	45.00	4.00	19.00	0.00	5.00	5.40	150.00	1000.00	9.00	3.00	94.00	(M)
* Juice, Orange, Cartons 100277 - LR1126 (1 Carton)	30	60.00	0.00	0.00	0.00	0.00	0.00	15.00	0.00	14.00	0.00	1.00	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Apple - LR1072 (1 ea.)	30	95.00	0.31	0.06	0.00	0.00	2.00	25.13	4.40	(M)	(M)	0.47	0.22	10.99	98.01	8.41	(M)	(M)	(M)
Applesauce - LR1075 (1/2 c.)	20	53.33	0.00	0.00	0.00	0.00	2.08	14.63	1.03	11.49	(M)	0.00	0.00	0.00	0.00	62.74	(M)	(M)	(M)
Orange - LR1073 (1 ea.)	20	61.57	0.16	0.02	0.00	0.00	0.00	15.39	3.14	12.25	(M)	1.23	0.13	52.40	294.75	69.69	0.00	237.11	113.64
Milk - Chocolate Non Fat - LR1007 (1 ea.)	50	130.00	1.00	1.00	0.00	5.00	210.00	24.00	0.00	22.00	0.00	8.00	0.00	350.00	500.00	1.20	5.00	430.05	0.00(M)
Milk - Lactose Free - LR1008 (1 ea.)	1	110.00	2.50	1.50	0.00	15.00	130.00	13.00	0.00	12.00	0.00	9.00	0.00	300.00	500.00	0.00	(M)	410.00	(M)
Milk - White 1% - LR1006 (1 ea.)	49	108.86	2.65	1.65	(M)	9.07	131.54	12.52	0.00	(M)	(M)	8.91	0.14	322.06	460.40	2.72	2.27	408.24	201.26

Menu Calendar Nutrient Analysis Report - April, 2023

Site: ALL
Date: 04/01/2023 - 04/30/2023

Item Name (Serving Size)	Ash (g)
Pumpkin Bread - ServingDate: 04/12/2023	
*Sliced Pumpkin Bread - LR1241 (1 slice)	(M)
Apple - LR1072 (1 ea.)	(M)
Applesauce - LR1075 (1/2 c.)	(M)
Banana - LR1074 (1 ea.)	0.97
Fruit, Canned - LR1076 (1/2 c.)	(M)
Orange - LR1073 (1 ea.)	0.58
Milk - Chocolate Non Fat - LR1007 (1 ea.)	0.00(M)
Milk - Lactose Free - LR1008 (1 ea.)	(M)
Milk - White 1% - LR1006 (1 ea.)	1.95
*Assorted Cereals - ServingDate: 04/13/2023	
*Cocoa Puffs Cereal - LR1116 (1 ea.)	(M)
*Honey Nut Cheerios Cereal - LR1147 (1 ea.)	(M)
*Lucky Charms Cereal - LR1115 (1 ea.)	(M)
* Juice, Orange, Cartons 100277 - LR1126 (1 Carton)	(M)
Apple - LR1072 (1 ea.)	(M)
Applesauce - LR1075 (1/2 c.)	(M)
Orange - LR1073 (1 ea.)	0.58
Milk - Chocolate Non Fat - LR1007 (1 ea.)	0.00(M)
Milk - Lactose Free - LR1008 (1 ea.)	(M)
Milk - White 1% - LR1006 (1 ea.)	1.95

