

Menu Calendar Nutrient Analysis Report

Site: ALL
Date: 06/27/2022 - 07/03/2022

| Item Name (Serving Size) | Planned Qty | Calories (Kcal) | Total Fat (g) | Sat Fat (g) | Trans Fat (g) | Chol (mg) | Sodium (mg) | Carb (g) | Total Fiber (g) | Total Sugars (g) | Added Sugars (g) | Protein (g) | Iron (mg) | Calcium (mg) | VitA (IU) | VitC (mg) | VitD (mcg) | Potassium (mg) | Mois (g) |
|---|-------------|-----------------|---------------|-------------|---------------|-----------|-------------|----------|-----------------|------------------|------------------|-------------|-----------|--------------|-----------|-----------|------------|----------------|----------|
| Summer Program Corn Dog and Baked Potato Chips - ServingDate: 06/28/2022 | | | | | | | | | | | | | | | | | | | |
| *Corn Dog - LR1155 (1 corn dog) | 100 | 240.00 | 9.00 | 2.50 | 0.00 | 40.00 | 470.00 | 30.00 | 2.00 | 8.00 | 7.00 | 9.00 | 1.50 | 70.00 | (M) | (M) | (M) | 240.00 | (M) |
| Lays - LR1333 (1 Bag) | 100 | 140.00 | 4.00 | 0.50 | (M) | (M) | 180.00 | 24.00 | 2.00 | 3.00 | (M) | 2.00 | (M) | (M) | (M) | (M) | (M) | (M) | (M) |
| Baby Carrots - LR1145 (4 oz.) | 100 | 47.63 | 2.17 | 0.41 | 0.00(M) | 0.00 | 267.62 | 6.97 | 2.50 | 2.90 | (M) | 0.65 | 0.28 | 24.95 | 746.17 | 3.06 | 0.00(M) | 0.00(M) | 0.00(M) |
| * Mixed Fruit Cup, W870 - LR1146 (1/2 c.) | 33 | 80.00 | 0.00 | 0.00 | 0.00 | 0.00 | 15.00 | 19.00 | 1.00 | 17.00 | (M) | 0.00 | 0.00 | 0.00 | 200.00 | 60.00 | (M) | (M) | (M) |
| Applesauce, Unsweetened, 72/4.5oz Tree Top 4878 - LR1370 (1 ea.) | 33 | 60.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 15.00 | 3.00 | 10.00 | (M) | 1.00 | 0.00 | 0.00 | 0.00 | 42.00 | (M) | 116.09 | (M) |
| Pears, Diced, Fruit Bowl, 100% Juice, 4oz Dole - LR1372 (1 container) | 34 | 70.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 18.00 | 3.00 | 14.00 | 0.00 | 1.00 | 0.00 | 0.00 | (M) | 27.00 | 0.00 | 0.00 | (M) |
| Milk - Chocolate Non Fat - LR1007 (1 ea.) | 59 | 130.00 | 1.00 | 1.00 | 0.00 | 5.00 | 210.00 | 24.00 | 0.00 | 22.00 | 0.00 | 8.00 | 0.00 | 350.00 | 500.00 | 1.20 | 5.00 | 430.05 | 0.00(M) |
| Milk - Lactose Free - LR1008 (1 ea.) | 1 | 110.00 | 2.50 | 1.50 | 0.00 | 15.00 | 130.00 | 13.00 | 0.00 | 12.00 | 0.00 | 9.00 | 0.00 | 300.00 | 500.00 | 0.00 | (M) | 410.00 | (M) |
| Milk - White 1% - LR1006 (1 ea.) | 40 | 108.86 | 2.65 | 1.65 | (M) | 9.07 | 131.54 | 12.52 | 0.00 | (M) | (M) | 8.91 | 0.14 | 322.06 | 460.40 | 2.72 | 2.27 | 408.24 | 201.26 |
| Ranch Dressing - LR1097 (1 tbsp.) | 20 | 28.07 | 2.45 | 0.53 | 0.00(M) | 5.01 | 51.13 | 0.61 | 0.04 | 0.02(M) | (M) | 0.33 | 0.03 | 11.14 (M) | 15.92 (M) | 0.22 | 0.07 | 17.85 | 6.90(M) |
| Ketchup Packets - WSR1002 (1 ea.) | 50 | 10.00 | 0.00 | 0.00 | 0.00 | 0.00 | 25.00 | 2.00 | 0.00 | 2.00 | (M) | 0.00 | (M) | (M) | (M) | (M) | (M) | (M) | (M) |
| Mustard, prepared, yellow - WSR1003 (1 tsp.) | 10 | 3.11 | 0.17 | 0.01 | 0.00 | 0.00 | 57.27 | 0.30 | 0.21 | 0.05 | (M) | 0.19 | 0.08 | 3.27 | 5.65 | 0.02 | 0.00 | 7.88 | 4.34 |
| Summer Program Grilled Cheese Stuffwich and Marinara Sauce - ServingDate: 06/30/2022 | | | | | | | | | | | | | | | | | | | |
| Grilled Cheese Stuffwich 128/4oz 2m/2wgr Tools For Schools - LR1373 (1 sandwich) | 100 | 310.00 | 15.00 | 8.00 | 0.00 | 40.00 | 670.00 | 29.00 | 2.00 | 3.00 | (M) | 16.00 | 1.44 | 450.00 | (M) | 0.00 | (M) | (M) | (M) |
| Marinara Sauce Dipping Cups - LR1144 (1 ea.) | 100 | 25.00 | 0.00 | 0.00 | 0.00 | 0.00 | 195.00 | 5.00 | 1.00 | 3.00 | (M) | 1.00 | 0.72 | 20.00 | (M) | (M) | 0.00 | 282.00 | (M) |

