

# Menu Calendar Nutrient Analysis Report - September, 2021

Site: ALL  
Date: 09/01/2021 - 09/30/2021

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)
<b>* Cheeseburger, Corn - ServingDate: 09/08/2021</b>																			
*Cheese Burger - LR1011 (1 ea.)	98	380.00	21.50	9.50	0.50	70.00	960.00	28.00	3.00	2.00	0.00(M)	24.00	1.08(M)	0.00(M)	0.00(M)	0.00(M)	(M)	(M)	(M)
OR Cheese Sandwich - LR1005 (1 ea.)	2	560.00	37.00	20.00	0.00	100.00	2290.00	34.00	2.00	2.00	(M)	28.00	2.00(M)	40.00 (M)	0.00(M)	0.00(M)	0.00(M)	0.00(M)	0.00(M)
Cherry Tomatoes - LR1212 (1/4 c.)	50	9.18	0.10	0.01	0.00	0.00	2.55	1.98	0.61	1.34	(M)	0.45	0.14	5.10	424.83	6.99	0.00	120.87	48.20
Sweet Yellow Corn - LR1217 (1/2 c.)	50	56.08	0.35	0.00	0.00	0.00	0.00	13.32	1.40	1.40	0.00	2.10	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Apple - LR1072 (1 ea.)	33	95.00	0.31	0.06	0.00	0.00	2.00	25.13	4.40	(M)	(M)	0.47	0.22	10.99	98.01	8.41	(M)	(M)	(M)
Applesauce - LR1075 (1/2 c.)	33	53.33	0.00	0.00	0.00	0.00	2.08	14.63	1.03	11.49	(M)	0.00	0.00	0.00	0.00	62.74	(M)	(M)	(M)
Orange - LR1073 (1 ea.)	34	61.57	0.16	0.02	0.00	0.00	0.00	15.39	3.14	12.25	(M)	1.23	0.13	52.40	294.75	69.69	0.00	237.11	113.64
Milk - Chocolate Non Fat - LR1007 (1 ea.)	70	130.00	1.00	1.00	0.00	5.00	210.00	24.00	0.00	22.00	0.00	8.00	0.00	350.00	500.00	1.20	5.00	430.05	0.00(M)
Milk - Lactose Free - LR1008 (1 ea.)	1	110.00	2.50	1.50	0.00	15.00	130.00	13.00	0.00	12.00	0.00	9.00	0.00	300.00	500.00	0.00	(M)	410.00	(M)
Milk - White 1% - LR1006 (1 ea.)	29	108.86	2.65	1.65	(M)	9.07	131.54	12.52	0.00	(M)	(M)	8.91	0.14	322.06	460.40	2.72	2.27	408.24	201.26
<b>* Cheesy Breadsticks and Soup - ServingDate: 09/09/2021</b>																			
*Cheesy Breadsticks - LR1021 (2 ea.)	98	300.00	11.00	6.00	0.00	30.00	490.00	30.00	3.00	4.00	(M)	19.00	2.00	363.00	78.00	0.00	(M)	(M)	(M)
OR Cheese Sandwich - LR1005 (1 ea.)	2	560.00	37.00	20.00	0.00	100.00	2290.00	34.00	2.00	2.00	(M)	28.00	2.00(M)	40.00 (M)	0.00(M)	0.00(M)	0.00(M)	0.00(M)	0.00(M)
Baby Carrots - LR1145 (4 oz.)	50	47.63	2.17	0.41	0.00(M)	0.00	267.62	6.97	2.50	2.90	(M)	0.65	0.28	24.95	746.17	3.06	0.00(M)	0.00(M)	0.00(M)
Marinara Sauce Dipping Cups - LR1144 (1 ea.)	50	25.00	0.00	0.00	0.00	0.00	195.00	5.00	1.00	3.00	(M)	1.00	0.72	20.00	(M)	(M)	0.00	282.00	(M)
Apple - LR1072 (1 ea.)	33	95.00	0.31	0.06	0.00	0.00	2.00	25.13	4.40	(M)	(M)	0.47	0.22	10.99	98.01	8.41	(M)	(M)	(M)
Applesauce - LR1075 (1/2 c.)	33	53.33	0.00	0.00	0.00	0.00	2.08	14.63	1.03	11.49	(M)	0.00	0.00	0.00	0.00	62.74	(M)	(M)	(M)
Orange - LR1073 (1 ea.)	34	61.57	0.16	0.02	0.00	0.00	0.00	15.39	3.14	12.25	(M)	1.23	0.13	52.40	294.75	69.69	0.00	237.11	113.64
Milk - Chocolate Non Fat - LR1007 (1 ea.)	80	130.00	1.00	1.00	0.00	5.00	210.00	24.00	0.00	22.00	0.00	8.00	0.00	350.00	500.00	1.20	5.00	430.05	0.00(M)
Milk - Lactose Free - LR1008 (1 ea.)	1	110.00	2.50	1.50	0.00	15.00	130.00	13.00	0.00	12.00	0.00	9.00	0.00	300.00	500.00	0.00	(M)	410.00	(M)