Menu Calendar Nutrient Analysis Report - April, 2023

Site: ALL
Date: 04/01/2023 - 04/30/2023

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)		
Strawberry Mini Bagels - ServingDate: 04/14/2023																					
*Mini Strawberry Bagels - LR1233 (4 bagel)	100	230.00	6.00	2.00	(M)	10.00	190.00	42.00	2.00	13.00	(M)	6.00	1.44	20.00	(M)	(M)	(M)	(M)	(M)	(M)	
* Juice, Orange, Cartons 100277 - LR1126 (1 Carton)	40	60.00	0.00	0.00	0.00	0.00	0.00	15.00	0.00	14.00	0.00	1.00	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	
Apple - LR1072 (1 ea.)	20	95.00	0.31	0.06	0.00	0.00	2.00	25.13	4.40	(M)	(M)	0.47	0.22	10.99	98.01	8.41	(M)	(M)	(M)	(M)	
Applesauce - LR1075 (1/2 c.)	20	53.33	0.00	0.00	0.00	0.00	2.08	14.63	1.03	11.49	(M)	0.00	0.00	0.00	0.00	62.74	(M)	(M)	(M)	(M)	
Orange - LR1073 (1 ea.)	20	61.57	0.16	0.02	0.00	0.00	0.00	15.39	3.14	12.25	(M)	1.23	0.13	52.40	294.75	69.69	0.00	237.11	113.64	113.64	
Milk - Chocolate Non Fat - LR1007 (1 ea.)	70	130.00	1.00	1.00	0.00	5.00	210.00	24.00	0.00	22.00	0.00	8.00	0.00	350.00	500.00	1.20	5.00	430.05	0.00(M)	0.00(M)	
Milk - Lactose Free - LR1008 (1 ea.)	2	110.00	2.50	1.50	0.00	15.00	130.00	13.00	0.00	12.00	0.00	9.00	0.00	300.00	500.00	0.00	(M)	410.00	(M)	(M)	
Milk - White 1% - LR1006 (1 ea.)	28	108.86	2.65	1.65	(M)	9.07	131.54	12.52	0.00	(M)	(M)	8.91	0.14	322.06	460.40	2.72	2.27	408.24	201.26	201.26	
Dave's Blueberry Muffin - ServingDate: 04/17/2023																					
Blueberry Muffin - LR1376 (1 muffin)	100	223.00	6.00	0.00	0.00	30.00	115.00	38.50	3.30	16.50	0.00	3.90	1.10	8.50	52.00	1.20	0.00	70.03	(M)	(M)	
* Juice, Orange, Cartons 100277 - LR1126 (1 Carton)	0	60.00	0.00	0.00	0.00	0.00	0.00	15.00	0.00	14.00	0.00	1.00	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Apple - LR1072 (1 ea.)	20	95.00	0.31	0.06	0.00	0.00	2.00	25.13	4.40	(M)	(M)	0.47	0.22	10.99	98.01	8.41	(M)	(M)	(M)	(M)	(M)
Applesauce - LR1075 (1/2 c.)	20	53.33	0.00	0.00	0.00	0.00	2.08	14.63	1.03	11.49	(M)	0.00	0.00	0.00	0.00	62.74	(M)	(M)	(M)	(M)	(M)
Banana - LR1074 (1 ea.)	20	105.02	0.39	0.13	0.00	0.00	1.18	26.95	3.07	14.43	(M)	1.29	0.31	5.90	75.52	10.27	0.00	422.44	88.39	88.39	
Orange - LR1073 (1 ea.)	20	61.57	0.16	0.02	0.00	0.00	0.00	15.39	3.14	12.25	(M)	1.23	0.13	52.40	294.75	69.69	0.00	237.11	113.64	113.64	
Milk - Chocolate Non Fat - LR1007 (1 ea.)	70	130.00	1.00	1.00	0.00	5.00	210.00	24.00	0.00	22.00	0.00	8.00	0.00	350.00	500.00	1.20	5.00	430.05	0.00(M)	0.00(M)	
Milk - Lactose Free - LR1008 (1 ea.)	2	110.00	2.50	1.50	0.00	15.00	130.00	13.00	0.00	12.00	0.00	9.00	0.00	300.00	500.00	0.00	(M)	410.00	(M)	(M)	
Milk - White 1% - LR1006 (1 ea.)	28	108.86	2.65	1.65	(M)	9.07	131.54	12.52	0.00	(M)	(M)	8.91	0.14	322.06	460.40	2.72	2.27	408.24	201.26	201.26	

Menu Calendar Nutrient Analysis Report - April, 2023

Site: ALL
Date: 04/01/2023 - 04/30/2023

Item Name (Serving Size)	Ash (g)
Strawberry Mini Bagels - ServingDate: 04/14/2023	
*Mini Strawberry Bagels - LR1233 (4 bagel)	(M)
* Juice, Orange, Cartons 100277 - LR1126 (1 Carton)	(M)
Apple - LR1072 (1 ea.)	(M)
Applesauce - LR1075 (1/2 c.)	(M)
Orange - LR1073 (1 ea.)	0.58
Milk - Chocolate Non Fat - LR1007 (1 ea.)	0.00(M)
Milk - Lactose Free - LR1008 (1 ea.)	(M)
Milk - White 1% - LR1006 (1 ea.)	1.95
Dave's Blueberry Muffin - ServingDate: 04/17/2023	
Blueberry Muffin - LR1376 (1 muffin)	(M)
* Juice, Orange, Cartons 100277 - LR1126 (1 Carton)	(M)
Apple - LR1072 (1 ea.)	(M)
Applesauce - LR1075 (1/2 c.)	(M)
Banana - LR1074 (1 ea.)	0.97
Orange - LR1073 (1 ea.)	0.58
Milk - Chocolate Non Fat - LR1007 (1 ea.)	0.00(M)
Milk - Lactose Free - LR1008 (1 ea.)	(M)
Milk - White 1% - LR1006 (1 ea.)	1.95

