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News Release

FOR IMMEDIATE RELEASE

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Stillaguamish Tribe and Tulalip Tribe donate funds to pay for weight cages at Arlington High School

ARLINGTON- Students at Arlington High School are staying fit with new weight cages thanks to donations from the Stillaguamish Tribe and the Tulalip Tribe. A weight cage is a piece of weight training equipment that allows students to safely lift free weights. The school has 14 weight cages that have been replaced over the past four years thanks to the donations.

"The old weight cages really took up a lot of space in our weight room," said Judd Hunter, Arlington High School PE Department Head. "The new cages open up a lot more space and the students really like the versatility of the new equipment. We're very thankful for the donations."

The Arlington Public Schools Board of Directors recently accepted the final $8,000 donation from the Stillaguamish Tribe. Since 2016, the Tulalip Tribe has donated $5,000 for the cages and the Stillaguamish Tribe has donated $18,000.

"The local tribes put an emphasis on education and school facilities through generous funding for projects and materials for students and staff," said Arlington High School Teacher, Kimberly Meno, who helped facilitate the writing of the grant for the cages. "We appreciate their continued support of our students and staff."

Stillaguamish Tribal Member Jeremy Smith said, "The Stillaguamish Tribe cares deeply about being a helpful member of the community. We are pleased to be able to provide support for the Arlington High School student weight cages."

The weight cages will be used by various sports teams and the Weight Training, Athletic Weight Training, Fit and Tone Weight Training and Speed, Power and Agility Training classes at the high school.

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Arlington High School football players lift weights at Arlington High School. New weights cages have been installed at the school over the past four years thanks to donations from the Stillaguamish Tribe and Tulalip Tribe.