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Site: ALL  
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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)	
<b>* Cheesy Breadsticks and Soup - ServingDate: 09/09/2021</b>																				
Milk - White 1% - LR1006 (1 ea.)	19	108.86	2.65	1.65	(M)	9.07	131.54	12.52	0.00	(M)	(M)	8.91	0.14	322.06	460.40	2.72	2.27	408.24	201.26	
<b>Macaroni and Cheese Bowl - ServingDate: 09/10/2021</b>																				
*Macaroni and Cheese - LR1197 (6 oz.)	48	288.00	16.00	7.00	0.00	35.00	758.00	30.00	2.00	8.00	(M)	15.00	1.00	381.00	(M)	(M)	0.00	0.00	(M)	
*Mini Corn Dogs - LR1157 (6 ea.)	50	270.00	12.00	3.50	0.00	40.00	410.00	30.00	5.00	5.00	0.00	10.00	1.80	150.00	0.00	0.00	(M)	(M)	(M)	
OR Cheese Sandwich - LR1005 (1 ea.)	2	560.00	37.00	20.00	0.00	100.00	2290.00	34.00	2.00	2.00	(M)	28.00	2.00(M)	40.00 (M)	0.00(M)	0.00(M)	0.00(M)	0.00(M)	0.00(M)	
Cherry Tomatoes - LR1212 (1/4 c.)	50	9.18	0.10	0.01	0.00	0.00	2.55	1.98	0.61	1.34	(M)	0.45	0.14	5.10	424.83	6.99	0.00	120.87	48.20	
Green Peas - LR1130 (1/2 c.)	50	68.82	0.00	0.00	0.00	0.00	0.00	11.18	4.30	4.30	(M)	4.30	1.20	17.20	(M)	(M)	0.00	197.85	(M)	
Apple - LR1072 (1 ea.)	33	95.00	0.31	0.06	0.00	0.00	2.00	25.13	4.40	(M)	(M)	0.47	0.22	10.99	98.01	8.41	(M)	(M)	(M)	
Applesauce - LR1075 (1/2 c.)	33	53.33	0.00	0.00	0.00	0.00	2.08	14.63	1.03	11.49	(M)	0.00	0.00	0.00	0.00	62.74	(M)	(M)	(M)	
Orange - LR1073 (1 ea.)	34	61.57	0.16	0.02	0.00	0.00	0.00	15.39	3.14	12.25	(M)	1.23	0.13	52.40	294.75	69.69	0.00	237.11	113.64	
Milk - Chocolate Non Fat - LR1007 (1 ea.)	33	130.00	1.00	1.00	0.00	5.00	210.00	24.00	0.00	22.00	0.00	8.00	0.00	350.00	500.00	1.20	5.00	430.05	0.00(M)	
Milk - Lactose Free - LR1008 (1 ea.)	33	110.00	2.50	1.50	0.00	15.00	130.00	13.00	0.00	12.00	0.00	9.00	0.00	300.00	500.00	0.00	(M)	410.00	(M)	
Milk - White 1% - LR1006 (1 ea.)	34	108.86	2.65	1.65	(M)	9.07	131.54	12.52	0.00	(M)	(M)	8.91	0.14	322.06	460.40	2.72	2.27	408.24	201.26	
<b>Corn Dog - ServingDate: 09/13/2021</b>																				
*Corn Dog - LR1155 (1 corn dog)	98	250.00	9.00	2.50	0.00	40.00	450.00	30.00	5.00	9.00	(M)	9.00	(M)	(M)	(M)	(M)	(M)	(M)	(M)	
OR Cheese Sandwich - LR1005 (1 ea.)	2	560.00	37.00	20.00	0.00	100.00	2290.00	34.00	2.00	2.00	(M)	28.00	2.00(M)	40.00 (M)	0.00(M)	0.00(M)	0.00(M)	0.00(M)	0.00(M)	
Sweet Yellow Corn - LR1217 (1/2 c.)	0	56.08	0.35	0.00	0.00	0.00	0.00	13.32	1.40	1.40	0.00	2.10	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
Tater Tots - LR1141 (1/2 c.)	50	130.00	6.00	1.00	0.00	0.00	310.00	16.00	2.00	0.00	(M)	2.00	0.36	0.00	0.00	3.60	(M)	(M)	(M)	
Apple - LR1072 (1 ea.)	33	95.00	0.31	0.06	0.00	0.00	2.00	25.13	4.40	(M)	(M)	0.47	0.22	10.99	98.01	8.41	(M)	(M)	(M)	
Applesauce - LR1075 (1/2 c.)	33	53.33	0.00	0.00	0.00	0.00	2.08	14.63	1.03	11.49	(M)	0.00	0.00	0.00	0.00	62.74	(M)	(M)	(M)	