Menu Calendar Nutrient Analysis Report - April, 2023

Site: ALL
Date: 04/01/2023 - 04/30/2023

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)
Mini Cinni's Cinnamon rolls - ServingDate: 04/18/2023																			
* Mini Cinnamon Rolls - LR1148 (1 pkg.)	100	240.00	7.00	1.50	0.00	0.00	270.00	40.00	3.00	14.00	13.00	4.00	1.60	30.00	(M)	(M)	0.00	470.00	(M)
* Juice, Orange, Cartons 100277 - LR1126 (1 Carton)	40	60.00	0.00	0.00	0.00	0.00	0.00	15.00	0.00	14.00	0.00	1.00	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Apple - LR1072 (1 ea.)	20	95.00	0.31	0.06	0.00	0.00	2.00	25.13	4.40	(M)	(M)	0.47	0.22	10.99	98.01	8.41	(M)	(M)	(M)
Applesauce - LR1075 (1/2 c.)	20	53.33	0.00	0.00	0.00	0.00	2.08	14.63	1.03	11.49	(M)	0.00	0.00	0.00	0.00	62.74	(M)	(M)	(M)
Orange - LR1073 (1 ea.)	20	61.57	0.16	0.02	0.00	0.00	0.00	15.39	3.14	12.25	(M)	1.23	0.13	52.40	294.75	69.69	0.00	237.11	113.64
Milk - Chocolate Non Fat - LR1007 (1 ea.)	70	130.00	1.00	1.00	0.00	5.00	210.00	24.00	0.00	22.00	0.00	8.00	0.00	350.00	500.00	1.20	5.00	430.05	0.00(M)
Milk - Lactose Free - LR1008 (1 ea.)	2	110.00	2.50	1.50	0.00	15.00	130.00	13.00	0.00	12.00	0.00	9.00	0.00	300.00	500.00	0.00	(M)	410.00	(M)
Milk - White 1% - LR1006 (1 ea.)	28	108.86	2.65	1.65	(M)	9.07	131.54	12.52	0.00	(M)	(M)	8.91	0.14	322.06	460.40	2.72	2.27	408.24	201.26
Banana Bread - ServingDate: 04/19/2023																			
Bread Slice, Banana - LR1152 (1 ea.)	100	261.06	8.03	1.51	0.00	0.00	240.97	45.18	2.01	24.10	23.09	5.02	1.00	159.65	(M)	(M)	0.00	113.26	(M)
* Juice, Orange, Cartons 100277 - LR1126 (1 Carton)	40	60.00	0.00	0.00	0.00	0.00	0.00	15.00	0.00	14.00	0.00	1.00	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Apple - LR1072 (1 ea.)	20	95.00	0.31	0.06	0.00	0.00	2.00	25.13	4.40	(M)	(M)	0.47	0.22	10.99	98.01	8.41	(M)	(M)	(M)
Applesauce - LR1075 (1/2 c.)	20	53.33	0.00	0.00	0.00	0.00	2.08	14.63	1.03	11.49	(M)	0.00	0.00	0.00	0.00	62.74	(M)	(M)	(M)
Orange - LR1073 (1 ea.)	20	61.57	0.16	0.02	0.00	0.00	0.00	15.39	3.14	12.25	(M)	1.23	0.13	52.40	294.75	69.69	0.00	237.11	113.64
Milk - Chocolate Non Fat - LR1007 (1 ea.)	70	130.00	1.00	1.00	0.00	5.00	210.00	24.00	0.00	22.00	0.00	8.00	0.00	350.00	500.00	1.20	5.00	430.05	0.00(M)
Milk - Lactose Free - LR1008 (1 ea.)	2	110.00	2.50	1.50	0.00	15.00	130.00	13.00	0.00	12.00	0.00	9.00	0.00	300.00	500.00	0.00	(M)	410.00	(M)
Milk - White 1% - LR1006 (1 ea.)	28	108.86	2.65	1.65	(M)	9.07	131.54	12.52	0.00	(M)	(M)	8.91	0.14	322.06	460.40	2.72	2.27	408.24	201.26
*Assorted Cereals - ServingDate: 04/20/2023																			
*Cocoa Puffs Cereal - LR1116 (1 ea.)	33	210.00	2.50	0.00	0.00	0.00	220.00	47.00	3.00	15.00	0.00	3.00	9.00	200.00	1250.00	12.00	4.00	235.00	(M)