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| Item Name (Serving Size) | Ash (g) |
|---|---------|
| Summer Program Corn Dog and Baked Potato Chips - ServingDate: 06/28/2022 | |
| *Corn Dog - LR1155 (1 corn dog) | (M) |
| Lays - LR1333 (1 Bag) | (M) |
| Baby Carrots - LR1145 (4 oz.) | 0.00(M) |
| * Mixed Fruit Cup, W870 - LR1146 (1/2 c.) | (M) |
| Applesauce, Unsweetened, 72/4.5oz Tree Top 4878 - LR1370 (1 ea.) | (M) |
| Pears, Diced, Fruit Bowl, 100% Juice, 4oz Dole - LR1372 (1 container) | (M) |
| Milk - Chocolate Non Fat - LR1007 (1 ea.) | 0.00(M) |
| Milk - Lactose Free - LR1008 (1 ea.) | (M) |
| Milk - White 1% - LR1006 (1 ea.) | 1.95 |
| Ranch Dressing - LR1097 (1 tbsp.) | 0.08(M) |
| Ketchup Packets - WSR1002 (1 ea.) | (M) |
| Mustard, prepared, yellow - WSR1003 (1 tsp.) | 0.17 |
| Summer Program Grilled Cheese Stuffwich and Marinara Sauce - ServingDate: 06/30/2022 | |
| Grilled Cheese Stuffwich 128/4oz 2m/2wgr Tools For Schools - LR1373 (1 sandwich) | (M) |
| Marinara Sauce Dipping Cups - LR1144 (1 ea.) | (M) |

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Site: ALL
 Date: 06/27/2022 - 07/03/2022