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<b>Corn Dog - ServingDate: 09/13/2021</b>																			
Orange - LR1073 (1 ea.)	34	61.57	0.16	0.02	0.00	0.00	0.00	15.39	3.14	12.25	(M)	1.23	0.13	52.40	294.75	69.69	0.00	237.11	113.64
Milk - Chocolate Non Fat - LR1007 (1 ea.)	80	130.00	1.00	1.00	0.00	5.00	210.00	24.00	0.00	22.00	0.00	8.00	0.00	350.00	500.00	1.20	5.00	430.05	0.00(M)
Milk - Lactose Free - LR1008 (1 ea.)	1	110.00	2.50	1.50	0.00	15.00	130.00	13.00	0.00	12.00	0.00	9.00	0.00	300.00	500.00	0.00	(M)	410.00	(M)
Milk - White 1% - LR1006 (1 ea.)	19	108.86	2.65	1.65	(M)	9.07	131.54	12.52	0.00	(M)	(M)	8.91	0.14	322.06	460.40	2.72	2.27	408.24	201.26
<b>Chicken Teriyaki - ServingDate: 09/14/2021</b>																			
*Chicken Teriyaki and Rice - LR1228 (1 serving)	98	295.00	5.00	1.00	0.00	70.00	330.00	8.00	2.00	6.00	(M)	19.00	1.44	0.00(M)	0.00(M)	0.00(M)	(M)	(M)	(M)
OR Cheese Sandwich - LR1005 (1 ea.)	2	560.00	37.00	20.00	0.00	100.00	2290.00	34.00	2.00	2.00	(M)	28.00	2.00(M)	40.00 (M)	0.00(M)	0.00(M)	0.00(M)	0.00(M)	0.00(M)
Green Beans - LR1219 (1/2 c.)	50	20.00	0.00	0.00	0.00	0.00	140.00	4.00	2.00	2.00	(M)	1.00	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Green Peas - LR1130 (1/2 c.)	50	68.82	0.00	0.00	0.00	0.00	0.00	11.18	4.30	4.30	(M)	4.30	1.20	17.20	(M)	(M)	0.00	197.85	(M)
Apple - LR1072 (1 ea.)	33	95.00	0.31	0.06	0.00	0.00	2.00	25.13	4.40	(M)	(M)	0.47	0.22	10.99	98.01	8.41	(M)	(M)	(M)
Applesauce - LR1075 (1/2 c.)	33	53.33	0.00	0.00	0.00	0.00	2.08	14.63	1.03	11.49	(M)	0.00	0.00	0.00	0.00	62.74	(M)	(M)	(M)
Orange - LR1073 (1 ea.)	34	61.57	0.16	0.02	0.00	0.00	0.00	15.39	3.14	12.25	(M)	1.23	0.13	52.40	294.75	69.69	0.00	237.11	113.64
Milk - Chocolate Non Fat - LR1007 (1 ea.)	80	130.00	1.00	1.00	0.00	5.00	210.00	24.00	0.00	22.00	0.00	8.00	0.00	350.00	500.00	1.20	5.00	430.05	0.00(M)
Milk - Lactose Free - LR1008 (1 ea.)	1	110.00	2.50	1.50	0.00	15.00	130.00	13.00	0.00	12.00	0.00	9.00	0.00	300.00	500.00	0.00	(M)	410.00	(M)
Milk - White 1% - LR1006 (1 ea.)	19	108.86	2.65	1.65	(M)	9.07	131.54	12.52	0.00	(M)	(M)	8.91	0.14	322.06	460.40	2.72	2.27	408.24	201.26
<b>Breakfast Sandwich with sausage and cheese - ServingDate: 09/15/2021</b>																			
*Breakfast Sandwich With Sausage and Cheese - LR1229 (1 sandwich)	98	309.37	18.99	8.00	0.00	40.00	918.58	21.89	0.99	0.99	(M)	13.97	1.59(M)	89.53 (M)	(M)	(M)	0.00(M)	49.74 (M)	(M)
OR Cheese Sandwich - LR1005 (1 ea.)	2	560.00	37.00	20.00	0.00	100.00	2290.00	34.00	2.00	2.00	(M)	28.00	2.00(M)	40.00 (M)	0.00(M)	0.00(M)	0.00(M)	0.00(M)	0.00(M)

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)
<b>Breakfast Sandwich with sausage and cheese - ServingDate: 09/15/2021</b>																			
Baby Carrots - LR1145 (4 oz.)	50	47.63	2.17	0.41	0.00(M)	0.00	267.62	6.97	2.50	2.90	(M)	0.65	0.28	24.95	746.17	3.06	0.00(M)	0.00(M)	0.00(M)
Cherry Tomatoes - LR1212 (1/4 c.)	50	9.18	0.10	0.01	0.00	0.00	2.55	1.98	0.61	1.34	(M)	0.45	0.14	5.10	424.83	6.99	0.00	120.87	48.20
Apple - LR1072 (1 ea.)	33	95.00	0.31	0.06	0.00	0.00	2.00	25.13	4.40	(M)	(M)	0.47	0.22	10.99	98.01	8.41	(M)	(M)	(M)
Applesauce - LR1075 (1/2 c.)	33	53.33	0.00	0.00	0.00	0.00	2.08	14.63	1.03	11.49	(M)	0.00	0.00	0.00	0.00	62.74	(M)	(M)	(M)
Orange - LR1073 (1 ea.)	34	61.57	0.16	0.02	0.00	0.00	0.00	15.39	3.14	12.25	(M)	1.23	0.13	52.40	294.75	69.69	0.00	237.11	113.64
Milk - Chocolate Non Fat - LR1007 (1 ea.)	80	130.00	1.00	1.00	0.00	5.00	210.00	24.00	0.00	22.00	0.00	8.00	0.00	350.00	500.00	1.20	5.00	430.05	0.00(M)
Milk - Lactose Free - LR1008 (1 ea.)	1	110.00	2.50	1.50	0.00	15.00	130.00	13.00	0.00	12.00	0.00	9.00	0.00	300.00	500.00	0.00	(M)	410.00	(M)
Milk - White 1% - LR1006 (1 ea.)	19	108.86	2.65	1.65	(M)	9.07	131.54	12.52	0.00	(M)	(M)	8.91	0.14	322.06	460.40	2.72	2.27	408.24	201.26
<b>Rotini W/ Meat Sauce - ServingDate: 09/16/2021</b>																			
*Rotini with Meat Sauce - LR1198 (8 oz.)	98	339.00	16.00	6.50	1.00	55.00	392.00	29.00	4.00	6.00	(M)	19.00	3.00	63.00	(M)	(M)	0.00	0.00	(M)
OR Cheese Sandwich - LR1005 (1 ea.)	2	560.00	37.00	20.00	0.00	100.00	2290.00	34.00	2.00	2.00	(M)	28.00	2.00(M)	40.00 (M)	0.00(M)	0.00(M)	0.00(M)	0.00(M)	0.00(M)
Cauliflower - LR1173 (1/2 cup choppe)	50	13.38	0.15	0.07	0.00	0.00	16.05	2.66	1.07	1.02	(M)	1.03	0.23	11.77	0.00	25.79	0.00	159.97	49.26
Chick Peas - LR1199 (1/2 c.)	50	127.20	2.40	0.00	0.00	0.00	168.00	19.20	6.00	3.60	(M)	7.20	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Apple - LR1072 (1 ea.)	33	95.00	0.31	0.06	0.00	0.00	2.00	25.13	4.40	(M)	(M)	0.47	0.22	10.99	98.01	8.41	(M)	(M)	(M)
Applesauce - LR1075 (1/2 c.)	33	53.33	0.00	0.00	0.00	0.00	2.08	14.63	1.03	11.49	(M)	0.00	0.00	0.00	0.00	62.74	(M)	(M)	(M)
Orange - LR1073 (1 ea.)	34	61.57	0.16	0.02	0.00	0.00	0.00	15.39	3.14	12.25	(M)	1.23	0.13	52.40	294.75	69.69	0.00	237.11	113.64
Milk - Chocolate Non Fat - LR1007 (1 ea.)	80	130.00	1.00	1.00	0.00	5.00	210.00	24.00	0.00	22.00	0.00	8.00	0.00	350.00	500.00	1.20	5.00	430.05	0.00(M)
Milk - Lactose Free - LR1008 (1 ea.)	1	110.00	2.50	1.50	0.00	15.00	130.00	13.00	0.00	12.00	0.00	9.00	0.00	300.00	500.00	0.00	(M)	410.00	(M)
Milk - White 1% - LR1006 (1 ea.)	19	108.86	2.65	1.65	(M)	9.07	131.54	12.52	0.00	(M)	(M)	8.91	0.14	322.06	460.40	2.72	2.27	408.24	201.26
Ranch Dressing - LR1097 (1 tbsp.)	50	28.07	2.45	0.53	0.00(M)	5.01	51.13	0.61	0.04	0.02(M)	(M)	0.33	0.03	11.14 (M)	15.92 (M)	0.22	0.07	17.85	6.90(M)