Menu Calendar Nutrient Analysis Report - April, 2023

Site: ALL

Date: 04/01/2023 - 04/30/2023

Item Name (Serving Size)	Ash (g)
Mini Cinni's Cinnamon rolls - ServingDate: 04/18/2023	
* Mini Cinnamon Rolls - LR1148 (1 pkg.)	(M)
* Juice, Orange, Cartons 100277 - LR1126 (1 Carton)	(M)
Apple - LR1072 (1 ea.)	(M)
Applesauce - LR1075 (1/2 c.)	(M)
Orange - LR1073 (1 ea.)	0.58
Milk - Chocolate Non Fat - LR1007 (1 ea.)	0.00(M)
Milk - Lactose Free - LR1008 (1 ea.)	(M)
Milk - White 1% - LR1006 (1 ea.)	1.95
Banana Bread - ServingDate: 04/19/2023	
Bread Slice, Banana - LR1152 (1 ea.)	(M)
* Juice, Orange, Cartons 100277 - LR1126 (1 Carton)	(M)
Apple - LR1072 (1 ea.)	(M)
Applesauce - LR1075 (1/2 c.)	(M)
Orange - LR1073 (1 ea.)	0.58
Milk - Chocolate Non Fat - LR1007 (1 ea.)	0.00(M)
Milk - Lactose Free - LR1008 (1 ea.)	(M)
Milk - White 1% - LR1006 (1 ea.)	1.95
*Assorted Cereals - ServingDate: 04/20/2023	
*Cocoa Puffs Cereal - LR1116 (1 ea.)	(M)

Menu Calendar Nutrient Analysis Report - April, 2023

Site: ALL
Date: 04/01/2023 - 04/30/2023

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)
*Assorted Cereals - ServingDate: 04/20/2023																			
*Honey Nut Cheerios Cereal - LR1147 (1 ea.)	33	210.00	3.00	0.50	0.00	0.00	320.00	45.00	4.00	19.00	0.00	5.00	9.00	200.00	1000.00	12.00	4.00	229.83	(M)
*Lucky Charms Cereal - LR1115 (1 ea.)	34	210.00	2.50	0.00	0.00	0.00	360.00	45.00	4.00	19.00	0.00	5.00	5.40	150.00	1000.00	9.00	3.00	94.00	(M)
* Juice, Orange, Cartons 100277 - LR1126 (1 Carton)	30	60.00	0.00	0.00	0.00	0.00	0.00	15.00	0.00	14.00	0.00	1.00	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Apple - LR1072 (1 ea.)	30	95.00	0.31	0.06	0.00	0.00	2.00	25.13	4.40	(M)	(M)	0.47	0.22	10.99	98.01	8.41	(M)	(M)	(M)
Applesauce - LR1075 (1/2 c.)	20	53.33	0.00	0.00	0.00	0.00	2.08	14.63	1.03	11.49	(M)	0.00	0.00	0.00	0.00	62.74	(M)	(M)	(M)
Orange - LR1073 (1 ea.)	20	61.57	0.16	0.02	0.00	0.00	0.00	15.39	3.14	12.25	(M)	1.23	0.13	52.40	294.75	69.69	0.00	237.11	113.64
Milk - Chocolate Non Fat - LR1007 (1 ea.)	50	130.00	1.00	1.00	0.00	5.00	210.00	24.00	0.00	22.00	0.00	8.00	0.00	350.00	500.00	1.20	5.00	430.05	0.00(M)
Milk - Lactose Free - LR1008 (1 ea.)	1	110.00	2.50	1.50	0.00	15.00	130.00	13.00	0.00	12.00	0.00	9.00	0.00	300.00	500.00	0.00	(M)	410.00	(M)
Milk - White 1% - LR1006 (1 ea.)	49	108.86	2.65	1.65	(M)	9.07	131.54	12.52	0.00	(M)	(M)	8.91	0.14	322.06	460.40	2.72	2.27	408.24	201.26
Bagels and Cream Cheese - ServingDate: 04/21/2023																			
*Bagel - LR1182 (1 ea.)	100	140.74	1.00	0.00	0.00	0.00	180.95	29.15	4.02	5.03	0.00	6.03	1.81	40.21	0.00	0.00	(M)	(M)	(M)
* Juice, Orange, Cartons 100277 - LR1126 (1 Carton)	30	60.00	0.00	0.00	0.00	0.00	0.00	15.00	0.00	14.00	0.00	1.00	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Apple - LR1072 (1 ea.)	20	95.00	0.31	0.06	0.00	0.00	2.00	25.13	4.40	(M)	(M)	0.47	0.22	10.99	98.01	8.41	(M)	(M)	(M)
Applesauce - LR1075 (1/2 c.)	30	53.33	0.00	0.00	0.00	0.00	2.08	14.63	1.03	11.49	(M)	0.00	0.00	0.00	0.00	62.74	(M)	(M)	(M)
Orange - LR1073 (1 ea.)	20	61.57	0.16	0.02	0.00	0.00	0.00	15.39	3.14	12.25	(M)	1.23	0.13	52.40	294.75	69.69	0.00	237.11	113.64
Milk - Chocolate Non Fat - LR1007 (1 ea.)	70	130.00	1.00	1.00	0.00	5.00	210.00	24.00	0.00	22.00	0.00	8.00	0.00	350.00	500.00	1.20	5.00	430.05	0.00(M)
Milk - Lactose Free - LR1008 (1 ea.)	2	110.00	2.50	1.50	0.00	15.00	130.00	13.00	0.00	12.00	0.00	9.00	0.00	300.00	500.00	0.00	(M)	410.00	(M)
Milk - White 1% - LR1006 (1 ea.)	28	108.86	2.65	1.65	(M)	9.07	131.54	12.52	0.00	(M)	(M)	8.91	0.14	322.06	460.40	2.72	2.27	408.24	201.26
Cream Cheese 1oz - LR1341 (1 Container)	100	60.00	4.50	3.00	0.00	15.00	130.00	2.00	0.00	1.00	0.00	2.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)