| Item Name (Serving Size) | Planned Qty | Calories (Kcal) | Total Fat (g) | Sat Fat (g) | Trans Fat (g) | Chol (mg) | Sodium (mg) | Carb (g) | Total Fiber (g) | Total Sugars (g) | Added Sugars (g) | Protein (g) | Iron (mg) | Calcium (mg) | VitA (IU) | VitC (mg) | VitD (mcg) | Potassium (mg) | Mois (g) |
|---|-------------|-----------------|---------------|-------------|---------------|-----------|-------------|----------|-----------------|------------------|------------------|-------------|-----------|--------------|-----------|-----------|------------|----------------|----------|
| Summer Program Grilled Cheese Stuffwich and Marinara Sauce - ServingDate: 06/30/2022 | | | | | | | | | | | | | | | | | | | |
| Hummus 3oz cup - LR1313 (1 c.) | 50 | 110.00 | 2.00 | 0.00 | (M) | (M) | 100.00 | 18.00 | 5.00 | 3.00 | (M) | 6.00 | 1.80 | 20.00 | (M) | (M) | (M) | (M) | (M) |
| Broccoli - LR1136 (1/2 cup choppe) | 100 | 15.47 | 0.17 | 0.05 | 0.00 | 0.00 | 15.02 | 3.02 | 1.18 | 0.77 | (M) | 1.28 | 0.33 | 21.39 | 283.46 | 40.59 | 0.00 | 143.78 | 40.63 |
| * Mixed Fruit Cup, W870 - LR1146 (1/2 c.) | 33 | 80.00 | 0.00 | 0.00 | 0.00 | 0.00 | 15.00 | 19.00 | 1.00 | 17.00 | (M) | 0.00 | 0.00 | 0.00 | 200.00 | 60.00 | (M) | (M) | (M) |
| Applesauce, Unsweetened, 72/4.5oz Tree Top 4878 - LR1370 (1 ea.) | 33 | 60.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 15.00 | 3.00 | 10.00 | (M) | 1.00 | 0.00 | 0.00 | 0.00 | 42.00 | (M) | 116.09 | (M) |
| Pears, Diced, Fruit Bowl, 100% Juice, 4oz Dole - LR1372 (1 container) | 34 | 70.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 18.00 | 3.00 | 14.00 | 0.00 | 1.00 | 0.00 | 0.00 | (M) | 27.00 | 0.00 | 0.00 | (M) |
| Milk - Chocolate Non Fat - LR1007 (1 ea.) | 59 | 130.00 | 1.00 | 1.00 | 0.00 | 5.00 | 210.00 | 24.00 | 0.00 | 22.00 | 0.00 | 8.00 | 0.00 | 350.00 | 500.00 | 1.20 | 5.00 | 430.05 | 0.00(M) |
| Milk - Lactose Free - LR1008 (1 ea.) | 1 | 110.00 | 2.50 | 1.50 | 0.00 | 15.00 | 130.00 | 13.00 | 0.00 | 12.00 | 0.00 | 9.00 | 0.00 | 300.00 | 500.00 | 0.00 | (M) | 410.00 | (M) |
| Milk - White 1% - LR1006 (1 ea.) | 40 | 108.86 | 2.65 | 1.65 | (M) | 9.07 | 131.54 | 12.52 | 0.00 | (M) | (M) | 8.91 | 0.14 | 322.06 | 460.40 | 2.72 | 2.27 | 408.24 | 201.26 |
| Ranch Dressing - LR1097 (1 tbsp.) | 50 | 28.07 | 2.45 | 0.53 | 0.00(M) | 5.01 | 51.13 | 0.61 | 0.04 | 0.02(M) | (M) | 0.33 | 0.03 | 11.14 (M) | 15.92 (M) | 0.22 | 0.07 | 17.85 | 6.90(M) |

Legend
 (M) - Missing Nutrient Values

Report Selections
 Meal Type: Lunch
 Site Group: Elementary School
 Menu Line: Main
 Serving Group: All Ages
 Nutrients Option: All

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| Item Name (Serving Size) | Ash (g) |
|---|---------|
| Summer Program Grilled Cheese Stuffwich and Marinara Sauce - ServingDate: 06/30/2022 | |
| Hummus 3oz cup - LR1313 (1 c.) | (M) |
| Broccoli - LR1136 (1/2 cup choppe) | 0.40 |
| * Mixed Fruit Cup, W870 - LR1146 (1/2 c.) | (M) |
| Applesauce, Unsweetened, 72/4.5oz Tree Top 4878 - LR1370 (1 ea.) | (M) |
| Pears, Diced, Fruit Bowl, 100% Juice, 4oz Dole - LR1372 (1 container) | (M) |
| Milk - Chocolate Non Fat - LR1007 (1 ea.) | 0.00(M) |
| Milk - Lactose Free - LR1008 (1 ea.) | (M) |
| Milk - White 1% - LR1006 (1 ea.) | 1.95 |
| Ranch Dressing - LR1097 (1 tbsp.) | 0.08(M) |