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<b>Ripper - ServingDate: 09/17/2021</b>																			
*Pepperoni Ripper - LR1162 (3 ea.)	98	270.00	10.00	4.00	0.00	30.00	570.00	27.00	4.00	3.00	(M)	18.00	0.72	200.00	400.00	3.60	(M)	(M)	(M)
OR Cheese Sandwich - LR1005 (1 ea.)	2	560.00	37.00	20.00	0.00	100.00	2290.00	34.00	2.00	2.00	(M)	28.00	2.00(M)	40.00 (M)	0.00(M)	0.00(M)	0.00(M)	0.00(M)	0.00(M)
Broccoli - LR1136 (1/2 cup choppe)	50	15.47	0.17	0.05	0.00	0.00	15.02	3.02	1.18	0.77	(M)	1.28	0.33	21.39	283.46	40.59	0.00	143.78	40.63
Cucumber - LR1156 (1 cucumber ())	50	45.15	0.33	0.11	0.00	0.00	6.02	10.93	1.50	5.03	(M)	1.96	0.84	48.16	316.05	8.43	0.00	442.47	286.64
Apple - LR1072 (1 ea.)	33	95.00	0.31	0.06	0.00	0.00	2.00	25.13	4.40	(M)	(M)	0.47	0.22	10.99	98.01	8.41	(M)	(M)	(M)
Applesauce - LR1075 (1/2 c.)	33	53.33	0.00	0.00	0.00	0.00	2.08	14.63	1.03	11.49	(M)	0.00	0.00	0.00	0.00	62.74	(M)	(M)	(M)
Orange - LR1073 (1 ea.)	34	61.57	0.16	0.02	0.00	0.00	0.00	15.39	3.14	12.25	(M)	1.23	0.13	52.40	294.75	69.69	0.00	237.11	113.64
Milk - Chocolate Non Fat - LR1007 (1 ea.)	80	130.00	1.00	1.00	0.00	5.00	210.00	24.00	0.00	22.00	0.00	8.00	0.00	350.00	500.00	1.20	5.00	430.05	0.00(M)
Milk - Lactose Free - LR1008 (1 ea.)	1	110.00	2.50	1.50	0.00	15.00	130.00	13.00	0.00	12.00	0.00	9.00	0.00	300.00	500.00	0.00	(M)	410.00	(M)
Milk - White 1% - LR1006 (1 ea.)	19	108.86	2.65	1.65	(M)	9.07	131.54	12.52	0.00	(M)	(M)	8.91	0.14	322.06	460.40	2.72	2.27	408.24	201.26
Ranch Dressing - LR1097 (1 tbsp.)	50	28.07	2.45	0.53	0.00(M)	5.01	51.13	0.61	0.04	0.02(M)	(M)	0.33	0.03	11.14 (M)	15.92 (M)	0.22	0.07	17.85	6.90(M)
<b>Cheese Quesadilla - ServingDate: 09/20/2021</b>																			
*Cheesy Quesadilla - LR1001 (1 ea.)	98	300.00	10.00	3.00	0.00	10.00	670.00	39.00	4.00	3.00	(M)	16.00	2.90	320.00	(M)	(M)	(M)	(M)	(M)
OR Cheese Sandwich - LR1005 (1 ea.)	2	560.00	37.00	20.00	0.00	100.00	2290.00	34.00	2.00	2.00	(M)	28.00	2.00(M)	40.00 (M)	0.00(M)	0.00(M)	0.00(M)	0.00(M)	0.00(M)
Cherry Tomatoes - LR1212 (1/4 c.)	50	9.18	0.10	0.01	0.00	0.00	2.55	1.98	0.61	1.34	(M)	0.45	0.14	5.10	424.83	6.99	0.00	120.87	48.20
Refried Beans - LR1218 (1/2 c.)	50	42.00	0.45	0.15	0.00	0.00	153.00	7.20	2.40	0.00	0.00	2.40	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Apple - LR1072 (1 ea.)	33	95.00	0.31	0.06	0.00	0.00	2.00	25.13	4.40	(M)	(M)	0.47	0.22	10.99	98.01	8.41	(M)	(M)	(M)
Applesauce - LR1075 (1/2 c.)	33	53.33	0.00	0.00	0.00	0.00	2.08	14.63	1.03	11.49	(M)	0.00	0.00	0.00	0.00	62.74	(M)	(M)	(M)
Orange - LR1073 (1 ea.)	34	61.57	0.16	0.02	0.00	0.00	0.00	15.39	3.14	12.25	(M)	1.23	0.13	52.40	294.75	69.69	0.00	237.11	113.64
Milk - Chocolate Non Fat - LR1007 (1 ea.)	80	130.00	1.00	1.00	0.00	5.00	210.00	24.00	0.00	22.00	0.00	8.00	0.00	350.00	500.00	1.20	5.00	430.05	0.00(M)
Milk - Lactose Free - LR1008 (1 ea.)	1	110.00	2.50	1.50	0.00	15.00	130.00	13.00	0.00	12.00	0.00	9.00	0.00	300.00	500.00	0.00	(M)	410.00	(M)