Menu Calendar Nutrient Analysis Report - April, 2023

Site: ALL

Date: 04/01/2023 - 04/30/2023

Item Name (Serving Size)	Ash (g)
*Assorted Cereals - ServingDate: 04/20/2023	
*Honey Nut Cheerios Cereal - LR1147 (1 ea.)	(M)
*Lucky Charms Cereal - LR1115 (1 ea.)	(M)
* Juice, Orange, Cartons 100277 - LR1126 (1 Carton)	(M)
Apple - LR1072 (1 ea.)	(M)
Applesauce - LR1075 (1/2 c.)	(M)
Orange - LR1073 (1 ea.)	0.58
Milk - Chocolate Non Fat - LR1007 (1 ea.)	0.00(M)
Milk - Lactose Free - LR1008 (1 ea.)	(M)
Milk - White 1% - LR1006 (1 ea.)	1.95
Bagels and Cream Cheese - ServingDate: 04/21/2023	
*Bagel - LR1182 (1 ea.)	(M)
* Juice, Orange, Cartons 100277 - LR1126 (1 Carton)	(M)
Apple - LR1072 (1 ea.)	(M)
Applesauce - LR1075 (1/2 c.)	(M)
Orange - LR1073 (1 ea.)	0.58
Milk - Chocolate Non Fat - LR1007 (1 ea.)	0.00(M)
Milk - Lactose Free - LR1008 (1 ea.)	(M)
Milk - White 1% - LR1006 (1 ea.)	1.95
Cream Cheese 1oz - LR1341 (1 Container)	(M)

Menu Calendar Nutrient Analysis Report - April, 2023

Site: ALL
Date: 04/01/2023 - 04/30/2023

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)	
Dave's Chocolate Chip Muffin - ServingDate: 04/24/2023																				
Chocolate Chip Muffin - LR1368 (1 muffin)	100	227.00	6.00	0.90	0.00	30.00	115.00	39.50	3.10	17.50	15.00	3.90	0.90	4.00	44.00	0.90	0.00	70.03	(M)	
* Juice, Orange, Cartons 100277 - LR1126 (1 Carton)	20	60.00	0.00	0.00	0.00	0.00	0.00	15.00	0.00	14.00	0.00	1.00	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Apple - LR1072 (1 ea.)	20	95.00	0.31	0.06	0.00	0.00	2.00	25.13	4.40	(M)	(M)	0.47	0.22	10.99	98.01	8.41	(M)	(M)	(M)	
Applesauce - LR1075 (1/2 c.)	20	53.33	0.00	0.00	0.00	0.00	2.08	14.63	1.03	11.49	(M)	0.00	0.00	0.00	0.00	62.74	(M)	(M)	(M)	
Banana - LR1074 (1 ea.)	20	105.02	0.39	0.13	0.00	0.00	1.18	26.95	3.07	14.43	(M)	1.29	0.31	5.90	75.52	10.27	0.00	422.44	88.39	
Orange - LR1073 (1 ea.)	20	61.57	0.16	0.02	0.00	0.00	0.00	15.39	3.14	12.25	(M)	1.23	0.13	52.40	294.75	69.69	0.00	237.11	113.64	
Milk - Chocolate Non Fat - LR1007 (1 ea.)	70	130.00	1.00	1.00	0.00	5.00	210.00	24.00	0.00	22.00	0.00	8.00	0.00	350.00	500.00	1.20	5.00	430.05	0.00(M)	
Milk - Lactose Free - LR1008 (1 ea.)	2	110.00	2.50	1.50	0.00	15.00	130.00	13.00	0.00	12.00	0.00	9.00	0.00	300.00	500.00	0.00	(M)	410.00	(M)	
Milk - White 1% - LR1006 (1 ea.)	28	108.86	2.65	1.65	(M)	9.07	131.54	12.52	0.00	(M)	(M)	8.91	0.14	322.06	460.40	2.72	2.27	408.24	201.26	
French Toast Sticks - ServingDate: 04/25/2023																				
* French Toast Sticks, - LR1188 (3 Sticks)	100	210.00	9.00	2.00	0.00	105.00	290.00	26.00	2.00	11.00	0.00	8.00	1.08	40.00	(M)	(M)	1.20	94.00	(M)	
* Juice, Orange, Cartons 100277 - LR1126 (1 Carton)	0	60.00	0.00	0.00	0.00	0.00	0.00	15.00	0.00	14.00	0.00	1.00	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Apple - LR1072 (1 ea.)	20	95.00	0.31	0.06	0.00	0.00	2.00	25.13	4.40	(M)	(M)	0.47	0.22	10.99	98.01	8.41	(M)	(M)	(M)	
Applesauce - LR1075 (1/2 c.)	20	53.33	0.00	0.00	0.00	0.00	2.08	14.63	1.03	11.49	(M)	0.00	0.00	0.00	0.00	62.74	(M)	(M)	(M)	
Banana - LR1074 (1 ea.)	20	105.02	0.39	0.13	0.00	0.00	1.18	26.95	3.07	14.43	(M)	1.29	0.31	5.90	75.52	10.27	0.00	422.44	88.39	
Orange - LR1073 (1 ea.)	20	61.57	0.16	0.02	0.00	0.00	0.00	15.39	3.14	12.25	(M)	1.23	0.13	52.40	294.75	69.69	0.00	237.11	113.64	
Milk - Chocolate Non Fat - LR1007 (1 ea.)	70	130.00	1.00	1.00	0.00	5.00	210.00	24.00	0.00	22.00	0.00	8.00	0.00	350.00	500.00	1.20	5.00	430.05	0.00(M)	
Milk - Lactose Free - LR1008 (1 ea.)	2	110.00	2.50	1.50	0.00	15.00	130.00	13.00	0.00	12.00	0.00	9.00	0.00	300.00	500.00	0.00	(M)	410.00	(M)	
Milk - White 1% - LR1006 (1 ea.)	28	108.86	2.65	1.65	(M)	9.07	131.54	12.52	0.00	(M)	(M)	8.91	0.14	322.06	460.40	2.72	2.27	408.24	201.26	
Maple Syrup - LR1338 (1 pkg.)	50	120.00	0.00	0.00	0.00	0.00	40.00	31.00	0.00	17.00	0.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	

Menu Calendar Nutrient Analysis Report - April, 2023

Site: ALL
Date: 04/01/2023 - 04/30/2023

Item Name (Serving Size)	Ash (g)
Dave's Chocolate Chip Muffin - ServingDate: 04/24/2023	
Chocolate Chip Muffin - LR1368 (1 muffin)	(M)
* Juice, Orange, Cartons 100277 - LR1126 (1 Carton)	(M)
Apple - LR1072 (1 ea.)	(M)
Applesauce - LR1075 (1/2 c.)	(M)
Banana - LR1074 (1 ea.)	0.97
Orange - LR1073 (1 ea.)	0.58
Milk - Chocolate Non Fat - LR1007 (1 ea.)	0.00(M)
Milk - Lactose Free - LR1008 (1 ea.)	(M)
Milk - White 1% - LR1006 (1 ea.)	1.95
French Toast Sticks - ServingDate: 04/25/2023	
* French Toast Sticks, - LR1188 (3 Sticks)	(M)
* Juice, Orange, Cartons 100277 - LR1126 (1 Carton)	(M)
Apple - LR1072 (1 ea.)	(M)
Applesauce - LR1075 (1/2 c.)	(M)
Banana - LR1074 (1 ea.)	0.97
Orange - LR1073 (1 ea.)	0.58
Milk - Chocolate Non Fat - LR1007 (1 ea.)	0.00(M)
Milk - Lactose Free - LR1008 (1 ea.)	(M)
Milk - White 1% - LR1006 (1 ea.)	1.95
Maple Syrup - LR1338 (1 pkg.)	(M)