# Menu Calendar Nutrient Analysis Report - September, 2021

Site: ALL  
Date: 09/01/2021 - 09/30/2021

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)
<b>Cheese Quesadilla - ServingDate: 09/20/2021</b>																			
Milk - White 1% - LR1006 (1 ea.)	19	108.86	2.65	1.65	(M)	9.07	131.54	12.52	0.00	(M)	(M)	8.91	0.14	322.06	460.40	2.72	2.27	408.24	201.26
<b>Chef's Choice - ServingDate: 09/21/2021</b>																			
*Chef's Choice - LR1237 (1 ea.)	0	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)
OR Cheese Sandwich - LR1005 (1 ea.)	2	560.00	37.00	20.00	0.00	100.00	2290.00	34.00	2.00	2.00	(M)	28.00	2.00(M)	40.00 (M)	0.00(M)	0.00(M)	0.00(M)	0.00(M)	0.00(M)
Broccoli - LR1136 (1/2 cup choppe)	50	15.47	0.17	0.05	0.00	0.00	15.02	3.02	1.18	0.77	(M)	1.28	0.33	21.39	283.46	40.59	0.00	143.78	40.63
Green Peas - LR1130 (1/2 c.)	50	68.82	0.00	0.00	0.00	0.00	0.00	11.18	4.30	4.30	(M)	4.30	1.20	17.20	(M)	(M)	0.00	197.85	(M)
Apple - LR1072 (1 ea.)	33	95.00	0.31	0.06	0.00	0.00	2.00	25.13	4.40	(M)	(M)	0.47	0.22	10.99	98.01	8.41	(M)	(M)	(M)
Applesauce - LR1075 (1/2 c.)	33	53.33	0.00	0.00	0.00	0.00	2.08	14.63	1.03	11.49	(M)	0.00	0.00	0.00	0.00	62.74	(M)	(M)	(M)
Orange - LR1073 (1 ea.)	34	61.57	0.16	0.02	0.00	0.00	0.00	15.39	3.14	12.25	(M)	1.23	0.13	52.40	294.75	69.69	0.00	237.11	113.64
Milk - Chocolate Non Fat - LR1007 (1 ea.)	80	130.00	1.00	1.00	0.00	5.00	210.00	24.00	0.00	22.00	0.00	8.00	0.00	350.00	500.00	1.20	5.00	430.05	0.00(M)
Milk - Lactose Free - LR1008 (1 ea.)	1	110.00	2.50	1.50	0.00	15.00	130.00	13.00	0.00	12.00	0.00	9.00	0.00	300.00	500.00	0.00	(M)	410.00	(M)
Milk - White 1% - LR1006 (1 ea.)	19	108.86	2.65	1.65	(M)	9.07	131.54	12.52	0.00	(M)	(M)	8.91	0.14	322.06	460.40	2.72	2.27	408.24	201.26
<b>Popcorn Chicken and Waffles - ServingDate: 09/22/2021</b>																			
*Popcorn Chicken - LR1179 (12 piece)	98	250.00	14.00	2.50	0.00	25.00	380.00	15.00	3.00	1.00	(M)	15.00	1.80	40.00	100.00	0.00	(M)	(M)	(M)
OR Cheese Sandwich - LR1005 (1 ea.)	2	560.00	37.00	20.00	0.00	100.00	2290.00	34.00	2.00	2.00	(M)	28.00	2.00(M)	40.00 (M)	0.00(M)	0.00(M)	0.00(M)	0.00(M)	0.00(M)
Waffle - LR1221 (65 g.)	100	240.00	9.00	2.50	(M)	15.00	210.00	38.00	2.00	13.00	12.00	5.00	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Celery - LR1163 (1/2 cup choppe)	50	7.07	0.09	0.02	0.00	0.00	40.40	1.50	0.81	0.68	(M)	0.35	0.10	20.20	226.75	1.57	0.00	131.30	48.19
Sweet Yellow Corn - LR1217 (1/2 c.)	50	56.08	0.35	0.00	0.00	0.00	0.00	13.32	1.40	1.40	0.00	2.10	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Apple - LR1072 (1 ea.)	33	95.00	0.31	0.06	0.00	0.00	2.00	25.13	4.40	(M)	(M)	0.47	0.22	10.99	98.01	8.41	(M)	(M)	(M)
Applesauce - LR1075 (1/2 c.)	33	53.33	0.00	0.00	0.00	0.00	2.08	14.63	1.03	11.49	(M)	0.00	0.00	0.00	0.00	62.74	(M)	(M)	(M)