Menu Calendar Nutrient Analysis Report - April, 2023

Site: ALL
Date: 04/01/2023 - 04/30/2023

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)
Pillsbury Apple Frudel - ServingDate: 04/26/2023																			
Pillsbury Apple Frudel - LR1377 (1 pkg.)	100	210.00	6.00	1.00	0.00	0.00	250.00	36.00	2.00	10.00	0.00	4.00	1.50	0.00	(M)	0.00	0.00	109.98	(M)
* Juice, Orange, Cartons 100277 - LR1126 (1 Carton)	10	60.00	0.00	0.00	0.00	0.00	0.00	15.00	0.00	14.00	0.00	1.00	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Apple - LR1072 (1 ea.)	30	95.00	0.31	0.06	0.00	0.00	2.00	25.13	4.40	(M)	(M)	0.47	0.22	10.99	98.01	8.41	(M)	(M)	(M)
Applesauce - LR1075 (1/2 c.)	20	53.33	0.00	0.00	0.00	0.00	2.08	14.63	1.03	11.49	(M)	0.00	0.00	0.00	0.00	62.74	(M)	(M)	(M)
Banana - LR1074 (1 ea.)	20	105.02	0.39	0.13	0.00	0.00	1.18	26.95	3.07	14.43	(M)	1.29	0.31	5.90	75.52	10.27	0.00	422.44	88.39
Orange - LR1073 (1 ea.)	20	61.57	0.16	0.02	0.00	0.00	0.00	15.39	3.14	12.25	(M)	1.23	0.13	52.40	294.75	69.69	0.00	237.11	113.64
Milk - Chocolate Non Fat - LR1007 (1 ea.)	70	130.00	1.00	1.00	0.00	5.00	210.00	24.00	0.00	22.00	0.00	8.00	0.00	350.00	500.00	1.20	5.00	430.05	0.00(M)
Milk - Lactose Free - LR1008 (1 ea.)	2	110.00	2.50	1.50	0.00	15.00	130.00	13.00	0.00	12.00	0.00	9.00	0.00	300.00	500.00	0.00	(M)	410.00	(M)
Milk - White 1% - LR1006 (1 ea.)	28	108.86	2.65	1.65	(M)	9.07	131.54	12.52	0.00	(M)	(M)	8.91	0.14	322.06	460.40	2.72	2.27	408.24	201.26
*Assorted Cereals - ServingDate: 04/27/2023																			
*Cocoa Puffs Cereal - LR1116 (1 ea.)	33	210.00	2.50	0.00	0.00	0.00	220.00	47.00	3.00	15.00	0.00	3.00	9.00	200.00	1250.00	12.00	4.00	235.00	(M)
*Honey Nut Cheerios Cereal - LR1147 (1 ea.)	33	210.00	3.00	0.50	0.00	0.00	320.00	45.00	4.00	19.00	0.00	5.00	9.00	200.00	1000.00	12.00	4.00	229.83	(M)
*Lucky Charms Cereal - LR1115 (1 ea.)	34	210.00	2.50	0.00	0.00	0.00	360.00	45.00	4.00	19.00	0.00	5.00	5.40	150.00	1000.00	9.00	3.00	94.00	(M)
* Juice, Orange, Cartons 100277 - LR1126 (1 Carton)	30	60.00	0.00	0.00	0.00	0.00	0.00	15.00	0.00	14.00	0.00	1.00	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Apple - LR1072 (1 ea.)	30	95.00	0.31	0.06	0.00	0.00	2.00	25.13	4.40	(M)	(M)	0.47	0.22	10.99	98.01	8.41	(M)	(M)	(M)
Applesauce - LR1075 (1/2 c.)	20	53.33	0.00	0.00	0.00	0.00	2.08	14.63	1.03	11.49	(M)	0.00	0.00	0.00	0.00	62.74	(M)	(M)	(M)
Orange - LR1073 (1 ea.)	20	61.57	0.16	0.02	0.00	0.00	0.00	15.39	3.14	12.25	(M)	1.23	0.13	52.40	294.75	69.69	0.00	237.11	113.64
Milk - Chocolate Non Fat - LR1007 (1 ea.)	50	130.00	1.00	1.00	0.00	5.00	210.00	24.00	0.00	22.00	0.00	8.00	0.00	350.00	500.00	1.20	5.00	430.05	0.00(M)
Milk - Lactose Free - LR1008 (1 ea.)	1	110.00	2.50	1.50	0.00	15.00	130.00	13.00	0.00	12.00	0.00	9.00	0.00	300.00	500.00	0.00	(M)	410.00	(M)
Milk - White 1% - LR1006 (1 ea.)	49	108.86	2.65	1.65	(M)	9.07	131.54	12.52	0.00	(M)	(M)	8.91	0.14	322.06	460.40	2.72	2.27	408.24	201.26

Menu Calendar Nutrient Analysis Report - April, 2023

Site: ALL
 Date: 04/01/2023 - 04/30/2023

Item Name (Serving Size)	Ash (g)
Pillsbury Apple Frudel - ServingDate: 04/26/2023	
Pillsbury Apple Frudel - LR1377 (1 pkg.)	(M)
* Juice, Orange, Cartons 100277 - LR1126 (1 Carton)	(M)
Apple - LR1072 (1 ea.)	(M)
Applesauce - LR1075 (1/2 c.)	(M)
Banana - LR1074 (1 ea.)	0.97
Orange - LR1073 (1 ea.)	0.58
Milk - Chocolate Non Fat - LR1007 (1 ea.)	0.00(M)
Milk - Lactose Free - LR1008 (1 ea.)	(M)
Milk - White 1% - LR1006 (1 ea.)	1.95
*Assorted Cereals - ServingDate: 04/27/2023	
*Cocoa Puffs Cereal - LR1116 (1 ea.)	(M)
*Honey Nut Cheerios Cereal - LR1147 (1 ea.)	(M)
*Lucky Charms Cereal - LR1115 (1 ea.)	(M)
* Juice, Orange, Cartons 100277 - LR1126 (1 Carton)	(M)
Apple - LR1072 (1 ea.)	(M)
Applesauce - LR1075 (1/2 c.)	(M)
Orange - LR1073 (1 ea.)	0.58
Milk - Chocolate Non Fat - LR1007 (1 ea.)	0.00(M)
Milk - Lactose Free - LR1008 (1 ea.)	(M)
Milk - White 1% - LR1006 (1 ea.)	1.95

Menu Calendar Nutrient Analysis Report - April, 2023

Site: ALL
Date: 04/01/2023 - 04/30/2023

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)
Strawberry Mini Bagels - ServingDate: 04/28/2023																			
*Mini Strawberry Bagels - LR1233 (4 bagel)	100	230.00	6.00	2.00	(M)	10.00	190.00	42.00	2.00	13.00	(M)	6.00	1.44	20.00	(M)	(M)	(M)	(M)	(M)
* Juice, Orange, Cartons 100277 - LR1126 (1 Carton)	40	60.00	0.00	0.00	0.00	0.00	0.00	15.00	0.00	14.00	0.00	1.00	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Apple - LR1072 (1 ea.)	20	95.00	0.31	0.06	0.00	0.00	2.00	25.13	4.40	(M)	(M)	0.47	0.22	10.99	98.01	8.41	(M)	(M)	(M)
Applesauce - LR1075 (1/2 c.)	20	53.33	0.00	0.00	0.00	0.00	2.08	14.63	1.03	11.49	(M)	0.00	0.00	0.00	0.00	62.74	(M)	(M)	(M)
Orange - LR1073 (1 ea.)	20	61.57	0.16	0.02	0.00	0.00	0.00	15.39	3.14	12.25	(M)	1.23	0.13	52.40	294.75	69.69	0.00	237.11	113.64
Milk - Chocolate Non Fat - LR1007 (1 ea.)	70	130.00	1.00	1.00	0.00	5.00	210.00	24.00	0.00	22.00	0.00	8.00	0.00	350.00	500.00	1.20	5.00	430.05	0.00(M)
Milk - Lactose Free - LR1008 (1 ea.)	2	110.00	2.50	1.50	0.00	15.00	130.00	13.00	0.00	12.00	0.00	9.00	0.00	300.00	500.00	0.00	(M)	410.00	(M)
Milk - White 1% - LR1006 (1 ea.)	28	108.86	2.65	1.65	(M)	9.07	131.54	12.52	0.00	(M)	(M)	8.91	0.14	322.06	460.40	2.72	2.27	408.24	201.26

Legend
(M) - Missing Nutrient Values

Report Selections
Meal Type: Breakfast
Site Group: Elementary School
Menu Line: Main
Serving Group: K-5
Nutrients Option: All

Menu Calendar Nutrient Analysis Report - April, 2023

Site: ALL
 Date: 04/01/2023 - 04/30/2023

Item Name (Serving Size)	Ash (g)
Strawberry Mini Bagels - Serving Date: 04/28/2023	
*Mini Strawberry Bagels - LR1233 (4 bagel)	(M)
* Juice, Orange, Cartons 100277 - LR1126 (1 Carton)	(M)
Apple - LR1072 (1 ea.)	(M)
Applesauce - LR1075 (1/2 c.)	(M)
Orange - LR1073 (1 ea.)	0.58
Milk - Chocolate Non Fat - LR1007 (1 ea.)	0.00(M)
Milk - Lactose Free - LR1008 (1 ea.)	(M)
Milk - White 1% - LR1006 (1 ea.)	1.95