# Menu Calendar Nutrient Analysis Report - September, 2021

Site: ALL  
Date: 09/01/2021 - 09/30/2021

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)
<b>Popcorn Chicken and Waffles - ServingDate: 09/22/2021</b>																			
Orange - LR1073 (1 ea.)	34	61.57	0.16	0.02	0.00	0.00	0.00	15.39	3.14	12.25	(M)	1.23	0.13	52.40	294.75	69.69	0.00	237.11	113.64
Milk - Chocolate Non Fat - LR1007 (1 ea.)	80	130.00	1.00	1.00	0.00	5.00	210.00	24.00	0.00	22.00	0.00	8.00	0.00	350.00	500.00	1.20	5.00	430.05	0.00(M)
Milk - Lactose Free - LR1008 (1 ea.)	1	110.00	2.50	1.50	0.00	15.00	130.00	13.00	0.00	12.00	0.00	9.00	0.00	300.00	500.00	0.00	(M)	410.00	(M)
Milk - White 1% - LR1006 (1 ea.)	19	108.86	2.65	1.65	(M)	9.07	131.54	12.52	0.00	(M)	(M)	8.91	0.14	322.06	460.40	2.72	2.27	408.24	201.26
Ranch Dressing - LR1097 (1 tbsp.)	100	28.07	2.45	0.53	0.00(M)	5.01	51.13	0.61	0.04	0.02(M)	(M)	0.33	0.03	11.14 (M)	15.92 (M)	0.22	0.07	17.85	6.90(M)
<b>* Cheesy Breadsticks and Soup - ServingDate: 09/23/2021</b>																			
*Cheesy Breadsticks - LR1021 (2 ea.)	98	300.00	11.00	6.00	0.00	30.00	490.00	30.00	3.00	4.00	(M)	19.00	2.00	363.00	78.00	0.00	(M)	(M)	(M)
OR Cheese Sandwich - LR1005 (1 ea.)	2	560.00	37.00	20.00	0.00	100.00	2290.00	34.00	2.00	2.00	(M)	28.00	2.00(M)	40.00 (M)	0.00(M)	0.00(M)	0.00(M)	0.00(M)	0.00(M)
Baby Carrots - LR1145 (4 oz.)	50	47.63	2.17	0.41	0.00(M)	0.00	267.62	6.97	2.50	2.90	(M)	0.65	0.28	24.95	746.17	3.06	0.00(M)	0.00(M)	0.00(M)
Marinara Sauce Dipping Cups - LR1144 (1 ea.)	50	25.00	0.00	0.00	0.00	0.00	195.00	5.00	1.00	3.00	(M)	1.00	0.72	20.00	(M)	(M)	0.00	282.00	(M)
Apple - LR1072 (1 ea.)	33	95.00	0.31	0.06	0.00	0.00	2.00	25.13	4.40	(M)	(M)	0.47	0.22	10.99	98.01	8.41	(M)	(M)	(M)
Applesauce - LR1075 (1/2 c.)	33	53.33	0.00	0.00	0.00	0.00	2.08	14.63	1.03	11.49	(M)	0.00	0.00	0.00	0.00	62.74	(M)	(M)	(M)
Orange - LR1073 (1 ea.)	34	61.57	0.16	0.02	0.00	0.00	0.00	15.39	3.14	12.25	(M)	1.23	0.13	52.40	294.75	69.69	0.00	237.11	113.64
Milk - Chocolate Non Fat - LR1007 (1 ea.)	80	130.00	1.00	1.00	0.00	5.00	210.00	24.00	0.00	22.00	0.00	8.00	0.00	350.00	500.00	1.20	5.00	430.05	0.00(M)
Milk - Lactose Free - LR1008 (1 ea.)	1	110.00	2.50	1.50	0.00	15.00	130.00	13.00	0.00	12.00	0.00	9.00	0.00	300.00	500.00	0.00	(M)	410.00	(M)
Milk - White 1% - LR1006 (1 ea.)	19	108.86	2.65	1.65	(M)	9.07	131.54	12.52	0.00	(M)	(M)	8.91	0.14	322.06	460.40	2.72	2.27	408.24	201.26
<b>Breakfast Pizza - ServingDate: 09/24/2021</b>																			
*Breakfast Flatbread Pizza - LR1139 (1 ea.)	98	180.00	8.00	3.50	0.00	55.00	450.00	16.00	1.00	5.00	(M)	10.00	1.44	150.00	(M)	(M)	0.00	0.00	(M)
OR Cheese Sandwich - LR1005 (1 ea.)	2	560.00	37.00	20.00	0.00	100.00	2290.00	34.00	2.00	2.00	(M)	28.00	2.00(M)	40.00 (M)	0.00(M)	0.00(M)	0.00(M)	0.00(M)	0.00(M)

# Menu Calendar Nutrient Analysis Report - September, 2021

Site: ALL  
Date: 09/01/2021 - 09/30/2021

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)
<b>Breakfast Pizza - ServingDate: 09/24/2021</b>																			
Sausage Link - LR1220 (1 pcs.)	100	100.00	9.00	3.00	(M)	20.00	160.00	1.00	(M)	(M)	(M)	3.00	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Baby Carrots - LR1145 (4 oz.)	50	47.63	2.17	0.41	0.00(M)	0.00	267.62	6.97	2.50	2.90	(M)	0.65	0.28	24.95	746.17	3.06	0.00(M)	0.00(M)	0.00(M)
Tater Tots - LR1141 (1/2 c.)	50	130.00	6.00	1.00	0.00	0.00	310.00	16.00	2.00	0.00	(M)	2.00	0.36	0.00	0.00	3.60	(M)	(M)	(M)
Apple - LR1072 (1 ea.)	33	95.00	0.31	0.06	0.00	0.00	2.00	25.13	4.40	(M)	(M)	0.47	0.22	10.99	98.01	8.41	(M)	(M)	(M)
Applesauce - LR1075 (1/2 c.)	33	53.33	0.00	0.00	0.00	0.00	2.08	14.63	1.03	11.49	(M)	0.00	0.00	0.00	0.00	62.74	(M)	(M)	(M)
Orange - LR1073 (1 ea.)	34	61.57	0.16	0.02	0.00	0.00	0.00	15.39	3.14	12.25	(M)	1.23	0.13	52.40	294.75	69.69	0.00	237.11	113.64
Milk - Chocolate Non Fat - LR1007 (1 ea.)	80	130.00	1.00	1.00	0.00	5.00	210.00	24.00	0.00	22.00	0.00	8.00	0.00	350.00	500.00	1.20	5.00	430.05	0.00(M)
Milk - Lactose Free - LR1008 (1 ea.)	1	110.00	2.50	1.50	0.00	15.00	130.00	13.00	0.00	12.00	0.00	9.00	0.00	300.00	500.00	0.00	(M)	410.00	(M)
Milk - White 1% - LR1006 (1 ea.)	19	108.86	2.65	1.65	(M)	9.07	131.54	12.52	0.00	(M)	(M)	8.91	0.14	322.06	460.40	2.72	2.27	408.24	201.26
<b>Orange Chicken with Rice - ServingDate: 09/27/2021</b>																			
*Orange Chicken with Rice - LR1231 (1 serving)	98	313.33	4.17	0.44	0.00	35.56	248.89	18.89	2.00	8.89	0.00(M)	13.78	1.36	0.00(M)	0.00(M)	1.07(M)	0.00(M)	0.00(M)	0.00(M)
OR Cheese Sandwich - LR1005 (1 ea.)	2	560.00	37.00	20.00	0.00	100.00	2290.00	34.00	2.00	2.00	(M)	28.00	2.00(M)	40.00 (M)	0.00(M)	0.00(M)	0.00(M)	0.00(M)	0.00(M)
Broccoli - LR1136 (1/2 cup choppe)	50	15.47	0.17	0.05	0.00	0.00	15.02	3.02	1.18	0.77	(M)	1.28	0.33	21.39	283.46	40.59	0.00	143.78	40.63
Celery - LR1163 (1/2 cup choppe)	50	7.07	0.09	0.02	0.00	0.00	40.40	1.50	0.81	0.68	(M)	0.35	0.10	20.20	226.75	1.57	0.00	131.30	48.19
Apple - LR1072 (1 ea.)	33	95.00	0.31	0.06	0.00	0.00	2.00	25.13	4.40	(M)	(M)	0.47	0.22	10.99	98.01	8.41	(M)	(M)	(M)
Applesauce - LR1075 (1/2 c.)	33	53.33	0.00	0.00	0.00	0.00	2.08	14.63	1.03	11.49	(M)	0.00	0.00	0.00	0.00	62.74	(M)	(M)	(M)
Orange - LR1073 (1 ea.)	34	61.57	0.16	0.02	0.00	0.00	0.00	15.39	3.14	12.25	(M)	1.23	0.13	52.40	294.75	69.69	0.00	237.11	113.64
Milk - Chocolate Non Fat - LR1007 (1 ea.)	80	130.00	1.00	1.00	0.00	5.00	210.00	24.00	0.00	22.00	0.00	8.00	0.00	350.00	500.00	1.20	5.00	430.05	0.00(M)
Milk - Lactose Free - LR1008 (1 ea.)	1	110.00	2.50	1.50	0.00	15.00	130.00	13.00	0.00	12.00	0.00	9.00	0.00	300.00	500.00	0.00	(M)	410.00	(M)
Milk - White 1% - LR1006 (1 ea.)	19	108.86	2.65	1.65	(M)	9.07	131.54	12.52	0.00	(M)	(M)	8.91	0.14	322.06	460.40	2.72	2.27	408.24	201.26



# Menu Calendar Nutrient Analysis Report - September, 2021

Site: ALL  
Date: 09/01/2021 - 09/30/2021

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)
<b>Orange Chicken with Rice - ServingDate: 09/27/2021</b>																			
Ranch Dressing - LR1097 (1 tbsp.)	0	28.07	2.45	0.53	0.00(M)	5.01	51.13	0.61	0.04	0.02(M)	(M)	0.33	0.03	11.14 (M)	15.92 (M)	0.22	0.07	17.85	6.90(M)
<b>Popcorn Chicken and Mini Cornbread - ServingDate: 09/28/2021</b>																			
*Popcorn Chicken - LR1179 (12 piece)	98	250.00	14.00	2.50	0.00	25.00	380.00	15.00	3.00	1.00	(M)	15.00	1.80	40.00	100.00	0.00	(M)	(M)	(M)
OR Cheese Sandwich - LR1005 (1 ea.)	2	560.00	37.00	20.00	0.00	100.00	2290.00	34.00	2.00	2.00	(M)	28.00	2.00(M)	40.00 (M)	0.00(M)	0.00(M)	0.00(M)	0.00(M)	0.00(M)
Mini Cornbread Loaf - LR1123 (1 loaf.)	100	198.00	6.50	0.90	0.00	28.00	140.00	32.00	2.20	15.00	(M)	2.60	1.00	26.00	(M)	(M)	(M)	(M)	(M)
Black Beans - LR1222 (130 g.)	50	110.00	0.00	0.00	0.00	0.00	130.00	20.00	5.00	1.00	(M)	7.00	1.80	60.00	(M)	(M)	(M)	480.00	(M)
Sweet Yellow Corn - LR1217 (1/2 c.)	50	56.08	0.35	0.00	0.00	0.00	0.00	13.32	1.40	1.40	0.00	2.10	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Apple - LR1072 (1 ea.)	33	95.00	0.31	0.06	0.00	0.00	2.00	25.13	4.40	(M)	(M)	0.47	0.22	10.99	98.01	8.41	(M)	(M)	(M)
Applesauce - LR1075 (1/2 c.)	33	53.33	0.00	0.00	0.00	0.00	2.08	14.63	1.03	11.49	(M)	0.00	0.00	0.00	0.00	62.74	(M)	(M)	(M)
Orange - LR1073 (1 ea.)	34	61.57	0.16	0.02	0.00	0.00	0.00	15.39	3.14	12.25	(M)	1.23	0.13	52.40	294.75	69.69	0.00	237.11	113.64
Milk - Chocolate Non Fat - LR1007 (1 ea.)	80	130.00	1.00	1.00	0.00	5.00	210.00	24.00	0.00	22.00	0.00	8.00	0.00	350.00	500.00	1.20	5.00	430.05	0.00(M)
Milk - Lactose Free - LR1008 (1 ea.)	1	110.00	2.50	1.50	0.00	15.00	130.00	13.00	0.00	12.00	0.00	9.00	0.00	300.00	500.00	0.00	(M)	410.00	(M)
Milk - White 1% - LR1006 (1 ea.)	19	108.86	2.65	1.65	(M)	9.07	131.54	12.52	0.00	(M)	(M)	8.91	0.14	322.06	460.40	2.72	2.27	408.24	201.26
<b>French Toast Sticks with Sausage Patty - ServingDate: 09/29/2021</b>																			
*French Toast Sticks and Sausage Patty - LR1230 (1 serving)	98	300.00	17.50	5.00	0.00	120.00	430.00	26.00	2.00	11.00	0.00(M)	11.00	1.08(M)	40.00 (M)	(M)	(M)	1.20(M)	94.00 (M)	(M)
OR Cheese Sandwich - LR1005 (1 ea.)	2	560.00	37.00	20.00	0.00	100.00	2290.00	34.00	2.00	2.00	(M)	28.00	2.00(M)	40.00 (M)	0.00(M)	0.00(M)	0.00(M)	0.00(M)	0.00(M)
Baby Carrots - LR1145 (4 oz.)	50	47.63	2.17	0.41	0.00(M)	0.00	267.62	6.97	2.50	2.90	(M)	0.65	0.28	24.95	746.17	3.06	0.00(M)	0.00(M)	0.00(M)
Tater Tots - LR1141 (1/2 c.)	50	130.00	6.00	1.00	0.00	0.00	310.00	16.00	2.00	0.00	(M)	2.00	0.36	0.00	0.00	3.60	(M)	(M)	(M)
Apple - LR1072 (1 ea.)	33	95.00	0.31	0.06	0.00	0.00	2.00	25.13	4.40	(M)	(M)	0.47	0.22	10.99	98.01	8.41	(M)	(M)	(M)

# Menu Calendar Nutrient Analysis Report - September, 2021

Site: ALL  
Date: 09/01/2021 - 09/30/2021

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)	
<b>French Toast Sticks with Sausage Patty - ServingDate: 09/29/2021</b>																				
Applesauce - LR1075 (1/2 c.)	33	53.33	0.00	0.00	0.00	0.00	2.08	14.63	1.03	11.49	(M)	0.00	0.00	0.00	0.00	62.74	(M)	(M)	(M)	
Orange - LR1073 (1 ea.)	34	61.57	0.16	0.02	0.00	0.00	0.00	15.39	3.14	12.25	(M)	1.23	0.13	52.40	294.75	69.69	0.00	237.11	113.64	
Milk - Chocolate Non Fat - LR1007 (1 ea.)	80	130.00	1.00	1.00	0.00	5.00	210.00	24.00	0.00	22.00	0.00	8.00	0.00	350.00	500.00	1.20	5.00	430.05	0.00(M)	
Milk - Lactose Free - LR1008 (1 ea.)	1	110.00	2.50	1.50	0.00	15.00	130.00	13.00	0.00	12.00	0.00	9.00	0.00	300.00	500.00	0.00	(M)	410.00	(M)	
Milk - White 1% - LR1006 (1 ea.)	19	108.86	2.65	1.65	(M)	9.07	131.54	12.52	0.00	(M)	(M)	8.91	0.14	322.06	460.40	2.72	2.27	408.24	201.26	
<b>Macaroni and Cheese Bowl - ServingDate: 09/30/2021</b>																				
*Macaroni and Cheese - LR1197 (6 oz.)	48	288.00	16.00	7.00	0.00	35.00	758.00	30.00	2.00	8.00	(M)	15.00	1.00	381.00	(M)	(M)	0.00	0.00	(M)	
*Mini Corn Dogs - LR1157 (6 ea.)	50	270.00	12.00	3.50	0.00	40.00	410.00	30.00	5.00	5.00	0.00	10.00	1.80	150.00	0.00	0.00	(M)	(M)	(M)	
OR Cheese Sandwich - LR1005 (1 ea.)	2	560.00	37.00	20.00	0.00	100.00	2290.00	34.00	2.00	2.00	(M)	28.00	2.00(M)	40.00 (M)	0.00(M)	0.00(M)	0.00(M)	0.00(M)	0.00(M)	
Cherry Tomatoes - LR1212 (1/4 c.)	50	9.18	0.10	0.01	0.00	0.00	2.55	1.98	0.61	1.34	(M)	0.45	0.14	5.10	424.83	6.99	0.00	120.87	48.20	
Green Peas - LR1130 (1/2 c.)	50	68.82	0.00	0.00	0.00	0.00	0.00	11.18	4.30	4.30	(M)	4.30	1.20	17.20	(M)	(M)	0.00	197.85	(M)	
Apple - LR1072 (1 ea.)	33	95.00	0.31	0.06	0.00	0.00	2.00	25.13	4.40	(M)	(M)	0.47	0.22	10.99	98.01	8.41	(M)	(M)	(M)	
Applesauce - LR1075 (1/2 c.)	33	53.33	0.00	0.00	0.00	0.00	2.08	14.63	1.03	11.49	(M)	0.00	0.00	0.00	0.00	62.74	(M)	(M)	(M)	
Orange - LR1073 (1 ea.)	34	61.57	0.16	0.02	0.00	0.00	0.00	15.39	3.14	12.25	(M)	1.23	0.13	52.40	294.75	69.69	0.00	237.11	113.64	
Milk - Chocolate Non Fat - LR1007 (1 ea.)	33	130.00	1.00	1.00	0.00	5.00	210.00	24.00	0.00	22.00	0.00	8.00	0.00	350.00	500.00	1.20	5.00	430.05	0.00(M)	
Milk - Lactose Free - LR1008 (1 ea.)	33	110.00	2.50	1.50	0.00	15.00	130.00	13.00	0.00	12.00	0.00	9.00	0.00	300.00	500.00	0.00	(M)	410.00	(M)	
Milk - White 1% - LR1006 (1 ea.)	34	108.86	2.65	1.65	(M)	9.07	131.54	12.52	0.00	(M)	(M)	8.91	0.14	322.06	460.40	2.72	2.27	408.24	201.26	

**Legend**  
(M) - Missing Nutrient Values

# Menu Calendar Nutrient Analysis Report - September, 2021

Site: ALL  
Date: 09/01/2021 - 09/30/2021

**Report Selections**

Meal Type: Lunch  
Site Group: Elementary School  
Menu Line: Main  
Serving Group: K-5  
Nutrients Option: All